




# MAY 2026



## PROVIDENCE REC CENTER POOL CALENER

7525 Marc Drive Falls Church, Virginia 703-698-1351 [Providence RECenter](http://ProvidenceRECenter.AQUATICS)  
 AQUATICS DIRECTOR NICHOL WILLS [NICHOL.WILLS@FAIRFAXCOUNTY.GOV](mailto:NICHOL.WILLS@FAIRFAXCOUNTY.GOV)

SUNDAY 9:00a-6:00p	MONDAY 6:30a-9:00p	TUESDAY 6:30a-9:00p	WEDNESDAY 6:30a-9:00p	THURSDAY 6:30a-9:00p	FRIDAY 6:30a-9:00p	SATURDAY 9:00a-6:00p
				1	2	3
				<div style="border: 2px solid red; padding: 5px; text-align: center;"> <b>7:30A-12:30P LIMITED 4FT SPACE AND LAP LANES</b>  <b>330P-9P LIMITED SPACE AVAILABLE DUE TO RENTALS AND CLASSES</b> </div>		<b>CLASSES &amp; LAP SWIM ONLY</b> LIMITED LAP LANES <b>9AM-1PM</b> <b>OPEN SWIM</b> <b>1PM - 6PM</b>
4	5	6	7	8	9	10
<b>CLASSES &amp; LAP SWIM ONLY</b> LIMITED LAP LANES <b>9AM-1PM</b> <b>OPEN SWIM</b> <b>1PM - 6PM</b>	<div style="border: 2px solid red; padding: 5px; text-align: center;"> <b>7:30A-12:30P LIMITED 4FT SPACE AND LAP LANES</b>  <b>330P-9P LIMITED SPACE AVAILABLE DUE TO RENTALS AND CLASSES</b> </div>					<b>CLASSES &amp; LAP SWIM ONLY</b> LIMITED LAP LANES <b>9AM-1PM</b> <b>OPEN SWIM</b> <b>1PM - 6PM</b>
11	12	13	14	15	16	17
<b>CLASSES &amp; LAP SWIM ONLY</b> LIMITED LAP LANES <b>9AM-1PM</b> <b>OPEN SWIM</b> <b>1PM - 6PM</b>	<div style="border: 2px solid red; padding: 5px; text-align: center;"> <b>7:30A-12:30P LIMITED 4FT SPACE AND LAP LANES</b>  <b>330P-9P LIMITED SPACE AVAILABLE DUE TO RENTALS AND CLASSES</b> </div>					<b>CLASSES &amp; LAP SWIM ONLY</b> LIMITED LAP LANES <b>9AM-1PM</b> <b>OPEN SWIM</b> <b>1PM - 6PM</b>
18	19	20	21	22	23	24
<b>CLASSES &amp; LAP SWIM ONLY</b> LIMITED LAP LANES <b>9AM-1PM</b> <b>OPEN SWIM</b> <b>1PM - 6PM</b>	<div style="border: 2px solid red; padding: 5px; text-align: center;"> <b>7:30A-12:30P LIMITED 4FT SPACE AND LAP LANES</b>  <b>330P-9P LIMITED SPACE AVAILABLE DUE TO RENTALS AND CLASSES</b> </div>					<b>NO SWIM CLASSES</b>  <b>OPEN SWIM</b> <b>9A-6P</b>
25	26	27	28	29	30	31
<b>NO SWIM/ AQUA FITNESS CLASSES</b>  <b>OPEN SWIM</b> <b>9A-6P</b>	<b>MEMORIAL DAY</b> <b>REC CENTER CLOSSES @ 6P</b>  	<div style="border: 2px solid red; padding: 5px; text-align: center;"> <b>7:30A-12:30P LIMITED 4FT SPACE AND LAP LANES</b>  <b>330P-9P LIMITED SPACE AVAILABLE DUE TO RENTALS AND CLASSES</b> </div>				<b>CLASSES &amp; LAP SWIM ONLY</b> LIMITED LAP LANES <b>9AM-1PM</b> <b>OPEN SWIM</b> <b>1PM - 6PM</b>

### Know Before You Go!

- Pool space and calendar is subject to change without notice.
- **Lap lane availability information** on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open **AT LEAST** 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons.
- Non-swimmers or those using lifejackets must under direct supervision of a supervising adult.
- **Keep an eye on your child!** In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.
- FCPA is not responsible for lost or stolen items.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least ten working days in advance of the registration deadline or event. TTY (703) 803-3354

