

September 2021



GEORGE WASHINGTON REC CENTER POOL CALENDAR

8426 Old Mt. Vernon Road Alexandria, VA 22309

703-780-8894 GEORGE WASHINGTON REC CENTER

SUNDAY 1PM-6PM	MONDAY 6:30AM-10:30AM AND 3PM-8PM	TUESDAY 6:30AM-10:30AM AND 3PM-8PM	WEDNESDAY 6:30AM-10:30AM AND 3PM-8PM	THURSDAY 6:30AM-10:30AM AND 3PM-8PM	FRIDAY 6:30AM-10:30AM	SATURDAY 9AM-6PM
			1	2	3	4 CLASSES & LAP SWIM HAVE PRIORITY 9AM-12PM
5	6 CLOSED FOR LABOR DAY	7	8	9	10	11 CLASSES & LAP SWIM HAVE PRIORITY 9AM-12PM
12	13	14	15	16	17	18 CLASSES & LAP SWIM 9AM-12PM
19	20	21	22	23	24	25 CLASSES & LAP SWIM HAVE PRIORITY 9AM-12PM
26	27	28	29	30	<div style="border: 1px solid black; border-radius: 15px; padding: 10px; width: fit-content; margin: 0 auto;"> <p>Children 7 years and older must use the locker room of their gender or use the Family Changing Room.</p> </div>	

- Pool space and calendar is subject to change without notice.
- The pool may be open during class, rental and camp swim times. When the pool is open **AT LEAST** 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must be under direct supervision of a supervising adult..

Pool rentals pick back up this week for the Fall/Winter/Spring season



If accommodations and/or alternative formats are needed, please call (703) 324-8563,

GW Rec Center



Fall (8/30)

SATURDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs					
	Ramp	Shallow End			Lap Lanes					Lap Lanes/Dive Well					
		0.5	Full	1	2	3	4	5	6	7	8	0.5			
9:00 AM	Swim Lessons				SCUBA 9/25, 10/30, 11/27, 12/18, 1/29, 2/26, 3/26, 4/23, 5/28, 6/25, 7/30										9:00 AM
9:15 AM															9:15 AM
9:30 AM															9:30 AM
9:45 AM															9:45 AM
10:00 AM															10:00 AM
10:15 AM															10:15 AM
10:30 AM															10:30 AM
10:45 AM															10:45 AM
11:00 AM															11:00 AM
11:15 AM															11:15 AM
11:30 AM															11:30 AM
11:45 AM															11:45 AM
12:00 PM															12:00 PM
12:15 PM															12:15 PM
12:30 PM															12:30 PM
12:45 PM	12:45 PM														
1:00 PM														1:00 PM	
1:15 PM															1:15 PM
1:30 PM															1:30 PM
1:45 PM															1:45 PM
2:00 PM															2:00 PM
2:15 PM															2:15 PM
2:30 PM															2:30 PM
2:45 PM															2:45 PM
3:00 PM															3:00 PM
3:15 PM															3:15 PM
3:30 PM															3:30 PM
3:45 PM															3:45 PM
4:00 PM															4:00 PM
4:15 PM															4:15 PM
4:30 PM															4:30 PM
4:45 PM															4:45 PM
5:00 PM															5:00 PM
5:15 PM															5:15 PM
5:30 PM															5:30 PM
5:45 PM															5:45 PM
6:00 PM															6:00 PM
	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5			
		Shallow End			Lap Lanes					Lap Lanes/Dive Well					

GW Rec Center



SUNDAY

Fall (8/30)

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY				FCPA scheduled programs				
	Ramp	Shallow End			Lap Lanes				Lap Lanes/Dive Well				
		0.5	Full	1	2	3	4	5	6	7	8	0.5	
1:00 PM													1:00 PM
1:15 PM													1:15 PM
1:30 PM													1:30 PM
1:45 PM													1:45 PM
2:00 PM													2:00 PM
2:15 PM													2:15 PM
2:30 PM													2:30 PM
2:45 PM													2:45 PM
3:00 PM													3:00 PM
3:15 PM													3:15 PM
3:30 PM													3:30 PM
3:45 PM													3:45 PM
4:00 PM													4:00 PM
4:15 PM													4:15 PM
4:30 PM													4:30 PM
4:45 PM													4:45 PM
5:00 PM													5:00 PM
5:15 PM													5:15 PM
5:30 PM													5:30 PM
5:45 PM													5:45 PM
6:00 PM													6:00 PM
	Ramp	0.05	Full	1	2	3	4	5	6	7	8	0.5	
		Shallow End			Lap Lanes				Lap Lanes/Dive Well				

TRIDENT 2-3p

FREEDOM SCUBA 9/26, 10/31, 11/28, 12/19, 1/30, 2/27, 3/27, 4/24, 5/29, 6/26, 7/31

POTOMAC MARLINS 3-5p

MOUNT VERNON COUNTRY CLUB 5-6p

GW Rec Center



MONDAY

Fall (8/30)

