

AQUA FLEX '26



**Saturday
November 7 • 2-4 p.m.**

Adults Only • \$10
Registration Required

**3 Rec Centers:
Oakmont
Audrey Moore
Franconia**

Take the plunge into aquatic fitness!
Sample various styles and intensities of water exercise during this two-hour aquatic fitness showcase.

Learn more and purchase today at www.fairfaxcounty.gov/parks/recenter/swimming



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For Inclusion and ADA
Support, call 703-324-8563.
TTY Va. Relay 711