# May 2026



FAIRFAX COUNTY PARK AUTHORITY  
**REC CENTERS**  
*Aquatics*

## PROVIDENCE RECENTER POOL CALENDAR

7525 Marc Drive Falls Church, Virginia 703-698-1351 [Providence Rec Center](#)

**BREAK TIMES! For all kids 12 years & under.** Please encourage your child to use the restroom.

**WEEKENDS:** a 10minute break will be called at the top of the hour, starting at 2pm until 1 hour before closing.

**WEEKDAYS:** a 10 minute break will be called at the top of the hour, starting at 4pm until 1 hour before closing.

**Diving Boards open 3:00pm-4pm,** based on user request, rentals, Lifeguard staffing levels and availability.

**Best Times for a Lap Lane**  
Saturday: 1pm—6pm  
Sunday: 1pm—6pm  
Mon-Fri: 6:30am-3:30pm

**WE'RE  
HIRING!**

### NOW HIRING:

- Lifeguards
- Swim Instructors
- Aqua Ex Instructors

### Know Before You Go!

**You MUST have proper swimwear before swimming. Please see aquatic staff for more information.**

- Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our **lap lane availability information** is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open **AT LEAST** 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must under direct supervision of a supervising adult.
- **Keep an eye on your child!** In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.
- Please lock all valuables. FCPA is not responsible for lost or stolen items.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least ten working days in advance of the registration deadline or event. TTY (703) 803-3354

## Saturday Lap Lane Schedule May 1st to 30th

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times.

Please note this information is **subject to change** and is only applicable to the day and date range provided.

<b>LEGEND</b>		Recreational Play/Swim/Dive		Lap Swim / Water Walking ONLY								FCPA scheduled programs (Space is scheduled)														
Time	Beach/Ramp	Shallow end		Lap Lanes								Deep End		Time												
		S.5	S.1	8	7	6	5	4	3	2	1	D.1	D.5													
6:00		Pool Closed Fish 6a-7:55a												6:00												
6:30																									6:30	
7:00																										7:00
7:30																										7:30
8:00	Swim Lessons only 8a-1p	Aerobic Exercise 8a-10a			L4- Master 7:55a-9a until 5/23/26								8:00													
8:30																8:30										
9:00		Swim Lessons only 10a-1p			Lap swim & Water walking Only 9a-1p				Swim Lessons 9a-1p				9:00													
9:30																						9:30				
10:00																				10:00						
10:30																					10:30					
11:00																					11:00					
11:30																					11:30					
NOON														NOON												
12:30														12:30												
1:00						Diveventures 2(L) 1p-6p						Diveventures 1p-4p Half Well 4p-6p Full Well Diving Class 1p-3p Half Well 1p-6p Full Well		1:00												
1:30																1:30										
2:00																	2:00									
2:30																	2:30									
3:00																	3:00									
3:30																	3:30									
4:00																	4:00									
4:30																	4:30									
5:00													5:00													
5:30													5:30													
6:00		Pool Closed												6:00												
6:30																									6:30	
7:00																									7:00	
7:30																									7:30	
8:00																									8:00	
8:30																									8:30	
9:00													9:00													
Time	Beach/Ramp	Shallow end		Lap Lanes								Deep End		Time												
		0.5	1	8	7	6	5	4	3	2	1	1	0.5													

**PROVIDENCE RECENTER**  
**Lap Lane Schedule      May 1st to 30th**

**Sunday**

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is subject to change and is only applicable to the day and date range provided.*

<b>LEGEND</b>		Recreational Play/Swim/Dive		Lap Swim / Water Walking ONLY							FCPA scheduled programs (Space is scheduled)			
Time	Beach/Ramp	Shallow end		Lap Lanes							Deep End		Time	
		S.5	S.1	8	7	6	5	4	3	2	1	D.1	D.5	
6:00	Pool Closed	Foxes 7a-8:45a until 5/17											6:00	
6:30													6:30	
7:00													7:00	
7:30													7:30	
8:00													8:00	
8:30													8:30	
9:00	Swim Lessons 9a-1p	Water Exercise Class 9a-10a		Lap Swim & Water Walking Only 9a-1p							Swim Lessons 9a-1p		9:00	
9:30		9:30												
10:00		10:00												
10:30		10:30												
11:00		11:00												
11:30		11:30												
NOON													NOON	
12:30													12:30	
1:00												Diventures 1p-5p Full Well 1p-5p Full Well		1:00
1:30														1:30
2:00														2:00
2:30														2:30
3:00														3:00
3:30														3:30
4:00													4:00	
4:30													4:30	
5:00													5:00	
5:30													5:30	
6:00	Closed to public After Hours Swim teams 6-7pm	Sleepy Hallow 6pm-7pm Until 5/17/26      No Swim 5/18							Holmes Run Acres 5p-6p				6:00	
6:30		6:30												
7:00		7:00												
7:30		7:30												
8:00		8:00												
8:30		8:30												
9:00													9:00	
Time	Beach/Ramp	Shallow end		Lap Lanes							Deep End		Time	
		0.5	1	8	7	6	5	4	3	2	1	1	0.5	

