



South Run RECenter

Spring 2025

Aqua Fitness Schedule

Registration Starts February 11, 2025

Classes Start March 31, 2025 & End June 15, 2025

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00-8:55 am Deep Water Ex B8B.GJRF	8:00-8:55 Deep Water Ex B8B.E3V6	8:00-8:55 am Deep Water Ex B8B.GJRF	8:00-8:55 Deep Water Ex B8B.E3V6	8:00-8:55 am Deep Water Ex B8B.GJRF
9:00-9:55 am Aerobic Ex 3AD.X9ND	9:00-9:55 am Aerobic Ex 3AD.OGVU	9:00-9:55 am Aerobic Ex 3AD.X9ND	9:00-9:55 am Aerobic Ex 3AD.OGVU	9:00-9:55 am Aerobic Ex 3AD.X9ND
10:00-10:55 am Arthritis Ex 9E8.UXT2	10:00-10:55 am Arthritis Ex 9E8.FDT4	10:00-10:55 am Arthritis Ex 9E8.UXT2	10:00-10:55am Arthritis Ex 9E8.FDT4	10:00-10:55 am Arthritis Ex 9E8.UXT2
	11:00-11:55 am Arthritis Ex 9E8.D7GG		11:00-11:55 am Arthritis Ex 9E8.D7GG	
	12:00-12:55 pm Hydro Pilates 7F0.7ZLC		12:00-12:55 pm Hydro Pilates 7F0.7ZLC	

WAYS TO PAY

Register for the Class – Registration is recommended and is the best option for those who only attend the same scheduled class or use a scholarship to register for the class.

- Coded water exercise classes are listed in Parktakes and online www.fairfaxcounty.gov/parks/parktakes).
- Registration may also be completed by phone (703) 222-4664.
- Registration guarantees a space in the class, but you may only attend the class registered for.
- Check in at the front desk up to 15 minutes prior to the start of the class.
- Missed classes due to illness or personal schedule conflict will not be able to be made up. See the refund policy for more information; available at any RECenter Front Desk or online.
- If the class is cancelled by the facility, site staff will attempt to contact registrants in advance.
- **Early registration: Register by December 13 to save \$8 on each class**
- Scholarships will be honored for those meeting the criteria.

Aqua Exercise Flex Pass – enjoy the flexibility to attend any water exercise class at any of our nine RECenters! Attend any coded water exercise class listed in the Water Exercise section of the Parktakes magazine or online

- Also includes use of the fitness room, pool, locker rooms, and group exercise drop-in classes.
- Bring a friend; simply have an additional visit deducted from your pass when you check in. One visit deducted per person/per class.
- Valid four (4) months from the date of purchase.
- Sold at all RECenters or online at www.fairfaxcounty.gov/parks/passesonline.htm
- Pricing based on the same price per class fee that is used for coded classes. The senior discount and out of county fee will apply to the pass fee. However, the early registration discount and scholarships will not apply.

BUY MORE... SAVE MORE!!!

	10 VISITS		20 VISITS		30 VISITS	
	Base Rate	Discount Rate*	Base Rate	Discount Rate*	Base Rate	Discount Rate*
TEEN/ADULT (13 years +)	\$146	\$131	\$275	\$260	\$402	\$387
SENIOR** (age 65 & older)	\$146	\$85	\$275	\$169	\$402	\$251

**prices effective January 2025*

***will receive Senior rate if age is 65 years & older*

Drop-in Fee (or pay as you go) Current rate **\$13.50**

If you have questions, please contact:
John Sifrit, Aquatics Director at: John.sifrit@fairfaxcounty.gov
Or
South Run RECenter Main Number: 703-866-0566