

# September




FAIRFAX COUNTY PARK AUTHORITY  
**REC CENTERS**

## OAK MARR Pool Calendar

3200 JERMANTOWN RD OAKTON, VA 22124

PHONE: (703) 281-6501

<https://www.fairfaxcounty.gov/parks/reccenter/oak-marr>

SUNDAY 9:00a-6:00p	MONDAY 6:30a-9:00p	TUESDAY 6:30a-9:00p	WEDNESDAY 6:30a-9:00p	THURSDAY 6:30a-9:00p	FRIDAY 6:30a-9:00p	SATURDAY 9:00-6:00p
	<p>Diving Boards Open to Public M-F 11:30a-1:30p Sat. &amp; Sun 3p-5p Subject to change for Class/Rental/Event</p>		1	2	3	4
	<p><b>POOL &amp; SPA CLOSED</b> August 21 through September 6 Annual Pool Shutdown</p>					
5 <b>POOL SHUTDOWN</b>	6 <b>POOL SHUTDOWN</b>	7 No 4 ft. Space 8 am - Noon	8	9 No 4 ft. Space 8 am - Noon	10	11 <b>CLASSES</b> (LIMITED LAP LANES) 9AM- 1P  <b>OPEN SWIM</b> 1P-6P
<p>Limited 4 ft. Space &amp; Lap Lanes 6pm-9pm due to Rentals and Classes</p>						
12 <b>CLASSES</b> (LIMITED LAP LANES) 9AM- 1P  <b>OPEN SWIM</b> 1P-6P	13	14 No 4 ft. Space 8 am - Noon	15	16 No 4 ft. Space 8 am - Noon	17	18 <b>CLASSES</b> (LIMITED LAP LANES) 9AM- 1P  <b>OPEN SWIM</b> 1P-6P
<p>Limited 4 ft. Space &amp; Lap Lanes 6pm-9pm due to Rentals and Classes</p>						
19 <b>CLASSES</b> (LIMITED LAP LANES) 9AM- 1P  <b>OPEN SWIM</b> 1P-6P	20	21 No 4 ft. Space 8 am - Noon	22	23 No 4 ft. Space 8 am - Noon	24	25 <b>CLASSES</b> (LIMITED LAP LANES) 9AM- 1P  <b>OPEN SWIM</b> 1P-6P
<p>Limited 4 ft. Space &amp; Lap Lanes 6pm-9pm due to Rentals and Classes</p>						
26 <b>CLASSES</b> (LIMITED LAP LANES) 9AM- 1P  <b>OPEN SWIM</b> 1P-6P	27	28 No 4 ft. Space 8 am - Noon	29	30 No 4 ft. Space 8 am - Noon	<p><b>Open Swim Hours</b> Limited Shallow &amp; Beach space during classes and rentals <b>AT LEAST 3 lap lanes</b> are available to the public. Monday-Friday 6:30a-9p Sat &amp; Sun 1p-6p</p>	
<p>Limited 4 ft. Space &amp; Lap Lanes 6pm-9pm due to Rentals and Classes</p>						

### Know Before You Go!

- Pool space and calendar is subject to change without notice.
- **Lap lane availability information** on the website. .
- The pool may be open during class, rental and camp swim times. When the pool is open **AT LEAST 3** lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Use the QR code to make a lap/water walking or Rec Swim reservation.
- Non-swimmers or those using lifejackets must under direct supervision of a supervising adult.
- **Keep an eye on your child!** In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.
- FCPA is not responsible for lost or stolen items. Mask are required at all times when you are not in the water.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least ten working days in advance of the registration deadline or event. TTY (703) 803-3354

