

May 2024



SOUTH RUN RECCENTER POOL CALENDAR

7550 Reservation Drive Springfield, Virginia 703-866-0566 [South Run Rec Center](http://SouthRunRecCenter.com)
 AQUATICS DIRECTOR: JOHN SIFRIT (JOHN.SIFRIT@FAIRFAXCOUNTY.GOV)

SUNDAY 9am-6pm	MONDAY 6:30am-9pm	TUESDAY 6:30am-9pm	WEDNESDAY 6:30am-9pm	THURSDAY 6:30am-9pm	FRIDAY 6:30am-9pm	SATURDAY 9am-6pm
	1	2	1	2	3	4 CLASSES LAP SWIM ONLY LIMITED LAP LANES BEACH AREA CLOSED 9AM-12PM
	3:30PM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL					
5 CLASSES LAP SWIM ONLY LIMITED LAP LANES BEACH AREA CLOSED 9AM-12PM	6	7	8	9	10	11 CLASSES LAP SWIM ONLY LIMITED LAP LANES BEACH AREA CLOSED 9AM-12PM
	3:30PM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL					
12 CLASSES LAP SWIM ONLY LIMITED LAP LANES BEACH AREA CLOSED 9AM-12PM	13	14	15	16	17	18 CLASSES LAP SWIM ONLY LIMITED LAP LANES BEACH AREA CLOSED 9AM-12PM
	3:30PM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL					
19 CLASSES LAP SWIM ONLY LIMITED LAP LANES BEACH AREA CLOSED 9AM-12PM	20	21	22	23	24	25 No Classes
	3:30PM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL					
26 No Classes	27 No Classes Pool Hours 6:30am-6pm	28	29	30	31	
	3:30PM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL					

Know Before You Go!

- Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our **lap lane availability information** is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open **AT LEAST 3** lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must be under direct supervision of a supervising adult.
- **Keep an eye on your child!** In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.
- Please lock all valuables. FCPA is not responsible for lost or stolen items.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least ten working days in advance of the registration deadline or event. TTY (703) 803-3354

South Run RECenter

SATURDAY

May 1st through May 31st 2024

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA scheduled programs (Space is scheduled)
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	Lap Lanes										Beach			
	10	9	8	7	6	5	4	3	2	1	3	2	1	
9:00 AM	Swimming Lessons				Lap Swim / Water Walking ONLY			Swimming Lessons						9:00 AM
9:30 AM														9:30 AM
10:00 AM														10:00 AM
10:30 AM														10:30 AM
11:00 AM														11:00 AM
11:30 AM														11:30 AM
12:00 PM	Lifeguard Class				Lap Swim / Water Walking ONLY			FCPA scheduled programs (Space is scheduled)						12:00 PM
12:30 PM														12:30 PM
1:00 PM														1:00 PM
1:30 PM														1:30 PM
2:00 PM														2:00 PM
2:30 PM														2:30 PM
3:00 PM	Swim Team				Lap Swim / Water Walking ONLY			FCPA scheduled programs (Space is scheduled)						3:00 PM
3:30 PM														3:30 PM
4:00 PM														4:00 PM
4:30 PM														4:30 PM
5:00 PM														5:00 PM
5:30 PM														5:30 PM
	10	9	8	7	6	5	4	3	2	1	3	2	1	
	Lap Lanes										Beach			