PROVIDENCE RECENTER

Lap Lane Schedule

May 1st to

30th

Monday

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is subject to change and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive		Lap Swim / Water Walking ONLY								FCPA scheduled programs (Space is scheduled)			
Time	Beach/Ramp	Shallow end		Lap Lanes								Deep End		Time	
		S.5	S.1	8	7	6	5	4	3	2	1	D.1	D.5		
6:00		Pool Closed											L4 Masters	6:00	
6:30		5:30a-6:30a (8L)												6:30	
7:00														7:00	
7:30		Aerobic Exercise 7:30a-8:30a												7:30	
8:00														8:00	
8:30												Deep Water Exercise 8:30a - 9:30a		8:30	
9:00												Advance Deep Water Ex 9:30a - 10:30a		9:00	
9:30														9:30	
10:00														10:00	
10:30		Aerobic Exercise 10:30a-11:30a												10:30	
11:00		Arthritis Exercise 11:30a-12:30p												11:00	
11:30		Arthritis Exercise 11:30a-12:30p												11:30	
NOON		Arthritis Exercise 11:30a-12:30p												NOON	
12:30														12:30	
1:00														1:00	
1:30														1:30	
2:00														2:00	
2:30														2:30	
3:00														3:00	
3:30														3:30	
4:00														4:00	
4:30														4:30	
5:00														5:00	
5:30														5:30	
6:00		Swim Lessons 5:30p-8p													6:00
6:30		Swim Lessons 5:30p-8p													6:30
7:00		Swim Lessons 5:30p-8p													7:00
7:30		Swim Lessons 5:30p-8p													7:30
8:00		Swim Lessons 5:30p-8p													8:00
8:30		Swim Lessons 5:30p-8p													8:30
9:00		Pool Closed												9:00	
Time	Beach/Ramp	Shallow end		Lap Lanes								Deep End		Time	
		0.5	1	8	7	6	5	4	3	2	1	1	0.5		

**PROVIDENCE RECENTER**

**Lap Lane Schedule**

**May 1st to 30th**

**Tuesday**

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap

<b>LEGEND</b>		Recreational Play/Swim/Dive		Lap Swim / Water Walking ONLY								FCPA scheduled programs (Space is scheduled)					
Time	Beach/Ramp	Shallow end		Lap Lanes								Deep End		Time			
		S.5	S.1	8	7	6	5	4	3	2	1	D.1	D.5				
6:00		Pool Closed															
				5:30a-6:30a (8L)								L4 Masters					
6:30									J&M 6:30a-7:30a						6:30		
7:00															7:00		
7:30															7:30		
8:00															8:00		
8:30		Aerobic Water Exercise													8:30		
9:00		8:30a-9:30a													9:00		
9:30		Aerobic Water Exercise													9:30		
10:00		9:30a-10:30a													10:00		
10:30		Water Walking 10:30a-11:30a													10:30		
11:00															11:00		
11:30		Arthritis Water Ex 11:30a-12:30p													11:30		
NOON													NOON				
12:30															12:30		
1:00															1:00		
1:30															1:30		
2:00															2:00		
2:30															2:30		
3:00															3:00		
3:30															3:30		
4:00															4:00		
4:30									J&M Swim (4L) 4p-5:30p ends 5/21						4:30		
5:00								Fish Begin 5/26/26						5:00			
5:30															5:30		
6:00		Swim Lessons 5:00p-8pm											Swim Lessons 5pm-8pm			6:00	
6:30														Deep Water Ex 5:45p-7:45p			6:30
7:00																	7:00
7:30																	7:30
8:00									Fairfax Foxes SC 8p-9:15pm						8:00		
8:30															8:30		
9:00		Pool Closed											9:00				
Time	Beach/Ramp	Shallow end		Lap Lanes								Deep End		Time			
		0.5	1	8	7	6	5	4	3	2	1	1	0.5				

**PROVIDENCE RECENTER**  
**Lap Lane Schedule** **May 1st to 30th**

**Wednesday**

**Rec Center Closed Until 4/6**

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times.

