

Adapted Programs for All Abilities



Individuals with disabilities can experience parks through adapted programming including:

Adapted Creative Movement (ages 18 months-4 years)

Tuesdays, 9-9:45 a.m. • Spring Hill Rec Center

Adapted Barre Techniques (adults)

Wednesdays, 9-9:45 a.m. • Oak Marr Rec Center

Adapted Line Dancing (adults)

Wednesdays, 10-10:55 a.m. • Oak Marr Rec Center

Adapted Outdoor Fun (ages 2-5)

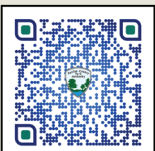
Wednesdays, 10-10:45 p.m. • Clemjontri Park

Adapted Soccer (ages 8-12)

Saturdays, 12:30-1:25 p.m. • South Run Rec Center

Spirit Adapted Fitness (ages 18-25)

Tuesdays, 4-4:55 p.m. • Franconia Rec Center



www.fairfaxcounty.gov/parks/accessible



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For ADA and inclusion
accommodations,
please call 703-324-8563
TTY: Va. Relay 711

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Individuals with disabilities can experience parks through adapted programming including:

Adapted Park Explorers (ages 6-11)

Saturday, September 9

Saturday, October 14

Saturday, November 11
10-11 a.m.

Ellanor C. Lawrence Park

Adapted Outdoor Fun (ages 2-5)

Wednesdays, September 13-November 1

10-10:45 a.m.

Clemyjontri Park

Adapted Sights and Sounds

of Fall Campfire (ages 4+)

Friday, September 15 • 6-7 p.m.

Friday, September 29 • 6-7:30 p.m.

Ellanor C. Lawrence Park

Adapted Nature Walk (ages 6+)

Friday, October 10, 5:30-6:30 p.m.

Clemyjontri Park



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