

April 2024



SOUTH RUN RECCENTER POOL CALENDAR

7550 Reservation Drive Springfield, Virginia 703-866-0566 [South Run Rec Center](https://www.fairfaxcounty.gov/south-run-rec-center)
AQUATICS DIRECTOR: JOHN SIFRIT (JOHN.SIFRIT@FAIRFAXCOUNTY.GOV)

| SUNDAY 9am-6pm | MONDAY 6:30am-9pm | TUESDAY 6:30am-9pm | WEDNESDAY 6:30am-9pm | THURSDAY 6:30am-9pm | FRIDAY 6:30am-9pm | SATURDAY 9am-6pm |
|----------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------|-----------------------|--------------------------------------------------------------------------------------|------------------------|---------------------------------------------------|----------------------------------------------------------------------------------------------------------|
| | 1 | 2 | 3 | 4 | 5 | 6 CLASSES LAP SWIM ONLY LIMITED LAP LANES BEACH AREA CLOSED 9AM-12PM |
| | 3:30PM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL | | | | | |
| 7 CLASSES LAP SWIM ONLY LIMITED LAP LANES BEACH AREA CLOSED 9AM-12PM | 8 | 9 | 10 | 11 | 12 | 13 CLASSES LAP SWIM ONLY LIMITED LAP LANES BEACH AREA CLOSED 9AM-12PM |
| | 3:30PM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL | | | | | |
| 14 CLASSES LAP SWIM ONLY LIMITED LAP LANES BEACH AREA CLOSED 9AM-12PM | 15 | 16 | 17 | 18 | 19 | 20 Last Day of CLASSES LAP SWIM ONLY LIMITED LAP LANES BEACH AREA CLOSED 9AM-12PM |
| | 3:30PM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL | | | | | |
| 21 Last Day of CLASSES LAP SWIM ONLY LIMITED LAP LANES BEACH AREA CLOSED 9AM-12PM | 22 | 23 | 24 | 25 | 26 | 27 First Day of CLASSES LAP SWIM ONLY LIMITED LAP LANES BEACH AREA CLOSED 9AM-12PM |
| | 3:30PM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL | | | | | |
| 28 First Day of CLASSES LAP SWIM ONLY LIMITED LAP LANES BEACH AREA CLOSED 9AM-12PM | 29 | 30 | Best Times for a Lap Lane Saturday:1pm-4pm Sunday:2pm-4pm Mon-Fri:12-3:30pm | | NOW HIRING: • Lifeguards • Swim Instructors | |
| | 3:30PM-9PM LIMITED SPACE AVAILABLE DUE TO RENTALS & CLASSES IN POOL | | | | | |

Know Before You Go!

- Pool space and calendar is subject to change without notice.
- Avoid the wait and peak times, our **lap lane availability information** is available at the Front Desk or on the website.
- The pool may be open during class, rental and camp swim times. When the pool is open **AT LEAST** 3 lanes are available to the public while the pool is open. Please be aware of the open space during swim lessons. Please note class and lap swimming only times on weekdays and weekends noted on the calendar.
- Any person not in classes must pay the admission fee to use the pool. Non-swimmers or those using lifejackets must be under direct supervision of a supervising adult.
- Keep an eye on your child!** In-water supervision required for all children under 5. Those who can not swim 25 yards without stopping must not go in to water past their shoulders. Children under 10 years must have actively engaged supervision.
- Please lock all valuables. FCPA is not responsible for lost or stolen items.



If accommodations and/or alternative formats are needed, please call (703) 324-8563, at least ten working days in advance of the registration deadline or event. TTY (703) 803-3354