# OAK MARR REC CENTER

## SATURDAY SEPTEMBER 11-30

	Dive Well					Lap Lanes															Beach		
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20			
8:00	POOL & SPA OPEN AT 9A																				8:00		
8:30 AM																					8:30 AM		
9:00	<b>DOMINION DIVE (FULL WELL) 9A-12:45P</b>					<b>FCPA CLASS 9A-1P</b>			<b>PSL 9A-1P</b>				<b>FCPA CLASS 9A-1P</b>		<b>FCPA 9A-1P</b>		<b>A C C E S S I B L E  L A N E</b>	<b>ADAPTED</b>	<b>FCPA CLASS 9A-1P</b>		<b>FCPA CLASS</b>		9:00
9:30 AM																							9:30 AM
10:00																							10:00
10:30 AM																							10:30 AM
11:00																							11:00
11:30 AM																							11:30 AM
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1:30 PM																				1:30 PM			
2:00 PM																				2:00 PM			
2:30 PM																				2:30 PM			
3:00 PM	<b>DIVEWELL OPEN FOR PUBLIC USE 3P-5P</b>																			<b>OPEN SWIM STARTING @ 1P</b>		3:00 PM	
3:30 PM						3:30 PM																	
4:00 PM						4:00 PM																	
4:30 PM						4:30 PM																	
5:00 PM																				5:00 PM			
5:30 PM																				5:30 PM			
6:00 PM	<b>POOL &amp; SPA CLOSES AT 6P</b>					<b>Fox Field Flyers (3L) 6p-7p</b>					<b>MOSBY WOODS (4L) 6P-7P</b>				<b>POOL AND SPA CLOSES AT 6P TO PUBLIC</b>						6:00 PM		
6:30 PM																					6:30 PM		
7:00 PM																					7:00 PM		
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20			
	Dive Well					Lap Lanes															Beach		

Machine 5:30A-8A (11 Lanes) 8A-9A (5 Lanes) York 6A-8A (9 Lanes) starts 9/18

NVSL 6P-7P starts 9/11

# OAK MARR REC CENTER

SUNDAY SEPTEMBER 11-30

OAK MARR REC CENTER																							
SUNDAY SEPTEMBER 11-30																							
	Dive Well					Lap Lanes															Beach		
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20			
8:00	POOL AND SPA OPEN AT 9AM																				8:00		
8:30 AM																					8:30 AM		
9:00																							
9:30 AM																							
10:00																							
10:30 AM																							
11:00																							
11:30 AM																							
12:00																							
12:30 PM																							
1:00 PM	Dominion Dive 1p-3p Starts 9/19																						
1:30 PM	Dominion Dive 1p-3p Starts 9/19																						
2:00 PM	Dominion Dive 1p-3p Starts 9/19																						
2:30 PM	Dominion Dive 1p-3p Starts 9/19																						
3:00 PM	Dominion Dive 1p-3p Starts 9/19																						
3:30 PM	DIVEWELL OPEN FOR PUBLIC USE 3P-5P																						
4:00 PM	DIVEWELL OPEN FOR PUBLIC USE 3P-5P																						
4:30 PM	DIVEWELL OPEN FOR PUBLIC USE 3P-5P																						
5:00 PM	DEEP WATER EX 4P-5P																						
5:30 PM	DEEP WATER EX 4P-5P																						
6:00 PM	POOL CLOSED TO PUBLIC AT 6P																						
6:30 PM	POOL CLOSED TO PUBLIC AT 6P																						
7:00 PM	POOL CLOSED TO PUBLIC AT 6P																						
7:30 PM	POOL CLOSED TO PUBLIC AT 6P																						
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20			
	Dive Well					Lap Lanes															Beach		
NVSL 6p-8p starts 9/11																							

