

COMMONWEALTH OF VIRGINIA COUNTY OF FAIRFAX

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February 21, 2023

Joint Board Matter with Chairman McKay and Supervisor Walkinshaw 60th Anniversary of PRS

Members of the Board,

PRS started in 1963 as a social program to assist recently discharged patients from Western State Hospital. Since its inception, PRS has been providing mental health services and supporting individuals with mental illness and co-occurring disorders such as substance use disorder. PRS aims to change and save lives in our community by empowering hope, safety, recovery, wellness, independence, and community integration.

In August 2014, PRS and CrisisLink merged to transform the delivery of mental health services in response to the community's growing needs and the changing mental health landscape. As a result, CrisisLink is now a core program of PRS and offers crisis intervention and suicide prevention services, strengthening PRS' ability to offer 24-hour support not only in our region but also across the nation.

Over its 60-year history, PRS has grown and provides a broad continuum of behavioral health and crisis and suicide intervention services. PRS has added programs that support an expanded population of clients including young adults experiencing their first psychotic episode, integrated primary and behavioral health care services, mental health outpatient therapy, peer supports to families with children with mental health and/or substance use

disorders, and expanded CrisisLink's services to include regional crisis and suicide text line

and outbound well-check calls to isolated seniors in Fairfax County. A few of their long-

time programs include Individual Supported Employment Services, Community Support

Services, and Psychosocial Day Programs.

In FY 2022, 90% of individuals served avoided psychiatric hospitalization, 85% of

individuals served use coping skills to manage psychiatric symptoms or behavioral

challenges, and 85% of individuals served demonstrated their ability to complete basic

independent living tasks. PRS CrisisLink answered 84,008 calls, had 2,584 text

conversations, answered 28, 066 chats, and made 26, 774 outbound & follow-up contacts

for a total of over 140,000 contacts handled.

Without objection, we move that a proclamation be prepared and presented to PRS at a future

Board meeting to honor and celebrate 60 years of their commitment to changing and saving

lives.

The Honorable Dalia A. Palchik February 21, 2023 Page 2 of 2