South Run RECenter

SATURDAY

April 1st through April 30st

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

| LEGEND | | | Recreational Play/Swim/Dive | | | Lap Swim / Water Walking ONLY | | | FCPA scheduled programs (Space is scheduled) | | | | |
|------------------|---|---|-----------------------------|---|---|-------------------------------|---|---|----------------------------------------------|---|---|----------|---------|
| Lap Lanes | | | | | | | | | Beach | | | | |
| 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | | |
| Swimming Lessons | | | | | | Swimming Lessons | | | | | | 9:00 AM | |
| | | | | | | | | | | | | 9:30 AM | |
| | | | | | | | | | | | | 10:00 AM | |
| | | | | | | | | | | | | 10:30 AM | |
| | | | | | | | | | | | | 11:00 AM | |
| | | | | | | | | | | | | 11:30 AM | |
| | | | | | | | | | | | | 12:00 PM | |
| Lifeguard class | | | | | | | | | | | | 12:30 PM | |
| | | | | | | | | | | | | 1:00 PM | |
| | | | | | | | | | | | | 1:30 PM | |
| | | | | | | | | | | | | 2:00 PM | |
| | | | | | | | | | | | | 2:30 PM | |
| | | | | | | | | | | | | 3:00 PM | |
| | | | Swim Team | | | | | | | | | 3:30 PM | |
| | | | | | | | | | | | | | 4:00 PM |
| | | | | | | | | | | | | | 4:30 PM |
| | | | | | | | | | | | | | 5:00 PM |
| | | | | | | | | | | | | 5:30 PM | |
| 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | | |
| Lap Lanes | | | | | | | | | Beach | | | | |

South Run RECenter

SUNDAY

April 1st through April 30st

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

| LEGEND | | Recreational Play/Swim/Dive | | Lap Swim / Water Walking ONLY | | FCPA scheduled programs (Space is scheduled) | | | | | | | |
|----------------------|---|-----------------------------|---|-------------------------------|---|----------------------------------------------|---|---|-------|-------|---|----------|---------|
| Lap Lanes | | | | | | | | | | Beach | | | |
| 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | | |
| Swimming Lessons | | | | | | Swimming Lessons | | | | | | 9:00 AM | |
| | | | | | | | | | | | | 9:30 AM | |
| | | | | | | | | | | | | 10:00 AM | |
| | | | | | | | | | | | | 10:30 AM | |
| | | | | | | | | | | | | 11:00 AM | |
| | | | | | | | | | | | | 11:30 AM | |
| Lifeguard class | | | | | | | | | | | | 12:00 PM | |
| | | | | | | | | | | | | 12:30 PM | |
| | | | | | | | | | | | | 1:00 PM | |
| | | | | | | | | | | | | 1:30 PM | |
| | | | | | | | | | | | | 2:00 PM | |
| | | | | | | | | | | | | 2:30 PM | |
| Swim Team Prep Class | | | | | | | | | | | | 3:00 PM | |
| | | | | | | | | | | | | | 3:30 PM |
| | | | | | | | | | | | | | 4:00 PM |
| | | | | | | | | | | | | | 4:30 PM |
| | | | | | | | | | | | | | 5:00 PM |
| | | | | | | | | | | | | | 5:30 PM |
| 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | | |
| Lap Lanes | | | | | | | | | Beach | | | | |

South Run RECenter

MONDAY

April 1st through April 30st

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

| LEGEND | Recreational Play/Swim/Dive | Lap Swim / Water Walking ONLY | FCCA scheduled programs (Space is scheduled) |
|--------|-----------------------------|-------------------------------|----------------------------------------------|
|--------|-----------------------------|-------------------------------|----------------------------------------------|