# OAK MARR REC CENTER

MONDAY SEPTEMBER 11-30

	DIVE WELL					LAP LANES															BEACH		
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20			
5:30 AM	POOL AND SPA OPEN AT 6:30A																				5:30 AM		
6:00 AM	POOL AND SPA OPEN AT 6:30A																				6:00 AM		
6:30 AM	MACHINE AQUATICS (5L) 6:30A-8A																						6:30 AM
7:00 AM																							7:00 AM
7:30 AM	DEEP WATER EX 8:10A-11:15A																						7:30 AM
8:00 AM																							8:00 AM
8:30 AM																							8:30 AM
9:00 AM																							9:00 AM
9:30 AM						FCPA CLASSES 9:30A-11:30A												9:30 AM					
10:00 AM																		10:00 AM					
10:30 AM																		10:30 AM					
11:00 AM																		11:00 AM					
11:30 AM	DIVING BOARDS OPEN 11:30A-1:30P																						11:30 AM
12:00 PM																							12:00 PM
12:30 PM											FCPA CLASSES 11:30-12:30P							12:30 PM					
1:00 PM																		1:00 PM					
1:30 PM	DOMINION DIVE (FULL WELL) 1:45P-3:25P																						1:30 PM
2:00 PM																							2:00 PM
2:30 PM																P R O G R E S S I V E		2:30 PM					
3:00 PM																		3:00 PM					
3:30 PM	MACHINE AQUATICS (8L) 3:30P-4:30P																						3:30 PM
4:00 PM																							4:00 PM
4:30 PM																							4:30 PM
5:00 PM																							5:00 PM
5:30 PM	DOMINION DIVE (FULL WELL) 5:30P-7:25P																						5:30 PM
6:00 PM																							6:00 PM
6:30 PM	YORK (5L) 7:30P-9P					MASTERS (4L) 8P-9P					FCPA CLASSES 6P-9P					FCPA CLASSES 6P-8:45P					FCPA CLASSES 5:55P-8:50P		6:30 PM
7:00 PM																							7:00 PM
7:30 PM																FCPA CLASSES 5:55P-7:50P		7:30 PM					
8:00 PM																		8:00 PM					
8:30 PM																		8:30 PM					
9:00 PM																		9:00 PM					
9:30 PM	POOL AND SPA CLOSE AT 9:30P																				9:30 PM		
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20			
	DIVE WELL					LAP LANES															BEACH		

Machine 4:40 a -5a (10 Lanes) 5a-6:25a ( 15 Lanes) York 5a-6:15a (5 lanes) starts 9/13

# OAK MARR REC CENTER

TUESDAY SEPTEMBER 11-30

	DIVE WELL					LAP LANES															BEACH							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20								
5:30 AM	POOL OPENS AT 6:30AM																					5:30 AM						
6:00 AM	POOL OPENS AT 6:30AM																					6:00 AM						
6:30 AM	MACHINE AQUATICS (5L) 6:30A-8A																						6:30 AM					
7:00 AM																							7:00 AM					
7:30 AM																							7:30 AM					
8:00 AM																							8:00 AM					
8:30 AM	DEEP WATER AEROBICS 9A-9:55A																						8:30 AM					
9:00 AM																							9:00 AM					
9:30 AM																							9:30 AM					
10:00 AM																							10:00 AM					
10:30 AM																							10:30 AM					
11:00 AM																							11:00 AM					
11:30 AM	DIVING BOARDS OPEN 11:30A-1:30P																						11:30 AM					
12:00 PM																							12:00 PM					
12:30 PM																							12:30 PM					
1:00 PM																							1:00 PM					
1:30 PM	DOMINION DIVE (FULL WELL) 1:45P-3:25P																						1:30 PM					
2:00 PM																							2:00 PM					
2:30 PM																							2:30 PM					
3:00 PM																							3:00 PM					
3:30 PM	YORK (5L) 3:30P-4:30P					MACHINE AQUATICS (3L) 3P-4:30P												3:30 PM										
4:00 PM																		4:00 PM										
4:30 PM																							4:30 PM					
5:00 PM																							5:00 PM					
5:30 PM	DOMINION DIVE (FULL WELL) 5:30P-7:30P																						5:30 PM					
6:00 PM																							6:00 PM					
6:30 PM						FCPA CLASSES 6P-8:45P					FCPA CLASSES 6P-8:45P					FCPA CLASSES 5:55P-8:45P		FCPA CLASSES 5:55P-7:50P		6:30 PM								
7:00 PM																				7:00 PM								
7:30 PM	YORK (5L) 7:35P-8P																						7:30 PM					
8:00 PM																							8:00 PM					
8:30 PM	YORK (10L) 8P-9P																											8:30 PM
9:00 PM																												9:00 PM
9:30 PM	POOL CLOSSES AT 9:00P																					9:30 PM						
	DIVE WELL					LAP LANES															BEACH							
	MACHINE 4:40a-5a (10 Lanes) 5a-6:25a (15 Lanes) starts 9/14																											

