

# A message from Kathy Smith

Happy New Year! I wish you and your family prosperity and joy in the new year. My office will be closed on Monday, January 1. My staff and I will be back in the office on Tuesday, January 2.

Please take care on the roads on New Year's Eve. If you do not have a designated sober driver you may be eligible for SoberRide. You can get a free Lyft ride home up to \$15 in the Washington, D.C. coverage area until 4:00 a.m. on Monday, January 1, 2018. You must be 21 or older to use this service. More information is below.

In this week's newsletter you will find information about the First Hike Fairfax program, a video from Visit Fairfax about the Udvar-Hazy Center, information about an upcoming Environmental Quality Advisory Council meeting, and more.

Sincerely,

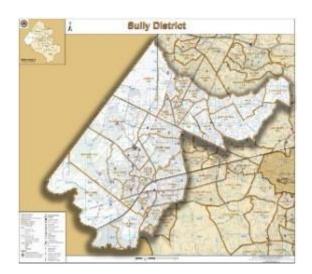
Katty

## Reminder - Get a Free Ride Home This Holiday Season





## Sully Land Use Spotlight



#### **Upcoming Meeting:**

Sully District Joint Land Use Committee Meeting -

The Sully District Joint Land Use Committee will be meeting on **Tuesday**, **January 2**, **2018 at the Sully Governmental Center (4900 Stonecroft Boulevard, Chantilly, VA 20151)**. This is a joint meeting by members of the Sully District Council of Citizens Associations (SDCCA) and West Fairfax Council of Citizens Associations (WFCCA). The meeting will be held from **7:00 to 9:00 p.m. in the Frank Room**.

## **First Hike Fairfax**



Start the year off right by getting a jump start burning off those extra holiday calories.

On New Year's Day, the Fairfax County Park Authority is joining with <u>America's</u> <u>State Parks</u> and <u>Virginia State Parks First Day Hike Programs</u> to get you outside and on the trail. Last year more than 55,000 people rang in the New Year throughout the country on hikes. First Hike Fairfax kicks off the Park Authority's <u>Healthy Strides: 12</u> <u>Steps for a Healthier Year</u> for 2018, a year of healthy living ideas for you and your family.

It's easy. It's fun. We've picked five starter hikes at some really great parks in Fairfax County. When we say hikes, we mean walking, jogging, biking, scenery strolling... It's all good. <u>Click here to get information about each self-guided hike</u>.

Grab a friend or family members and hike together. Share it on social media #FirstHikeFairfax. And don't forget to take your picture and enter to win great

prizes that will help you start getting active after the hike.

#### Steps to Participate:

- 1. Take a hike on January 1, 2018 on any of the 5 recommended Fairfax County Park Authority trails.
- Email us your photos. Submit up to two (2) pictures using the format outlined below to <u>parkpix@fairfaxcounty.gov</u>. Note: The size limit per email is 10MB – please submit a separate email with one picture attached to each email.
- 3. Include in the email subject line:
  - o picturetaker's full name
  - o name of park where the picture was taken.
  - the number of your picture (either 1 or 2)
  - (Example: John Smith Burke Lake Park1)
- 4. Include in the body of the email:
  - the picturetaker's mailing address.
  - the picturetaker's telephone number.
  - o full names of other persons appearing in the photos.
  - (Example: John Smith, 123 Park Drive, Fairfax, VA 22035. Sue Smith, Katrina Smith.
- All participants appearing and named in a contest photo and the picturetaker will receive one free RECenter Guest Pass as encouragement to keep active all year long.
- 6. All photos will be entered into our First Hike Fairfax photo contest on Facebook for a grand prize!

#### Submissions:

- Photos may include landscape, wildlife, or persons.
- By submitting a photo by email, you acknowledge that you have permission from all people in the photograph and from yourself for the Fairfax County Park Authority to use the photo as stated in the First Hike Fairfax Photo Release listed below.

- Photographs must not exceed 10 MB per photo. Photos must be JPG, TIFF, or .PNG files only.
- Minor digital enhancement for cropping, red-eye removal, filters and corrective functions are permitted, but images to be judged are not to be altered in any significant manner or they will be disqualified. Contestants are not permitted to place borders, frames or backgrounds around their images nor place watermarks, dates, signatures or copyright images onto photos.
- Please submit a separate email with one picture attached to each email.