| | Lap Lanes | | | | | | | | | | Beach | | | |
|----------|------------------|-----------|-----------|---|---|---|---|------------------|---|---|------------------|---|---|----------|
| | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | |
| 6:30 AM | | | Swim Team | | | | | | | | | | | 6:30 AM |
| 7:00 AM | | | Swim Team | | | | | | | | | | | 7:00 AM |
| 7:30 AM | | | | | | | | | | | | | | 7:30 AM |
| 8:00 AM | Water Exercise | | | | | | | | | | | | | 8:00 AM |
| 8:30 AM | | | | | | | | | | | | | | 8:30 AM |
| 9:00 AM | | | | | | | | Water Exercise | | | | | | 9:00 AM |
| 9:30 AM | | | | | | | | | | | Swimming Lessons | | | 9:30 AM |
| 10:00 AM | | | | | | | | | | | | | | 10:00 AM |
| 10:30 AM | | | | | | | | | | | | | | 10:30 AM |
| 11:00 AM | | | | | | | | | | | | | | 11:00 AM |
| 11:30 AM | | | | | | | | | | | | | | 11:30 AM |
| 12:00 PM | | | | | | | | | | | | | | 12:00 PM |
| 12:30 PM | | | | | | | | | | | | | | 12:30 PM |
| 1:00 PM | | | | | | | | | | | | | | 1:00 PM |
| 1:30 PM | | | | | | | | | | | | | | 1:30 PM |
| 2:00 PM | | | | | | | | | | | | | | 2:00 PM |
| 2:30 PM | | | | | | | | | | | | | | 2:30 PM |
| 3:00 PM | | | | | | | | | | | | | | 3:00 PM |
| 3:30 PM | | Swim Team | | | | | | | | | | | | 3:30 PM |
| 4:00 PM | | | | | | | | | | | | | | 4:00 PM |
| 4:30 PM | | | | | | | | | | | | | | 4:30 PM |
| 5:00 PM | | | | | | | | | | | | | | 5:00 PM |
| 5:30 PM | | | | | | | | | | | | | | 5:30 PM |
| 6:00 PM | Swimming Lessons | | | | | | | Swimming Lessons | | | | | | 6:00 PM |
| 6:30 PM | | | | | | | | | | | | | | 6:30 PM |
| 7:00 PM | | | | | | | | | | | | | | 7:00 PM |
| 7:30 PM | | | | | | | | | | | | | | 7:30 PM |
| 8:00 PM | | | | | | | | | | | | | | 8:00 PM |
| 8:30 PM | | | | | | | | | | | | | | 8:30 PM |
| | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | |
| | Lap Lanes | | | | | | | | | | Beach | | | |

South Run RECenter

TUESDAY

April 1st through April 30st

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

| LEGEND | Recreational Play/Swim/Dive | Lap Swim / Water Walking ONLY | FCCA scheduled programs (Space is scheduled) |
|--------|-----------------------------|-------------------------------|----------------------------------------------|
|--------|-----------------------------|-------------------------------|----------------------------------------------|

| | Lap Lanes | | | | | | | | | | Beach | | | |
|----------|--------------------|-----------|---|---|---|---|---|------------------|---|---|-------|---|---|----------|
| | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | |
| 6:30 AM | | | | | | | | | | | | | | 6:30 AM |
| 7:00 AM | | | | | | | | | | | | | | 7:00 AM |
| 7:30 AM | | | | | | | | | | | | | | 7:30 AM |
| 8:00 AM | Water Exercise | | | | | | | | | | | | | 8:00 AM |
| 8:30 AM | | | | | | | | | | | | | | 8:30 AM |
| 9:00 AM | | | | | | | | Water Exercise | | | | | | 9:00 AM |
| 9:30 AM | Lap Swimming Class | | | | | | | | | | | | | 9:30 AM |
| 10:00 AM | | | | | | | | | | | | | | 10:00 AM |
| 10:30 AM | | | | | | | | | | | | | | 10:30 AM |
| 11:00 AM | | | | | | | | Water Exercise | | | | | | 11:00 AM |
| 11:30 AM | | | | | | | | | | | | | | 11:30 AM |
| 12:00 PM | | | | | | | | | | | | | | 12:00 PM |
| 12:30 PM | | | | | | | | | | | | | | 12:30 PM |
| 1:00 PM | | | | | | | | | | | | | | 1:00 PM |
| 1:30 PM | | | | | | | | | | | | | | 1:30 PM |
| 2:00 PM | | | | | | | | | | | | | | 2:00 PM |
| 2:30 PM | | | | | | | | | | | | | | 2:30 PM |
| 3:00 PM | | | | | | | | | | | | | | 3:00 PM |
| 3:30 PM | | Swim Team | | | | | | | | | | | | 3:30 PM |
| 4:00 PM | | | | | | | | | | | | | | 4:00 PM |
| 4:30 PM | | | | | | | | | | | | | | 4:30 PM |
| 5:00 PM | | | | | | | | | | | | | | 5:00 PM |
| 5:30 PM | | | | | | | | | | | | | | 5:30 PM |
| 6:00 PM | Swimming Lessons | | | | | | | Swimming Lessons | | | | | | 6:00 PM |
| 6:30 PM | | | | | | | | | | | | | | 6:30 PM |
| 7:00 PM | | | | | | | | | | | | | | 7:00 PM |
| 7:30 PM | | | | | | | | | | | | | | 7:30 PM |
| 8:00 PM | | | | | | | | | | | | | | 8:00 PM |
| 8:30 PM | | | | | | | | | | | | | | 8:30 PM |
| | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | |
| | Lap Lanes | | | | | | | | | | Beach | | | |

