

Fairfax County Park Authority Rec-PAC Frequently Asked Questions (FAQ's) In Response to COVID-19

Table of Contents (by Question Number)

1. How to Register for Rec-PAC
2. Spaces Are Limited
3. Online Registration Limits
4. Daily Health Screening
5. Cohorts and Social Distancing
6. Children Needing Assistance
7. Vaccinations
8. Wearing Masks and Types of Masks Permitted
9. What to Bring
10. Exposure
11. Illness During Rec-PAC
12. Return to Camp After Illness
13. Hygiene
14. Cleaning
15. Meals

1. How can I register for Rec-PAC?

Beginning April 19, Rec-PAC registration is available online for full-fee customers. The Rec-PAC registration forms and brochure will be distributed in schools beginning April 26. Mail or fax your registration and payment. You may also bring your registration in person to the registration unit on the ground floor at the Herrity Building at the Government Center complex on Monday through Friday from 9:00 to noon. **NO WALK-IN REGISTRATIONS WILL BE ACCEPTED AT REC-PAC SITES THIS SUMMER.**

2. Why are there fewer spaces in Rec-PAC this year?

Normally Rec-PAC never fills up. Due to COVID-19 limitations on the number of persons that can safely social distance in the school facilities, we have a maximum number of children at each school this summer. Based on each facility, some sites are small, medium or large. When a site fills up, persons can put their name on the wait list in case of openings or enroll at another Rec-PAC location.

Fairfax County Park Authority Rec-PAC Frequently Asked Questions (FAQ's) In Response to COVID-19

3. Why are there so few spots available online to register?

More than 80% of Rec-PAC participants pay reduced fees. At this time due to technical limitations, persons paying less than full fee are not able to register online. To ensure equity in opportunity to register for everyone in the community, we have reserved spaces for mail-in or fax registrations for those who cannot enroll online proportional to the number who paid reduced fees in previous summers. Once the early registration period has ended on June 11, those on the wait list will be given the opportunity to enroll, then any remaining spots will be filled on a first come basis.

4. Will there be daily health screening each day?

Yes, upon arrival, staff and participants entering the Rec-PAC area will be screened daily for signs and/or symptoms of COVID. Parents and family members will not be permitted into the program areas. Designated staff will be asking anyone arriving a series of questions (see below) that determines whether the participant may be admitted to the program or the staff may work for the day. Before leaving home, we ask that parents look for these signs of illness and do not bring children to the program if they have any of these that are NOT related to another health condition:

- Have or had a temperature of 100.4 degrees or higher
- Have new cough
- Have new shortness of breath
- Have chills
- Have a new sore throat
- Have a new loss of taste and smell
- New muscle aches
- Tested positive for the virus that causes COVID-19 within the last 10 days
- Been exposed to someone who has tested positive for COVID-19 in the past 14 days
- Has anyone in your home been quarantined due to COVID-19 in the past 14 days

5. How is FCPA following guidelines for social distancing in groups / cohorts?

Rec-PAC cohorts are based on the physical capacity of the smallest room or space the group will occupy that allows participants and staff to maintain appropriate social distancing for sedentary activities and for exertional activities when breathing is heavy.

6. What if my child needs assistance (such as a leisure coach, personal assistant, help with clothing/changing, etc.) or needs medication administered?

Leisure coaches step in to assist in behavior and care issues and are considered only "transient contact." This is acceptable if masks are worn and close contact (within 6 feet)

Fairfax County Park Authority Rec-PAC Frequently Asked Questions (FAQ's) In Response to COVID-19

does not exceed 15 minutes cumulative per day. Be sure to make the Site Director aware if your child will need assistance or medication during the camp day.

Personal assistants who attend Rec-PAC with the child are not required to maintain physical distancing from the participant they came with but are required to maintain appropriate distance from staff and other participants.

7. Are children and staff required to be vaccinated before attending Rec-PAC?

Vaccinations are not required for staff or children who attend Rec-PAC.

8. When do masks have to be worn and what kind of masks are not permitted?

Based on the Governor's order for programs held on school property, staff and participants are required to wear masks, at all times, including arrival/departure time, indoors and outdoors. Masks must be worn over nose and mouth. Masks may be removed briefly during these times only:

- While eating and drinking
- During brief supervised mask breaks while maintaining appropriate physical distancing.

Single-layer gaiters are not permitted per Health Department recommendations as they do not provide multiple layer protection and should not be allowed as a face covering.

Masks should fit over the nose and mouth according to these CDC guidelines:

[Your Guide to Masks | CDC](#)

Please review the CDC illustration at the end of this document for further information.