#### Rules & Timeline:

- Photographs must have been taken at one of the five First Hike Fairfax locations on January 1, 2018.
- Photos must be submitted digitally via email to <u>parkpix@fairfaxcounty.gov</u> no later than Tuesday, January 2, 2018 at 8pm EST.
- No more than 2 photos per person will be accepted.
- Photos posted to social media with hashtag **#FirstHikeFairfax** are encouraged, but will not be accepted as contest entry.
- Photos will be reviewed by Park Authority staff and the Top 10 will be posted to the Park Authority Facebook page on January 5.
- All submitted pictures from First Hike Fairfax will appear online in the Park Authority <u>Flickr album</u>! Select pictures will be posted to Instagram, Facebook and other social media platforms.
- **Photo Release:** By submitting photographs, contestants give the Fairfax County Park Authority non-exclusive rights including but not limited to advertising, websites, social media, promotions, communications, publications, media relations and commercial resale use. Photo credit and compensation will not be granted except as stated above. Contestants retain their own usage rights.

Prizes:

#### Participants -

One free pass per person who appears in a First Hike Fairfax photo or is the picturetaker and whose full name is submitted in the email along with the photo. Passes will be distributed to the picturetaker by mail. The picturetaker must submit a valid mailing address and telephone number in the email submission.

#### Grand Prize (Photo Contest Winner) -

The Grand Prize will receive a free RECenter 4-month pass – a \$300 value.

#### The Grand Prize winning photo will be determined as follows:

- Park Authority staff vote for the top 10 photos overall, two from each hike.
- The Top 10 photos will be posted to the Park Authority Facebook page on January
  5. The winner will be determined by the number of public "likes" by Monday
  January 8 at 3 p.m.
- The Grand Prize winner will be announced via the Park Authority Facebook page by January 9.

## **Live Christmas Tree Disposal**



For those of you who decked your halls with a live Christmas tree, it may already be time to dispose of it. Much depends on when you got your tree, what condition the tree was in at the time and if you properly watered the tree throughout.

Regardless, you should consider getting rid of the tree immediately after Christmas or when it is dry. According to our partners in safety at the <u>National Fire Protection Association</u>, dried-out trees are a fire danger and should not be left in the home or garage, or placed outside against the home.

Fairfax County Department of Public Works and Environmental Services provides information on how you can recycle your live Christmas tree. Go here to learn more: <u>How</u> to Manage Yard Waste.



## **REVIVE! Training 2018 Schedule**

The federal government now reports that more people die from drug overdoses each year than in car crashes. In Northern Virginia, heroin-related deaths increased 164 percent (between 2011 and 2013). In Fairfax County, Fire and Rescue Department responded to 291 suspected heroin overdoses across the county (between 2011 and 2014). From 2013 to 2014, in Fairfax County, the number of deaths from heroin overdose doubled. REVIVE! is a program of the Commonwealth of Virginia that makes naloxone (Narcan®) available to lay rescuers to reverse opioid overdoses. Opioids include licit medications like hydrocodone and oxycodone, in addition to illicit drugs like heroin.

REVIVE! trains individuals on what to do and not do in an overdose situation, how to administer naloxone, and what to do afterwards. Each attendee also receives a free REVIVE! kit, which includes all the supplies needed to administer naloxone. The medication itself can be acquired at a pharmacy after completing the training. Attendees also receive a <u>safety plan</u> to help individuals prevent overdose if they relapse.

The <u>Community Services Board</u> has partnered with the <u>Virginia Department of</u> <u>Behavioral Health and Developmental Services</u> and the Chris Atwood Foundation to launch Project REVIVE! in our community.

#### Upcoming REVIVE Classes:

#### A New Beginning

4213 Walney Road, Chantilly, VA Gym Advance registration required. Contact <u>Miranda Gillespie</u>, 703 502-7021 or <u>Lisa</u> <u>Taylor</u>, 703 502-7016.

- Sunday, 1/21/18 3:00 p.m.
- Sunday, 2/18/18 3:00 p.m.
- Sunday, 3/18/18 3:00 p.m.
- Sunday, 4/15/18 3:00 p.m.
- Sunday, 5/20/18 3:00 p.m.
- Sunday, 6/17/18 3:00 p.m.

Revive Training of Trainers:

Participants who successfully complete the Training of Trainers class will be able to administer naloxone as well as train others to administer naloxone.

Training of Trainers sessions are held at the <u>Merrifield Center</u> (8221 Willow Oaks Corporate Drive, Fairfax VA 22031, Room 1-419/425 Lower Level East). Registration is required for the Training of Trainers – <u>register online</u> or contact <u>Lauren Krause Nickum</u> (703-352-3431) with questions.

• 3/20/18, Tuesday – Training of Trainers from 11:30 a.m. to 2:30 p.m.

#### Additional Classes:

Additional classes are available locally through the <u>Chris Atwood Foundation</u>. For other training offerings throughout Virginia, visit the <u>State's REVIVE! website</u>.

