

September 2021



SOUTH RUN RECENTER POOL CALENDAR

7550 Reservation Drive Springfield, Virginia 703-866-0566 [South Run RECenter](http://SouthRunRECenter)
 AQUATICS DIRECTOR: JOHN SIFRIT (JOHN.SIFRIT@FAIRFAXCOUNTY.GOV)

SUNDAY 9am-6pm	MONDAY 6:30am-9pm	TUESDAY 6:30am-9pm	WEDNESDAY 6:30am-9pm	THURSDAY 6:30am-9pm	FRIDAY 6:30am-9pm	SATURDAY 9am-6pm
			1 Limited Space 3:30PM-9PM	2 Limited Space 3:30PM-9PM	3 Limited Space 3:30PM-9PM	4 NO CLASSES
5 NO CLASSES	6 NO CLASSES	7 Limited Space 3:30PM-9PM	8 Limited Space 3:30PM-9PM	9 Limited Space 3:30PM-9PM	10 Limited Space 3:30PM-9PM	11 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 9AM-12PM OPEN SWIM BEGINS AT 12PM
12 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 830AM-12PM OPEN SWIM BEGINS AT 12PM	13 Limited Space 3:30PM-9PM	14 Limited Space 3:30PM-9PM	15 Limited Space 3:30PM-9PM	16 Limited Space 3:30PM-9PM	17 Limited Space 3:30PM-9PM	18 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 9AM-12PM OPEN SWIM BEGINS AT 12PM
19 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 830AM-12PM OPEN SWIM BEGINS AT 12PM	20 Limited Space 3:30PM-9PM	21 Limited Space 3:30PM-9PM	22 Limited Space 3:30PM-9PM	23 Limited Space 3:30PM-9PM	24 Limited Space 3:30PM-9PM	25 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 9AM-12PM OPEN SWIM BEGINS AT 12PM
26 CLASSES & LAP SWIM ONLY LIMITED LAP LANES 830AM-12PM OPEN SWIM BEGINS AT 12PM	27 Limited Space 3:30PM-9PM	28 Limited Space 3:30PM-9PM	29 Limited Space 3:30PM-9PM	30 Limited Space 3:30PM-9PM		

Know Before You Go!

- Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our **lap lane availability information** is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open **AT LEAST** 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must be under direct supervision of a supervising adult.
- **Keep an eye on your child!** In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.
- Please lock all valuables. FCPA is not responsible for lost or stolen items.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least ten working days in advance of the registration deadline or event. TTY (703) 803-3354

South Run Rec Center

SATURDAY

September 1, 2021 thru November 7, 2021

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA scheduled programs (Space is scheduled)
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	Lap Lanes										Beach			
	10	9	8	7	6	5	4	3	2	1	3	2	1	
9:00 AM	Swimming Lessons			Recreational Play/Swim/Dive			Swimming Lessons							9:00 AM
9:30 AM														9:30 AM
10:00 AM														10:00 AM
10:30 AM														10:30 AM
11:00 AM														11:00 AM
11:30 AM														11:30 AM
12:00 PM														12:00 PM
12:30 PM	Swimming Lessons			Recreational Play/Swim/Dive			Swimming Lessons							12:30 PM
1:00 PM														1:00 PM
1:30 PM														1:30 PM
2:00 PM														2:00 PM
2:30 PM														2:30 PM
3:00 PM														3:00 PM
3:30 PM														3:30 PM
4:00 PM	Swimming Lessons			Recreational Play/Swim/Dive			Swim Team			Swimming Lessons			4:00 PM	
4:30 PM													4:30 PM	
5:00 PM													5:00 PM	
5:30 PM													5:30 PM	
	10	9	8	7	6	5	4	3	2	1	3	2	1	
	Lap Lanes										Beach			

South Run Rec Center

SUNDAY

September 1, 2021 thru November 7, 2021

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

LEGEND	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA scheduled programs (Space is scheduled)
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	Lap Lanes										Beach			
	10	9	8	7	6	5	4	3	2	1	3	2	1	
9:00 AM	Swimming Lessons				Lap Swim / Water Walking ONLY			Swimming Lessons						9:00 AM
9:30 AM														9:30 AM
10:00 AM														10:00 AM
10:30 AM														10:30 AM
11:00 AM														11:00 AM
11:30 AM	Swimming Lessons				Lap Swim / Water Walking ONLY			Swimming Lessons						11:30 AM
12:00 PM														12:00 PM
12:30 PM														12:30 PM
1:00 PM														1:00 PM
1:30 PM														1:30 PM
2:00 PM	Recreational Play/Swim/Dive		Lap Swim / Water Walking ONLY			Swimming Lessons						2:00 PM		
2:30 PM												2:30 PM		
3:00 PM												3:00 PM		
3:30 PM	Recreational Play/Swim/Dive		Lap Swim / Water Walking ONLY			Swimming Lessons						3:30 PM		
4:00 PM												4:00 PM		
4:30 PM												4:30 PM		
5:00 PM	Swim Team Prep Class			Lap Swim / Water Walking ONLY			Swim Team			Recreational Play/Swim/Dive			5:00 PM	
5:30 PM													5:30 PM	
	10	9	8	7	6	5	4	3	2	1	3	2	1	
	Lap Lanes										Beach			