South Run RECenter

SUNDAY

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LEGEND	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA scheduled programs (Space is scheduled)
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	Lap Lanes										Beach			
	10	9	8	7	6	5	4	3	2	1	3	2	1	
9:00 AM	Swimming Lessons				Lap Swim / Water Walking ONLY			Swimming Lessons						9:00 AM
9:30 AM														9:30 AM
10:00 AM														10:00 AM
10:30 AM														10:30 AM
11:00 AM														11:00 AM
11:30 AM	Lifeguard class				Lap Swim / Water Walking ONLY			Swimming Lessons						11:30 AM
12:00 PM														12:00 PM
12:30 PM														12:30 PM
1:00 PM														1:00 PM
1:30 PM														1:30 PM
2:00 PM	Swim Team Prep Class				Lap Swim / Water Walking ONLY			Swimming Lessons						2:00 PM
2:30 PM														2:30 PM
3:00 PM														3:00 PM
3:30 PM														3:30 PM
4:00 PM														4:00 PM
4:30 PM	Swim Team Prep Class				Lap Swim / Water Walking ONLY			Swimming Lessons						4:30 PM
5:00 PM														5:00 PM
5:30 PM														5:30 PM
	10	9	8	7	6	5	4	3	2	1	3	2	1	
	Lap Lanes										Beach			

South Run RECenter

TUESDAY

May 1st through May 31st 2024

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA scheduled programs (Space is scheduled)
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	Lap Lanes										Beach												
	10	9	8	7	6	5	4	3	2	1	3	2	1										
6:30 AM														6:30 AM									
7:00 AM														7:00 AM									
7:30 AM														7:30 AM									
8:00 AM	Water Exercise													8:00 AM									
8:30 AM														8:30 AM									
9:00 AM								Water Exercise						9:00 AM									
9:30 AM	Lap Swimming Class															9:30 AM							
10:00 AM																		10:00 AM					
10:30 AM																			10:30 AM				
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2:30 PM														2:30 PM									
3:00 PM														3:00 PM									
3:30 PM		Swim Team													3:30 PM								
4:00 PM																	4:00 PM						
4:30 PM																		4:30 PM					
5:00 PM						Swim Team								5:00 PM									
5:30 PM														5:30 PM									
6:00 PM	Swimming Lessons							Swimming Lessons								6:00 PM							
6:30 PM																						6:30 PM	
7:00 PM																							7:00 PM
7:30 PM																							7:30 PM
8:00 PM														8:00 PM									
8:30 PM														8:30 PM									
	10	9	8	7	6	5	4	3	2	1	3	2	1										
	Lap Lanes										Beach												

South Run RECenter

WEDNESDAY

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LEGEND	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA scheduled programs (Space is scheduled)
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	Lap Lanes										Beach				
	10	9	8	7	6	5	4	3	2	1	3	2	1		
6:30 AM			Swim Team												6:30 AM
7:00 AM			Swim Team												7:00 AM
7:30 AM														7:30 AM	
8:00 AM	Water Exercise													8:00 AM	
8:30 AM														8:30 AM	
9:00 AM								Water Exercise					9:00 AM		
9:30 AM								Water Exercise			Swimming Lessons			9:30 AM	
10:00 AM								Water Exercise						10:00 AM	
10:30 AM											Swimming Lessons			10:30 AM	
11:00 AM														11:00 AM	
11:30 AM		Home School									Swimming Lessons			11:30 AM	
12:00 PM		Home School												12:00 PM	
12:30 PM														12:30 PM	
1:00 PM		Home School												1:00 PM	
1:30 PM														1:30 PM	
2:00 PM									Home School					2:00 PM	
2:30 PM											Home School			2:30 PM	
3:00 PM														3:00 PM	
3:30 PM		Swim Team												3:30 PM	
4:00 PM		Swim Team												4:00 PM	
4:30 PM		Swim Team												4:30 PM	
5:00 PM		Swim Team												5:00 PM	
5:30 PM		Swim Team												5:30 PM	
6:00 PM	Swimming Lessons							Swimming Lessons						6:00 PM	
6:30 PM	Swimming Lessons							Swimming Lessons						6:30 PM	
7:00 PM	Swimming Lessons							Swimming Lessons						7:00 PM	
7:30 PM	Swimming Lessons							Swimming Lessons						7:30 PM	
8:00 PM	Swimming Lessons							Swimming Lessons						8:00 PM	
8:30 PM	Swimming Lessons							Swimming Lessons						8:30 PM	
	10	9	8	7	6	5	4	3	2	1	3	2	1		
	Lap Lanes										Beach				

