



School Field Trips Green Spring Gardens

Green and Growing Garden

Green and Growing Garden is a nature program that integrates the Virginia Standards of Learning for preschool and kindergarten students (SOL: K.6, K.10, Oral Language K.1, K.2). The program begins with an introduction to the gardens followed by a rotation through the following three stations:



Plant Life Cycle Station

Where do plants come from? Students will follow a seed as it is planted in the earth, sprouts roots and leaves, makes its own food, and produces fruit. Students will examine seeds, large and small, to see how they grow and learn the essential things plants need for life.

Soil Station

What is in soil? Students will dig dirt in our Family Garden and explore soil with magnifiers for a close look at living and non-living components of soil. Students will plant seeds in our garden and take some back to their classrooms for further exploration.



Sensory Garden

How can we use our five senses in the garden? We will *smell* and *taste* herbs, *see* a variety of colors and shapes, *feel* fuzzy leaves and stems, and *listen* to the songs of birds and insects. Play a sorting game of seeds and leaves as you learn about the plants and animals around you.



Green Spring Gardens

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If accommodations or alternative formats are needed, please call 703-324-8563 at least 10 working days before event.