9. What should my child bring to Rec-PAC?

We recommend all participants bring their belongings in a closable bag of some sort such as a backpack. To avoid confusion, LABEL all belongings with child's first and last name. Leave electronics and valuable items at home. It is important for everyone to bring extra masks in case one is misplaced or broken. Children should also bring a water bottle. We recommend a lightweight bottle with at least 32 oz of water. Sites will have water available for refilling. Free USDA breakfast and lunch is provided at our Rec-PAC sites, but your child may also bring their own lunch and snacks.

10. What if I think someone in my family has been exposed to COVID-19? What if someone in my child's Rec-PAC group has been exposed?

See a doctor as soon as you can so a medical professional can determine what course of action you need to take. If you or someone in your household has tested positive for

Fairfax County Park Authority Rec-PAC Frequently Asked Questions (FAQ's) In Response to COVID-19

COVID-19 and your child attends or attended our program in the past 10 days, notify the site director immediately.

If someone in your child's program has been exposed or has tested positive for COVID-19, the Health Department will conduct an investigation and take the lead on contact tracing. The FCPA will follow instructions from the Health Department. You will be notified if any action is necessary on your part.

11. What happens when someone shows symptoms during the camp day?

If someone is showing signs of illness during the day, they will be taken to a comfortable area away from other participants until they are able to go home. Staff will continue to supervise children during this time (maintaining physical distance). Gloves, face shield and appropriate masks will be available in this area. Everyone must wear a mask in this area at all times. Staff will attempt to notify children's parents/guardians immediately to come pick up their child.

12. When can my child return to camp?

Documentation from a health care provider is required for children or staff to return following illness, exposure to COVID-19 or COVID testing. Persons who are fully vaccinated are not required to quarantine after exposure unless they are showing signs of illness. The health care provider must indicate the person is free of illness and specify the date the person is authorized to return to the program. The FCPA COVID Coordinator and the Fairfax County Health Department will be notified. FCPA follows the VDH Home Isolation Guidelines. It is 10 days for those testing positive or having COVID-19 symptoms https://www.vdh.virginia.gov/content/uploads/sites/182/2020/04/Home-IsolationQuarantineRelease-Graphic_FINAL.pdf

13. When will staff be requiring handwashing?

Everyone who enters the program will wash hands or use hand sanitizer (if soap and water are not available) upon arriving and frequently throughout the day. Handwashing or hand sanitizing is required:

- before and after meals or snacks
- after sneezing or coughing or other contact with bodily fluids
- after going to the bathroom or helping children in the bathroom
- after moving through high-touch surfaces
- after interaction with high-touch equipment and supplies

Fairfax County Park Authority Rec-PAC Frequently Asked Questions (FAQ's) In Response to COVID-19

14. How often is the Rec-PAC area and supplies cleaned?

When possible, the program will provide each group with their own supplies and equipment to minimize the sharing of items. Cleaning will take place when children are not in the room or using the equipment. Cleaning equipment and surfaces will occur at various times throughout the day.

15. Where will children eat snack and meals?

Free breakfast and lunches are provided daily at all Rec-PAC sites. Everyone must wash their hands before and after eating. Children and staff will eat with their cohort and maintain appropriate physical distancing. Masks may be removed while eating. Tables and other surfaces will be cleaned between uses. Snacks and lunches that are brought from home must be labeled with child's name. Children are not permitted to share food items.

CDC illustration and guidelines for masks:

Approved Face Coverings:

- An item made of two or more layers of washable, breathable fabric that fits snugly against the sides of the face without any gaps and completely covers the nose and mouth while fitting securely under the chin.
- Double masking: one disposable mask underneath with a cloth mask on top.
- Neck gaiters made of two or more layers of washable, breathable fabric, or folded to make two such layers, are considered acceptable face coverings.

Not Approved:

- Single-layer face coverings or single-layer gaiters are not acceptable.
- Bandanas
- Face shields without a face covering.
- N-95 respirators with exhalation valves. These exhalation valves do not fully contain the wearer's breath and will allow respiratory droplets to escape the mask.
- CDC does not recommend the use of N95 respirators for protection against COVID-19 in non-healthcare settings. N95 respirators should be reserved for healthcare workers.

Fairfax County Park Authority Rec-PAC Frequently Asked Questions (FAQ's) In Response to COVID-19

DO choose masks that



Have two or more layers of washable, breathable fabric



Completely cover your nose and mouth



Fit snugly against the sides of your face and don't have gaps



Have a nose wire to prevent air from leaking out of the top of the mask

DO NOT choose masks that



Are made of fabric that makes it hard to breathe, for example, vinyl



Have exhalation valves or vents which allow virus particles to escape



Are intended for healthcare workers, including N95 respirators