South Run RECenter

THURSDAY

May 1st through May 31st 2024

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA scheduled programs (Space is scheduled)
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	Lap Lanes										Beach			
	10	9	8	7	6	5	4	3	2	1	3	2	1	
6:30 AM														6:30 AM
7:00 AM														7:00 AM
7:30 AM														7:30 AM
8:00 AM	Water Exercise													8:00 AM
8:30 AM														8:30 AM
9:00 AM														9:00 AM
9:30 AM	Lap Swimming Class							Water Exercise						9:30 AM
10:00 AM	Lap Swimming Class							Water Exercise						10:00 AM
10:30 AM	Lap Swimming Class							Water Exercise						10:30 AM
11:00 AM	Lap Swimming Class							Water Exercise						11:00 AM
11:30 AM														11:30 AM
12:00 PM														12:00 PM
12:30 PM														12:30 PM
1:00 PM														1:00 PM
1:30 PM														1:30 PM
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3:00 PM														3:00 PM
3:30 PM		Swim Team												3:30 PM
4:00 PM		Swim Team												4:00 PM
4:30 PM		Swim Team												4:30 PM
5:00 PM		Swim Team												5:00 PM
5:30 PM		Swim Team												5:30 PM
6:00 PM	Swimming Lessons							Swimming Lessons					6:00 PM	
6:30 PM	Swimming Lessons							Swimming Lessons					6:30 PM	
7:00 PM	Swimming Lessons							Swimming Lessons					7:00 PM	
7:30 PM	Swimming Lessons							Swimming Lessons					7:30 PM	
8:00 PM	Swimming Lessons							Swimming Lessons					8:00 PM	
8:30 PM	Swimming Lessons							Swimming Lessons					8:30 PM	
	10	9	8	7	6	5	4	3	2	1	3	2	1	
	Lap Lanes										Beach			

South Run RECenter

FRIDAY

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		Lap Lanes										Beach				
		10	9	8	7	6	5	4	3	2	1	3	2	1		
6:30 AM			Swim Team												6:30 AM	
7:00 AM			Swim Team												7:00 AM	
7:30 AM			Swim Team												7:30 AM	
8:00 AM		Water Exercise													8:00 AM	
8:30 AM															8:30 AM	
9:00 AM								Water Exercise							9:00 AM	
9:30 AM								Water Exercise							9:30 AM	
10:00 AM								Water Exercise							10:00 AM	
10:30 AM								Water Exercise							10:30 AM	
11:00 AM								Water Exercise							11:00 AM	
11:30 AM								Water Exercise							11:30 AM	
12:00 PM								Water Exercise			Swimming Lessons				12:00 PM	
12:30 PM								Water Exercise							12:30 PM	
1:00 PM								Water Exercise							1:00 PM	
1:30 PM								Water Exercise							1:30 PM	
2:00 PM								Water Exercise							2:00 PM	
2:30 PM								Water Exercise							2:30 PM	
3:00 PM								Water Exercise							3:00 PM	
3:30 PM								Water Exercise							3:30 PM	
4:00 PM			Swim Team													4:00 PM
4:30 PM		Swim Team														4:30 PM
5:00 PM		Swim Team														5:00 PM
5:30 PM		Swim Team										Swimming Lessons				5:30 PM
6:00 PM		Swimming Lessons									Swimming Lessons					6:00 PM
6:30 PM		Swimming Lessons									Swimming Lessons					6:30 PM
7:00 PM		Swim Team									Swimming Lessons					7:00 PM
7:30 PM		Swim Team									Swimming Lessons					7:30 PM
8:00 PM		Swim Team									Swimming Lessons					8:00 PM
8:30 PM		Swim Team									Swimming Lessons					8:30 PM
		10	9	8	7	6	5	4	3	2	1	3	2	1		
		Lap Lanes										Beach				