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY					FCPA scheduled programs				
	Ramp	Shallow End			Lap Lanes					Lap Lanes/Dive Well				
		0.5	Full	1	2	3	4	5	6	7	8	0.5		
6:30 AM														6:30 AM
6:45 AM														6:45 AM
7:00 AM														7:00 AM
7:15 AM														7:15 AM
7:30 AM														7:30 AM
7:45 AM														7:45 AM
8:00 AM														8:00 AM
8:15 AM														8:15 AM
8:30 AM														8:30 AM
8:45 AM														8:45 AM
9:00 AM														9:00 AM
9:15 AM														9:15 AM
9:30 AM														9:30 AM
9:45 AM														9:45 AM
10:00 AM														10:00 AM
10:15 AM														10:15 AM
10:30 AM														10:30 AM
11:00 AM														11:00 AM
11:30 AM														11:30 AM
12:00 PM														12:00 PM
12:30 PM														12:30 PM
1:00 PM														1:00 PM
1:30 PM														1:30 PM
2:00 PM														2:00 PM
2:30 PM														2:30 PM
3:00 PM														3:00 PM
3:15 PM														3:15 PM
3:30 PM														3:30 PM
3:45 PM														3:45 PM
4:00 PM														4:00 PM
4:15 PM														4:15 PM
4:30 PM														4:30 PM
4:45 PM														4:45 PM
5:00 PM														5:00 PM
5:15 PM														5:15 PM
5:30 PM														5:30 PM
5:45 PM														5:45 PM
6:00 PM														6:00 PM
6:15 PM														6:15 PM
6:30 PM														6:30 PM
6:45 PM														6:45 PM
7:00 PM														7:00 PM
7:15 PM														7:15 PM
7:30 PM														7:30 PM
7:45 PM														7:45 PM
8:00 PM														8:00 PM

CLOSED 10:30-3:00pm

GW Rec Center



TUESDAY

Fall (8/30)

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY				FCPA scheduled programs				
	Ramp	Shallow End			Lap Lanes				Lap Lanes/Dive Well				
		0.5	Full	1	2	3	4	5	6	7	8	0.5	
6:30 AM													6:30 AM
6:45 AM													6:45 AM
7:00 AM													7:00 AM
7:15 AM													7:15 AM
7:30 AM													7:30 AM
7:45 AM													7:45 AM
8:00 AM													8:00 AM
8:15 AM													8:15 AM
8:30 AM													8:30 AM
8:45 AM													8:45 AM
9:00 AM													9:00 AM
9:15 AM													9:15 AM
9:30 AM													9:30 AM
9:45 AM													9:45 AM
10:00 AM													10:00 AM
10:15 AM													10:15 AM
10:30 AM													10:30 AM
11:00 AM													11:00 AM
11:30 AM													11:30 AM
12:00 PM													12:00 PM
12:30 PM													12:30 PM
1:00 PM													1:00 PM
1:30 PM													1:30 PM
2:00 PM													2:00 PM
2:30 PM													2:30 PM
3:00 PM													3:00 PM
3:15 PM													3:15 PM
3:30 PM													3:30 PM
3:45 PM													3:45 PM
4:00 PM													4:00 PM
4:15 PM													4:15 PM
4:30 PM													4:30 PM
4:45 PM													4:45 PM
5:00 PM													5:00 PM
5:15 PM													5:15 PM
5:30 PM													5:30 PM
5:45 PM													5:45 PM
6:00 PM													6:00 PM
6:15 PM													6:15 PM
6:30 PM													6:30 PM
6:45 PM													6:45 PM
7:00 PM													7:00 PM
7:15 PM													7:15 PM
7:30 PM													7:30 PM
7:45 PM													7:45 PM
8:00 PM													8:00 PM
	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	
		Shallow End			Lap Lanes				Lap Lanes/Dive Well				

CLOSED 10:30am-3:00pm

Trident 7-8a

Water Ex Class 8-10a

Beth

3-4:30p

Water Ex 5-5:55p

Deep Water Ex 5:30-6p

GW Rec Center



WEDNESDAY

Fall (8/30)