South Run Rec Center

MONDAY

September 1, 2021 thru November 7, 2021

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LEGEND	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA scheduled programs (Space is scheduled)
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	Lap Lanes										Beach				
	10	9	8	7	6	5	4	3	2	1	3	2	1		
6:30 AM			Swim Team												6:30 AM
7:00 AM			Swim Team											7:00 AM	
7:30 AM														7:30 AM	
8:00 AM	Water Exercise													8:00 AM	
8:30 AM														8:30 AM	
9:00 AM								Water Exercise					9:00 AM		
9:30 AM														9:30 AM	
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3:00 PM														3:00 PM	
3:30 PM		Swim Team												3:30 PM	
4:00 PM		Swim Team												4:00 PM	
4:30 PM		Swim Team												4:30 PM	
5:00 PM		Swim Team											5:00 PM		
5:30 PM		Swim Team											5:30 PM		
6:00 PM	Swimming Lessons							Swimming Lessons						6:00 PM	
6:30 PM	Swimming Lessons							Swimming Lessons						6:30 PM	
7:00 PM	Swimming Lessons							Swimming Lessons						7:00 PM	
7:30 PM	Swimming Lessons							Swimming Lessons						7:30 PM	
8:00 PM	Swimming Lessons							Swimming Lessons						8:00 PM	
8:30 PM	Swimming Lessons							Swimming Lessons						8:30 PM	

South Run Rec Center

TUESDAY

September 1, 2021 thru November 7, 2021

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LEGEND	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA scheduled programs (Space is scheduled)
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	Lap Lanes										Beach				
	10	9	8	7	6	5	4	3	2	1	3	2	1		
6:30 AM			Swim Team												6:30 AM
7:00 AM														7:00 AM	
7:30 AM														7:30 AM	
8:00 AM	Water Exercise													8:00 AM	
8:30 AM														8:30 AM	
9:00 AM														9:00 AM	
9:30 AM														9:30 AM	
10:00 AM	Lap Swimming Class							Water Exercise						10:00 AM	
10:30 AM								Water Exercise						10:30 AM	
11:00 AM								Water Exercise						11:00 AM	
11:30 AM														11:30 AM	
12:00 PM														12:00 PM	
12:30 PM														12:30 PM	
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1:30 PM														1:30 PM	
2:00 PM														2:00 PM	
2:30 PM														2:30 PM	
3:00 PM														3:00 PM	
3:30 PM		Swim Team												3:30 PM	
4:00 PM		Swim Team												4:00 PM	
4:30 PM		Swim Team												4:30 PM	
5:00 PM		Swim Team												5:00 PM	
5:30 PM		Swim Team												5:30 PM	
6:00 PM	Swimming Lessons							Swimming Lessons						6:00 PM	
6:30 PM	Swimming Lessons							Swimming Lessons						6:30 PM	
7:00 PM	Swimming Lessons							Swimming Lessons						7:00 PM	
7:30 PM	Swimming Lessons													7:30 PM	
8:00 PM	Swimming Lessons													8:00 PM	
8:30 PM	Swimming Lessons													8:30 PM	
	10	9	8	7	6	5	4	3	2	1	3	2	1		
	Lap Lanes										Beach				