### Fairfax 275 Celebration - Udvar-Hazy Center



The Udvar-Hazy Center - an annex of the Smithsonian Air and Space Museum - features 3 levels of planes, including the SR-71 Blackbird.

### **Animal Shelter Corner**



Meet Chui!

Age: 12y 2m Gender: Male Color: Black Spayed/Neutered: Yes

#### Size: Small

Chui is a handsome little man who is reportedly housebroken, has lived with another small dog, and is a well-rounded, well-behaved boy. Chui's previous owner recently began caring for a small child, and unfortunately Chui didn't adjust well to the change in his routine! The owner said he would probably do well with older children, and one of the shelter's foster families agrees. They took Chui out for the day, and the two older children had this to say:

Brother: Today I walked Chui around Burke Lake Park. He has scruffy hair and adorable chocolate brown eyes, plus he knows how to sit! Although he may be older he still has a lot of energy. He would do better with older kids because he was a little scared of small children. That's really all I gathered on our four-hour adventure.

Sister: We took Chui around Burke Lake Park. He was good on a leash and never barked or growled at people or other dogs. He seemed uncomfortable with the smaller children but did fine with us. Chui got along well with our dog and was very active all day.

How can you not want to come visit Chui after those great reports?!

## **Volunteer Opportunity in Sully**



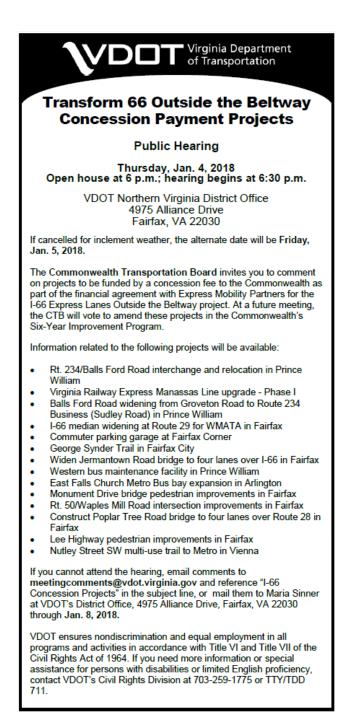
### **Sully Senior Center Bunko Leader**

The Sully Senior Center is looking for someone to lead Bunko once a month for two hours. The center has all of the supplies.

Location: 14426 Albemarle Point Place Chantilly, VA 20151

Contact: Volunteer Solutions 703-324-5406 VolunteerSolutions@fairfaxcounty.gov

## Reminder - VDOT Transform 66 Outside the Beltway Concession Payment Projects



## Environmental Quality Advisory Council Public Hearing



Each year, the Fairfax County <u>Environmental Advisory Council</u> (EQAC) holds a public hearing to get input on issues of environmental concern. The next public hearing has been scheduled for **Wednesday**, **January 10**, **2018 at 7:30 p.m.** 

### It will be held in **Conference Rooms 9 and 10 at the Fairfax County Government Center, 12000 Government Center Parkway, Fairfax, VA 22035.**

The hearing is a chance for you to share your thoughts on the state of the environment in the Fairfax, as well as identify environmental issues for the county.

To sign up to speak, call the Department of Planning and Zoning at 703-324-1380, TTY 711, or send an <u>e-mail message</u>. You also may submit written testimony <u>by</u> <u>email</u>, and video testimony will be accepted as well.

Upload a video—five minutes or less is preferred—to YouTube, Ustream or Vimeo,

and then <u>email the link</u> to it by Wednesday, January 3, 2018 at 5:00 p.m. No more than one video per person will be accepted. Videos will be screened in advance by county staff before they are played during the January 10 public hearing.

While EQAC's <u>2017 Annual Report on the Environment</u> was recently published, this hearing is not intended to focus on this report but rather to hear your views and concerns on environmental issues.

EQAC is appointed <u>to advise the Board of Supervisors</u> on environmental issues. In addition to its annual report, EQAC also holds <u>regular public meetings</u>, and it administers the annual <u>Environmental Excellence Awards</u>.

For more information or questions, call the Department of Planning and Zoning at 703-324-1380, TTY 711.

## **Clean Fairfax Council Workshop**



The <u>Clean Fairfax Council</u> will lead a two hour workshop to help communities surrounding the Cub Run Steam Valley Park to identify sources of pollution flowing into the stream and lead them in exercises designed to mitigate those effects. The last hour of the workshop will be public comment.

The workshop will be held at <u>Centreville Regional Library</u> (14200 St. Germain Drive, Centreville, VA 20121) in Meeting Rooms 1 & 2 on Saturday, January 13 from 1:00 to 4:00 p.m.