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY				FCPA scheduled programs				
	Ramp	Shallow End			Lap Lanes				Lap Lanes/Dive Well				
		0.5	Full	1	2	3	4	5	6	7	8	0.5	
6:30 AM													6:30 AM
6:45 AM													6:45 AM
7:00 AM													7:00 AM
7:15 AM													7:15 AM
7:30 AM													7:30 AM
7:45 AM													7:45 AM
8:00 AM													8:00 AM
8:15 AM													8:15 AM
8:30 AM													8:30 AM
8:45 AM													8:45 AM
9:00 AM													9:00 AM
9:15 AM													9:15 AM
9:30 AM													9:30 AM
9:45 AM													9:45 AM
10:00 AM													10:00 AM
10:15 AM													10:15 AM
10:30 AM													10:30 AM
11:00 AM													11:00 AM
11:30 AM													11:30 AM
12:00 PM													12:00 PM
12:30 PM													12:30 PM
1:00 PM													1:00 PM
1:30 PM													1:30 PM
2:00 PM													2:00 PM
2:30 PM													2:30 PM
3:00 PM													3:00 PM
3:15 PM													3:15 PM
3:30 PM													3:30 PM
3:45 PM													3:45 PM
4:00 PM													4:00 PM
4:15 PM													4:15 PM
4:30 PM													4:30 PM
4:45 PM													4:45 PM
5:00 PM													5:00 PM
5:15 PM													5:15 PM
5:30 PM													5:30 PM
5:45 PM													5:45 PM
6:00 PM													6:00 PM
6:15 PM													6:15 PM
6:30 PM													6:30 PM
6:45 PM													6:45 PM
7:00 PM													7:00 PM
7:15 PM													7:15 PM
7:30 PM													7:30 PM
7:45 PM													7:45 PM
8:00 PM													8:00 PM
	Ramp	0.05	Full	1	2	3	4	5	6	7	8	0.5	
		Shallow End			Lap Lanes				Lap Lanes/Dive Well				

CLOSED 10:30am-3:00pm

Deep Water Ex 9:30-10:30a

BETH
3-4:30p

MARLINS 4:15-5:15

NCAP 5:15-6:15p

NCAP 6:15-7p

MARLINS 7-8p

GW Rec Center



THURSDAY

Fall (8/30)

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY				FCPA scheduled programs				
	Ramp	Shallow End			Lap Lanes				Lap Lanes/Dive Well				
		0.5	Full	1	2	3	4	5	6	7	8	0.5	
6:30 AM													6:30 AM
6:45 AM													6:45 AM
7:00 AM													7:00 AM
7:15 AM													7:15 AM
7:30 AM													7:30 AM
7:45 AM													7:45 AM
8:00 AM													8:00 AM
8:15 AM													8:15 AM
8:30 AM													8:30 AM
8:45 AM													8:45 AM
9:00 AM													9:00 AM
9:15 AM													9:15 AM
9:30 AM													9:30 AM
9:45 AM													9:45 AM
10:00 AM													10:00 AM
10:15 AM													10:15 AM
10:30 AM													10:30 AM
11:00 AM													11:00 AM
11:30 AM													11:30 AM
12:00 PM													12:00 PM
12:30 PM													12:30 PM
1:00 PM													1:00 PM
1:30 PM													1:30 PM
2:00 PM													2:00 PM
2:30 PM													2:30 PM
3:00 PM													3:00 PM
3:15 PM													3:15 PM
3:30 PM													3:30 PM
3:45 PM													3:45 PM
4:00 PM													4:00 PM
4:15 PM													4:15 PM
4:30 PM													4:30 PM
4:45 PM													4:45 PM
5:00 PM													5:00 PM
5:15 PM													5:15 PM
5:30 PM													5:30 PM
5:45 PM													5:45 PM
6:00 PM													6:00 PM
6:15 PM													6:15 PM
6:30 PM													6:30 PM
6:45 PM													6:45 PM
7:00 PM													7:00 PM
7:15 PM													7:15 PM
7:30 PM													7:30 PM
7:45 PM													7:45 PM
8:00 PM													8:00 PM
	Ramp	0.5	Full	1	2	3	4	5	6	7	8	0.5	
		Shallow End			Lap Lanes				Lap Lanes/Dive Well				

CLOSED 10:30am-3:00pm

Water Ex Class 8-10a

Trident 7-8a

Water Ex 5-5:55p

Deep Water Ex 5:30-6p

MARLINS 5-7:30p

GW Rec Center



Fall (8/30)

FRIDAY

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND		Recreational Play/Swim/Dive			Lap Swim / Water Walking ONLY				FCPA scheduled programs				
	Ramp	Shallow End			Lap Lanes				Lap Lanes/Dive Well				
		0.5	Full	1	2	3	4	5	6	7	8	0.5	
6:30 AM													6:30 AM
6:45 AM													6:45 AM
7:00 AM													7:00 AM
7:15 AM													7:15 AM
7:30 AM													7:30 AM
7:45 AM													7:45 AM
8:00 AM													8:00 AM
8:15 AM													8:15 AM
8:30 AM													8:30 AM
8:45 AM													8:45 AM
9:00 AM													9:00 AM
9:15 AM													9:15 AM
9:30 AM													9:30 AM
9:45 AM													9:45 AM
10:00 AM													10:00 AM
10:15 AM													10:15 AM
	Ramp	0.05	Full	1	2	3	4	5	6	7	8	0.5	
		Shallow End			Lap Lanes				Lap Lanes/Dive Well				

Beth