*Please note this information is subject to change and is only applicable to the day and date range provided.*

LEGEND	Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY				FCPA scheduled programs (Space is scheduled)						
	S.5	S.1	8	7	6	5	4	3	2	1	D.1	D.5		
	Pool Closed													
6:00	Masters 5:30a-6:30a (8L)												L4	
6:30														
7:00														
7:30														
8:00	Aerobic Exercise 7:30a-8:30a													
8:30														
9:00														
9:30														
10:00														
10:30	Aerobic Exercise 10:30a-11:30a													
11:00														
11:30	Arthritis Exercise 11:30a-12:30p													
NOON														
12:30														
1:00														
1:30														
2:00														
2:30														
3:00														
3:30														
4:00														
4:30														
5:00														
5:30														
6:00														
6:30	Swim Lessons 5:30p-8:30p	Swim Lessons 5p-8:00p												
7:00														
7:30														
8:00														
8:30														
9:00	Pool Closed													
Time	Beach/Ramp	Shallow end		Lap Lanes								Deep End		Time
		0.5	1	8	7	6	5	4	3	2	1	1	0.5	

**PROVIDENCE RECENTER  
Lap Lane Schedule  
May 1st to 30th**

**Thursday**

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is subject to change and is only applicable to the day and date range provided.*

<b>LEGEND</b>		Recreational Play/Swim/Dive		Lap Swim / Water Walking ONLY					FCPA scheduled programs (Space is scheduled)							
Time	Beach/ Ramp	Shallow end		Lap Lanes					Deep End		Time					
		S.5	S.1	8	7	6	5	4	3	2	1	D.1	D.5			
6:00		Pool Closed											L4	6:00		
6:30									Masters 5:30a-6:30a (8L)					6:30		
7:00									J&M 6:30a - 7:30a					7:00		
7:30														7:30		
8:00														8:00		
8:30		Aerobic Water Exercise 8:30a-9:30a												8:30		
9:00		Aerobic Water Exercise 9:30a-10:30a												9:00		
9:30														9:30		
10:00														10:00		
10:30														10:30		
11:00														11:00		
11:30		Arthritis Water Exercise 11:30a-12:30p												11:30		
NOON														NOON		
12:30														12:30		
1:00														1:00		
1:30														1:30		
2:00														2:00		
2:30														2:30		
3:00														3:00		
3:30														3:30		
4:00														4:00		
4:30									J&M Swim (4L) 4p-5:30p ends 5/21					4:30		
5:00									Fish (4L) begins 5/26					5:00		
5:30		Swim Lessons 5p-8p		Swim Lessons 5p-8pm										5:30		
6:00															6:00	
6:30														Deep Water Ex 5:45p-7:45p		6:30
7:00																7:00
7:30													7:30			
8:00									Fairfax Foxes SC 8p-9:15p					8:00		
8:30														8:30		
9:00		Pool Closed											9:00			
Time	Beach/ Ramp	Shallow end		Lap Lanes					Deep End		Time					
		0.5	1	8	7	6	5	4	3	2	1	1	0.5			

**PROVIDENCE RECENTER  
Lap Lane Schedule  
May 1st to 30th**

**Friday**

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is subject to change and is only applicable to the day and date range provided.*

<b>LEGEND</b>		Recreational Play/Swim/Dive		Lap Swim / Water Walking ONLY						FCPA scheduled programs (Space is scheduled)				
Time	Beach/Ramp	Shallow end		Lap Lanes						Deep End		Time		
		S.5	S.1	8	7	6	5	4	3	2	1	D.1	D.5	
6:00		Pool Closed											L4	6:00
6:30		Masters 5:30a-6:30a (8L)												6:30
7:00														7:00
7:30														7:30
8:00		Aerobic Exercise 7:30a-8:30a												8:00
8:30												Deep Water Exercise 8:30a-9:30a		8:30
9:00												Advance Deep Water Ex 9:30a-10:30a		9:00
9:30														9:30
10:00														10:00
10:30		Aerobic Exercise 10:30a-11:30a												10:30
11:00														11:00
11:30		Arthritis Exercise 11:30a-12:30p												11:30
NOON														NOON
12:30														12:30
1:00														1:00
1:30														1:30
2:00														2:00
2:30														2:30
3:00														3:00
3:30														3:30
4:00														4:00
4:30														4:30
5:00														5:00
5:30														5:30
6:00														6:00
6:30		Swim Lessons 5p-8p												6:30
7:00														7:00
7:30														7:30
8:00														8:00
8:30														8:30
9:00		Pool Closed											9:00	
Time	Beach/Ramp	Shallow end		Lap Lanes						Deep End		Time		
		0.5	1	8	7	6	5	4	3	2	1	1	0.5	