# OAK MARR REC CENTER

## WEDNESDAY      SEPTEMBER 11-30

DIVE WELL					LAP LANES															BEACH								
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20									
5:30 AM	POOL OPENS AT 6:30AM																				5:30 AM							
6:00 AM	POOL OPENS AT 6:30AM																				6:00 AM							
6:30 AM	MACHINE AQUATICS (5L) 6:30A-8A					ACCESSIBLE LANE																	6:30 AM					
7:00 AM																							7:00 AM					
7:30 AM	DEEP WATER AEROBICS 8:10A-11:15A					ACCESSIBLE LANE																	7:30 AM					
8:00 AM																							8:00 AM					
8:30 AM																							8:30 AM					
9:00 AM	DEEP WATER AEROBICS 8:10A-11:15A					FCPA CLASSES 9:30A-10:25P					FCPA CLASSES 9:15A-12:10A					ACCESSIBLE LANE							9:00 AM					
9:30 AM						FCPA CLASSES 10:35A-11:45A		9:30 AM																				
10:00 AM								10:00 AM																				
10:30 AM	DIVING BOARDS OPEN 11:30A-1:30P					ACCESSIBLE LANE																	10:30 AM					
11:00 AM																							11:00 AM					
11:30 AM																							11:30 AM					
12:00 PM	DIVING BOARDS OPEN 11:30A-1:30P					FCPA CLASSES 11:55A-12:50P					ACCESSIBLE LANE							12:00 PM										
12:30 PM						12:30 PM																						
1:00 PM						1:00 PM																						
1:30 PM	DOMINION DIVE (FULL WELL) 1:45P-3:25P					ACCESSIBLE LANE																	1:30 PM					
2:00 PM																							2:00 PM					
2:30 PM																							2:30 PM					
3:00 PM	MACHINE AQUATICS (8L) 3:30P-4:30P					MACHINE AQUATICS (5L) 3P-3:30P					ACCESSIBLE LANE							3:00 PM										
3:30 PM						3:30 PM																						
4:00 PM						4:00 PM																						
4:30 PM	YORK (11L) 4:30P-5:30P										ACCESSIBLE LANE																	4:30 PM
5:00 PM	5:00 PM																											
5:30 PM	DOMINION DIVE (FULL WELL) 5:30P-7:25P					ACCESSIBLE LANE																						
6:00 PM																					6:00 PM							
6:30 PM																					6:30 PM							
7:00 PM	YORK (5L) 7:30P-8:30P					ACCESSIBLE LANE							FCPA CLASSES 8:55P		FCPA CLASS 6P-8:45P		FCPA CLASSES 5:55P-8:50P		FCPA CLASSES 5:55P-7:50P		7:00 PM							
7:30 PM																					7:30 PM							
8:00 PM																					8:00 PM							
8:30 PM	MASTERS (4L) 8P-9P					ACCESSIBLE LANE																	8:30 PM					
9:00 PM																							9:00 PM					
9:30 PM																							9:30 PM					
POOL CLOSING AT 9:00PM																												
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20									
DIVE WELL					LAP LANES															BEACH								

Machine 4:40 a -5a (10 Lanes) 5a-6:25a ( 15 Lanes) York 5a-6:15a (5 lanes) starts 9/13