South Run RECenter

WEDNESDAY

April 1st through April 30st

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

| LEGEND | Recreational Play/Swim/Dive | Lap Swim / Water Walking ONLY | FCPA scheduled programs (Space is scheduled) |
|--------|-----------------------------|-------------------------------|----------------------------------------------|
|--------|-----------------------------|-------------------------------|----------------------------------------------|

| | Lap Lanes | | | | | | | | | | Beach | | | | |
|----------|------------------|-------------|-----------|---|---|---|---|------------------|-------------|---|------------------|------------------|---------|----------|----------|
| | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | | |
| 6:30 AM | | | Swim Team | | | | | | | | | | | | 6:30 AM |
| 7:00 AM | | | Swim Team | | | | | | | | | | | 7:00 AM | |
| 7:30 AM | | | | | | | | | | | | | | 7:30 AM | |
| 8:00 AM | Water Exercise | | | | | | | | | | | | | 8:00 AM | |
| 8:30 AM | | | | | | | | | | | | | | 8:30 AM | |
| 9:00 AM | | | | | | | | Water Exercise | | | | | | 9:00 AM | |
| 9:30 AM | | | | | | | | | | | Swimming Lessons | | | 9:30 AM | |
| 10:00 AM | | | | | | | | | | | | | | 10:00 AM | |
| 10:30 AM | | | | | | | | | | | | | | 10:30 AM | |
| 11:00 AM | | | | | | | | | | | | Swimming Lessons | | | 11:00 AM |
| 11:30 AM | | | | | | | | | | | | | | | 11:30 AM |
| 12:00 PM | | Home School | | | | | | | | | | | | | 12:00 PM |
| 12:30 PM | | | | | | | | | | | | | | 12:30 PM | |
| 1:00 PM | | | | | | | | | | | | | | 1:00 PM | |
| 1:30 PM | | | | | | | | | Home School | | | | | 1:30 PM | |
| 2:00 PM | | | | | | | | | | | | | | | 2:00 PM |
| 2:30 PM | | | | | | | | | | | | | | | 2:30 PM |
| 3:00 PM | | | | | | | | | | | Home School | | | 3:00 PM | |
| 3:30 PM | | Swim Team | | | | | | | | | | | | 3:30 PM | |
| 4:00 PM | | | | | | | | | | | | | | 4:00 PM | |
| 4:30 PM | | | | | | | | | | | | | | 4:30 PM | |
| 5:00 PM | | | | | | | | | | | | | | 5:00 PM | |
| 5:30 PM | | | | | | | | | | | | | | 5:30 PM | |
| 6:00 PM | Swimming Lessons | | | | | | | Swimming Lessons | | | | | | | 6:00 PM |
| 6:30 PM | | | | | | | | | | | | | | | 6:30 PM |
| 7:00 PM | | | | | | | | | | | | | | | 7:00 PM |
| 7:30 PM | | | | | | | | | | | | | | | 7:30 PM |
| 8:00 PM | | | | | | | | | | | | | | | 8:00 PM |
| 8:30 PM | | | | | | | | | | | | | 8:30 PM | | |
| | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | | |
| | Lap Lanes | | | | | | | | | | Beach | | | | |

South Run RECenter

THURSDAY

April 1st through April 30st

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For special event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is **subject to change** and is only applicable to the day and date range provided.*

| LEGEND | Recreational Play/Swim/Dive | Lap Swim / Water Walking ONLY | FCCA scheduled programs (Space is scheduled) |
|--------|-----------------------------|-------------------------------|----------------------------------------------|
|--------|-----------------------------|-------------------------------|----------------------------------------------|

