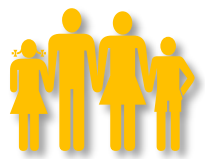





FOCUS ON FAMILY



a **HEALTHY STRIDES** community wellness event

SATURDAY, 10/20

10 a.m. - 12 p.m.

- * FIT4MOM Stroller Strides Total Body Fitness Demo at 11 a.m.
- * Family Fitness Classes (@ 10:30, 11 & 11:30)
- * Kid's Obstacle Course
- * Activity Passport
- * Shaved Ice Truck* 
- * Vendors, swag bag, and more!



Complete your Activity Passport to get a shaved ice truck coupon!


*Capitol Snow menu items available for the listed price. Limit one (1) \$2 coupon per transaction.



FOR MORE INFORMATION ABOUT HEALTHY STRIDES, PLEASE VISIT WWW.FAIRFAXCOUNTY.GOV/PARKS/HEALTHY-STRIDES.



 For accommodations, contact Inclusion and ADA Support at 703-324-8563. TTY 711. www.fairfaxcounty.gov/parks/accessible

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