# OAK MARR REC CENTER

## THURSDAY    SEPTEMBER 11-30

OAK MARR REC CENTER																											
THURSDAY    SEPTEMBER 11-30																											
	DIVE WELL					LAP LANES															BEACH						
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20							
5:30 AM	POOL OPENS AT 6:30AM																				5:30 AM						
6:00 AM	POOL OPENS AT 6:30AM																				6:00 AM						
6:30 AM	MACHINE AQUATICS (5L) 6:30A-8A																						6:30 AM				
7:00 AM	MACHINE AQUATICS (5L) 6:30A-8A																						7:00 AM				
7:30 AM	MACHINE AQUATICS (5L) 6:30A-8A																						7:30 AM				
8:00 AM	MACHINE AQUATICS (5L) 6:30A-8A																				SHALLOW WATER AEROBICS 8A-12:15P		8:00 AM				
8:30 AM	MACHINE AQUATICS (5L) 6:30A-8A																						8:30 AM				
9:00 AM	DEEP WATER AEROBICS 9A-9:55A																				SHALLOW WATER AEROBICS 8A-12:15P		9:00 AM				
9:30 AM	DEEP WATER AEROBICS 9A-9:55A																						9:30 AM				
10:00 AM	DEEP WATER AEROBICS 9A-9:55A																				SHALLOW WATER AEROBICS 8A-12:15P		10:00 AM				
10:30 AM	DEEP WATER AEROBICS 9A-9:55A																						10:30 AM				
11:00 AM	DEEP WATER AEROBICS 9A-9:55A																				SHALLOW WATER AEROBICS 8A-12:15P		11:00 AM				
11:30 AM	DEEP WATER AEROBICS 9A-9:55A																						11:30 AM				
12:00 PM	DIVING BOARDS OPEN 11:30A-1:30P																				SHALLOW WATER AEROBICS 8A-12:15P		12:00 PM				
12:30 PM	DIVING BOARDS OPEN 11:30A-1:30P																						12:30 PM				
1:00 PM	DIVING BOARDS OPEN 11:30A-1:30P																				SHALLOW WATER AEROBICS 8A-12:15P		1:00 PM				
1:30 PM	DIVING BOARDS OPEN 11:30A-1:30P																						1:30 PM				
2:00 PM	DOMINION DIVE (FULL WELL) 1:45P-3:25P																				SHALLOW WATER AEROBICS 8A-12:15P		2:00 PM				
2:30 PM	DOMINION DIVE (FULL WELL) 1:45P-3:25P																						2:30 PM				
3:00 PM	DOMINION DIVE (FULL WELL) 1:45P-3:25P					MACHINE AQUATICS (3L) 3P-4:30P															SHALLOW WATER AEROBICS 8A-12:15P		3:00 PM				
3:30 PM	DOMINION DIVE (FULL WELL) 1:45P-3:25P					MACHINE AQUATICS (3L) 3P-4:30P																	3:30 PM				
4:00 PM	YORK (5L) 3:30P-4:30P					MACHINE AQUATICS (3L) 3P-4:30P															SHALLOW WATER AEROBICS 8A-12:15P		4:00 PM				
4:30 PM	YORK (5L) 3:30P-4:30P					MACHINE AQUATICS (3L) 3P-4:30P																	4:30 PM				
5:00 PM	YORK (5L) 3:30P-4:30P																				SHALLOW WATER AEROBICS 8A-12:15P		5:00 PM				
5:30 PM	YORK (5L) 3:30P-4:30P																						5:30 PM				
6:00 PM	DOMINION DIVE (FULL WELL) 5:30P-7:30P															SHALLOW WATER AEROBICS 8A-12:15P		FCPA CLASSES 5:55P-8:50P		FCPA CLASSES 5:45P-8:15P		6:00 PM					
6:30 PM	DOMINION DIVE (FULL WELL) 5:30P-7:30P																					SHALLOW WATER AEROBICS 8A-12:15P		FCPA CLASSES 5:55P-8:50P		FCPA CLASSES 5:45P-8:15P	
7:00 PM	DOMINION DIVE (FULL WELL) 5:30P-7:30P					FCPA CLASSES 6P-8:55P					FCPA CLASSES 6P-8:45P					SHALLOW WATER AEROBICS 8A-12:15P		FCPA CLASSES 5:55P-8:50P		FCPA CLASSES 5:45P-8:15P							
7:30 PM	YORK (5L) 7:35P-8P					FCPA CLASSES 6P-8:55P					FCPA CLASSES 6P-8:45P											SHALLOW WATER AEROBICS 8A-12:15P		FCPA CLASSES 5:55P-8:50P		FCPA CLASSES 5:45P-8:15P	
8:00 PM	YORK (10L) 8P-9P										FCPA CLASSES 6P-8:55P					FCPA CLASSES 6P-8:45P					SHALLOW WATER AEROBICS 8A-12:15P						
8:30 PM	YORK (10L) 8P-9P										FCPA CLASSES 6P-8:55P					FCPA CLASSES 6P-8:45P							SHALLOW WATER AEROBICS 8A-12:15P		FCPA CLASSES 5:55P-8:50P		FCPA CLASSES 5:45P-8:15P
9:00 PM	POOL CLOSES AT 9PM																				9:00 PM						
9:30 PM	POOL CLOSES AT 9PM																				9:30 PM						
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20							
	DIVE WELL					LAP LANES															BEACH						