| | Lap Lanes | | | | | | | | | | Beach | | | |
|----------|--------------------|-----------|---|---|---|---|---|------------------|---|---|-------|---|---|----------|
| | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | |
| 6:30 AM | | | | | | | | | | | | | | 6:30 AM |
| 7:00 AM | | | | | | | | | | | | | | 7:00 AM |
| 7:30 AM | | | | | | | | | | | | | | 7:30 AM |
| 8:00 AM | Water Exercise | | | | | | | | | | | | | 8:00 AM |
| 8:30 AM | | | | | | | | | | | | | | 8:30 AM |
| 9:00 AM | | | | | | | | | | | | | | 9:00 AM |
| 9:30 AM | Lap Swimming Class | | | | | | | Water Exercise | | | | | | 9:30 AM |
| 10:00 AM | | | | | | | | | | | | | | 10:00 AM |
| 10:30 AM | | | | | | | | | | | | | | 10:30 AM |
| 11:00 AM | | | | | | | | | | | | | | 11:00 AM |
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| 2:00 PM | | | | | | | | | | | | | | 2:00 PM |
| 2:30 PM | | | | | | | | | | | | | | 2:30 PM |
| 3:00 PM | | | | | | | | | | | | | | 3:00 PM |
| 3:30 PM | | Swim Team | | | | | | | | | | | | 3:30 PM |
| 4:00 PM | | | | | | | | | | | | | | 4:00 PM |
| 4:30 PM | | | | | | | | | | | | | | 4:30 PM |
| 5:00 PM | | | | | | | | | | | | | | 5:00 PM |
| 5:30 PM | | | | | | | | | | | | | | 5:30 PM |
| 6:00 PM | Swimming Lessons | | | | | | | Swimming Lessons | | | | | | 6:00 PM |
| 6:30 PM | | | | | | | | | | | | | | 6:30 PM |
| 7:00 PM | | | | | | | | | | | | | | 7:00 PM |
| 7:30 PM | | | | | | | | | | | | | | 7:30 PM |
| 8:00 PM | | | | | | | | | | | | | | 8:00 PM |
| 8:30 PM | | | | | | | | | | | | | | 8:30 PM |
| | 10 | 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | |
| | Lap Lanes | | | | | | | | | | Beach | | | |

South Run RECenter

FRIDAY

April 1st through April 30st

The chart below designates availability of pool spaces for lap lane as well as recreational pool users. Please use the legend below for assistance based on your recreational interest. For event or holiday schedules, please refer to our pool calendar. A minimum of 3 lanes is available for lap swimmers and water walkers during open facility times. *Please note this information is subject to change and is only applicable to the day and date range provided.*

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|------------------|-----------|-----------------------------|---|------------------|---|-------------------------------|------------------|---|------------------|----------------------------------------------|---------|---------|---------|------------------|----------|
| Lap Lanes | | | | | | | | | | Beach | | | | | |
| 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | | | | |
| | Swim Team | | | | | | | | | | | | 6:30 AM | | |
| | Swim Team | | | | | | | | | | | | 7:00 AM | | |
| | | | | | | | | | | | | | 7:30 AM | | |
| Water Exercise | | | | | | | | | | | | | 8:00 AM | | |
| | | | | | | | | | | | | | 8:30 AM | | |
| | | | | | | Water Exercise | | | Swimming Lessons | | | 9:00 AM | | | |
| | | | | | | | | | | | | | | 10:00 AM | |
| | | | | | | | | | | | | | | 10:30 AM | |
| | | | | | | | | | | | | | | 11:00 AM | |
| | | | | | | | | | | | | | | | 11:30 AM |
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| | | | | | | | | | | | | 2:30 PM | | | |
| | | | | | | | | | | | | 3:00 PM | | | |
| | | | | | | | | | | | | 3:30 PM | | | |
| | | | | | | | | | | | | 4:00 PM | | | |
| | Swim Team | | | | | | | | | | | | 4:30 PM | | |
| | | | | | | | | | | | | | 5:00 PM | | |
| | | | | | | | | | | | | | | Swimming Lessons | 5:30 PM |
| Swimming Lessons | | | | | | | Swimming lessons | | | | | 6:00 PM | | | |
| Swim Team | | | | | | | | | | | 6:30 PM | | | | |
| | | | | Swimming Lessons | | | | | | | 7:00 PM | | | | |
| | | | | | | | | | | | 7:30 PM | | | | |
| | | | | | | | | | | | 8:00 PM | | | | |
| | | | | | | | | | | | | 8:30 PM | | | |
| 9 | 8 | 7 | 6 | 5 | 4 | 3 | 2 | 1 | 3 | 2 | 1 | | | | |
| Lap Lanes | | | | | | | | | Beach | | | | | | |