South Run Rec Center

WEDNESDAY

September 1, 2021 thru November 7, 2021

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LEGEND	Recreational Play/Swim/Dive	Lap Swim / Water Walking ONLY	FCPA scheduled programs (Space is scheduled)
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	Lap Lanes										Beach				
	10	9	8	7	6	5	4	3	2	1	3	2	1		
6:30 AM			Swim Team												6:30 AM
7:00 AM			Swim Team												7:00 AM
7:30 AM			Swim Team												7:30 AM
8:00 AM	Water Exercise													8:00 AM	
8:30 AM	Water Exercise													8:30 AM	
9:00 AM								Water Exercise						9:00 AM	
9:30 AM								Water Exercise			Swimming Lessons			9:30 AM	
10:00 AM								Water Exercise			Swimming Lessons			10:00 AM	
10:30 AM								Water Exercise			Swimming Lessons			10:30 AM	
11:00 AM								Water Exercise			Swimming Lessons			11:00 AM	
11:30 AM								Water Exercise			Swimming Lessons			11:30 AM	
12:00 PM	Home School Swimming Lessons													12:00 PM	
12:30 PM	Home School Swimming Lessons													12:30 PM	
1:00 PM	Home School Swimming Lessons													1:00 PM	
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2:00 PM	Home School Swimming Lessons								Home School Swimming Lessons					2:00 PM	
2:30 PM	Home School Swimming Lessons									Home School Swimming Lessons				2:30 PM	
3:00 PM	Home School Swimming Lessons									Home School Swimming Lessons				3:00 PM	
3:30 PM														3:30 PM	
4:00 PM	Swim Team													4:00 PM	
4:30 PM	Swim Team													4:30 PM	
5:00 PM	Swim Team													5:00 PM	
5:30 PM	Swim Team													5:30 PM	
6:00 PM	Swimming Lessons							Swimming Lessons						6:00 PM	
6:30 PM	Swimming Lessons							Swimming Lessons						6:30 PM	
7:00 PM	Swimming Lessons							Swimming Lessons						7:00 PM	
7:30 PM	Swimming Lessons							Swimming Lessons						7:30 PM	
8:00 PM	Swimming Lessons							Swimming Lessons						8:00 PM	
8:30 PM	Swimming Lessons							Swimming Lessons						8:30 PM	
	10	9	8	7	6	5	4	3	2	1	3	2	1		
	Lap Lanes										Beach				

South Run Rec Center

THURSDAY

September 1, 2021 thru November 7, 2021

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	Lap Lanes										Beach				
	10	9	8	7	6	5	4	3	2	1	3	2	1		
6:30 AM			Swim Team												6:30 AM
7:00 AM														7:00 AM	
7:30 AM														7:30 AM	
8:00 AM	Water Exercise													8:00 AM	
8:30 AM														8:30 AM	
9:00 AM								Water Exercise						9:00 AM	
9:30 AM	Lap swimming class							Water Exercise						9:30 AM	
10:00 AM	Lap swimming class							Water Exercise						10:00 AM	
10:30 AM	Lap swimming class							Water Exercise						10:30 AM	
11:00 AM	Lap swimming class							Water Exercise						11:00 AM	
11:30 AM	Lap swimming class							Water Exercise						11:30 AM	
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3:30 PM		Swim Team												3:30 PM	
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4:30 PM		Swim Team												4:30 PM	
5:00 PM		Swim Team												5:00 PM	
5:30 PM		Swim Team												5:30 PM	
6:00 PM	Swimming Lessons							Swimming Lessons							6:00 PM
6:30 PM	Swimming Lessons							Swimming Lessons							6:30 PM
7:00 PM	Swimming Lessons							Swimming Lessons							7:00 PM
7:30 PM	Swimming Lessons													7:30 PM	
8:00 PM	Swimming Lessons													8:00 PM	
8:30 PM	Swimming Lessons													8:30 PM	
	10	9	8	7	6	5	4	3	2	1	3	2	1		
	Lap Lanes										Beach				

South Run RECenter

FRIDAY

September 1, 2021 thru November 7, 2021

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	Lap Lanes										Beach				
	10	9	8	7	6	5	4	3	2	1	3	2	1		
6:30 AM			Swim Team												6:30 AM
7:00 AM			Swim Team												7:00 AM
7:30 AM			Swim Team												7:30 AM
8:00 AM	Water Exercise													8:00 AM	
8:30 AM	Water Exercise													8:30 AM	
9:00 AM								Water Exercise			Swimming lessons			9:00 AM	
9:30 AM								Water Exercise						9:30 AM	
10:00 AM								Water Exercise						10:00 AM	
10:30 AM								Water Exercise						10:30 AM	
11:00 AM								Water Exercise						11:00 AM	
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5:00 PM		Swim Team												5:00 PM	
5:30 PM		Swim Team										Swimming Lessons		5:30 PM	
6:00 PM	Swim lessons													6:00 PM	
6:30 PM	Swim lessons													6:30 PM	
7:00 PM		Swim Team							Lessons					7:00 PM	
7:30 PM		Swim Team							Lessons					7:30 PM	
8:00 PM		Swim Team							Lessons					8:00 PM	
8:30 PM		Swim Team							Lessons					8:30 PM	
	10	9	8	7	6	5	4	3	2	1	3	2	1		
	Lap Lanes										Beach				