MACHINE 4:40a-5a (10 Lanes) 5a-6:25 (15 Lanes) starts 9/14

# OAK MARR REC CENTER

**FRIDAY      SEPTEMBER 11-30**

OAK MARR REC CENTER																									
DIVE WELL					LAP LANES															BEACH					
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20					
5:30 AM	POOL OPENS AT 6:30AM																				5:30 AM				
6:00 AM																					6:00 AM				
6:30 AM	MACHINE AQUATICS (5L) 6:30A-8A																						6:30 AM		
7:00 AM																							7:00 AM		
7:30 AM	DEEP WATER AEROBICS 8:10A-11:15A																				SHALLOW WATER AEROBICS 8A-10:15A		7:30 AM		
8:00 AM																							8:00 AM		
8:30 AM																							8:30 AM		
9:00 AM																							9:00 AM		
9:30 AM	FCPA CLASS 9:30A-10:30A																						9:30 AM		
10:00 AM																							10:00 AM		
10:30 AM																							10:30 AM		
11:00 AM																							11:00 AM		
11:30 AM	DIVING BOARDS OPEN 11:30A-1:30P																				FCPA CLASSES 10:30A-11:45A		11:30 AM		
12:00 PM																							12:00 PM		
12:30 PM																							12:30 PM		
1:00 PM																							1:00 PM		
1:30 PM	Dominion Dive 1:45p-3:25p																				FCPA CLASSES 1P-3P		1:30 PM		
2:00 PM																							2:00 PM		
2:30 PM																							2:30 PM		
3:00 PM																							3:00 PM		
3:30 PM	MACHINE AQUATICS (5L) 3P-3:30P																						3:30 PM		
4:00 PM																							4:00 PM		
4:30 PM	YORK (11L) 4:30P-5:30P																						4:30 PM		
5:00 PM	5:00 PM																								
5:30 PM	STREAMLINE (5L) 5:30P-6:30P																			FCPA CLASSES 6P-8P		5:30 PM			
6:00 PM	6:00 PM																								
6:30 PM	MOON AQUATICS (5L) 6:30P-9:30P																				FCPA CLASSES 6P-9P		FCPA CLASSES 6P-8P		6:30 PM
7:00 PM																									7:00 PM
7:30 PM																									7:30 PM
8:00 PM																									8:00 PM
8:30 PM																		FCPA CLASS 8P-9P		8:30 PM					
9:00 PM																				9:00 PM					
9:30 PM	POOL CLOSSES AT 9PM																				9:30 PM				
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20					
DIVE WELL					LAP LANES															BEACH					

Machine 4:40 a -5a (10 Lanes) 5a-6:25a ( 15 Lanes) York 5a-6:15a (5 lanes) starts 9/13