



FAIRFAX COUNTY DEPARTMENT OF  
**FAMILY SERVICES**



# SHAPE

the Future of Aging

Annual Report

June 2025

Presented to the Board of Supervisors  
Older Adults Committee





**Fairfax Area Disability Services Board (FA-DSB)/Fairfax Area Commission on Aging (FA-COA) Community Forums**

This initiative reflects a collaboration with the FA-DSB and the Fairfax Area COA to host forums during 2024 focused on older residents with disabilities to identify gaps in County services.

<b>STATUS:</b>	● ● ● ●	<b>DURATION:</b>	🕒 🕒
<b>PARTNERS:</b>	Fairfax Area Disability Services Board, Fairfax Area Commission on Aging	<b>NOTES:</b>	Completed. Two joint community forums were held in the summer of 2024. Themes from the community forums were captured and documented to inform future work and initiatives for the DSB and SHAPE. Goals have been met and initiative has been achieved.

**Increase Dementia Friendly (DF) Partners in the Fairfax Area**

This initiative seeks to build new partners as “Dementia Friendly” (DF) organizations in 3 Fairfax area sectors (local government, non-profit, and for-profit business) by May of 2028.

<b>STATUS:</b>	● ●	<b>DURATION:</b>	🕒 🕒 🕒
<b>PARTNERS:</b>	Dementia Friendly Fairfax Action Team, DFS A&A/AAA, Herralink, Wise Cities	<b>NOTES:</b>	This initiative will advance from 2 to 3 dots when short-term goals are met and partners are expanded beyond Fairfax AAA into other area sectors.

**HOUSING AND NEIGHBORHOOD SUPPORTS**

**Consumer Resource Guide to Home Repair and Renovation**

This initiative will develop a consumer resource guide for home repairs and modifications to support Fairfax Area adults aging in place.

<b>STATUS:</b>	● ● ●	<b>DURATION:</b>	🕒 🕒
<b>PARTNERS:</b>	Rebuilding Together	<b>NOTES:</b>	A resource guide was developed and made available to consumers in print and online through Rebuilding Together. The initiative has made significant progress and will advance from 3 to 4 dots when the guide is made available to consumers in additional languages.

### Home Sharing Guide Awareness Campaign

This initiative seeks to promote awareness in the community of the existing resource “A Consumer’s Guide to Home Sharing,” which was developed in partnership with the National Shared Housing Resource Center.

<b>STATUS:</b>	● ● ●	<b>DURATION:</b>	🕒 🕒
<b>PARTNERS:</b>	Department of Housing and Community Development, National Shared Housing Resource Center, Department of Neighborhood and Community Services	<b>NOTES:</b>	A fact sheet was developed to promote awareness of the existing resource, “A Consumer’s Guide to Home Sharing.” This initiative has made significant progress and will advance from 3 to 4 dots when information is made available to consumers in additional languages.

### ACCESS TO MOBILITY OPTIONS

#### Pilot Targeted Outreach of Transportation Resources Through Libraries

This initiative seeks to promote awareness of available transportation resources to caregivers through a pilot of targeted placement in libraries throughout the community.

<b>STATUS:</b>	● ● ●	<b>DURATION:</b>	🕒 🕒
<b>PARTNERS:</b>	Fairfax County Public Library, Department of Neighborhood and Community Services	<b>NOTES:</b>	Resource information was promoted through FCPL. This initiative has made significant progress and will move from 3 to 4 dots when other partner organizations are identified for additional dissemination of resources and outreach is expanded.

#### Community-Based Organization Volunteer Driver Recruitment Study

This initiative seeks to study the relationship between existing volunteers and recruitment strategies to bolster availability for volunteer-assisted transportation for adults.

<b>STATUS:</b>	● ● ●	<b>DURATION:</b>	🕒 🕒
<b>PARTNERS:</b>	NV Rides	<b>NOTES:</b>	This initiative has made significant progress and will advance to 4 dots when recommendations for future surveys are implemented, and data is gathered and analyzed to make recommendations.

## PERSONAL WELL-BEING

### *SAGE Cultural Competency Certification for AAA*

This AAA-led initiative seeks to address inclusion and build cultural competence by securing SAGE certification for AAA staff. SAGE is a national advocacy and services organization which has developed a cultural competency curriculum to educate providers about best practices in providing care to adults who identify as LGBTQ+.

<b>STATUS:</b>	● ● ● ●	<b>DURATION:</b>	🕒 🕒
<b>PARTNERS:</b>	Department of Family Services, SAGE- provider of Advocacy and Services to LGBTQ+ Elders	<b>NOTES:</b>	Completed. SAGE certification was obtained for AAA staff in 2024. Goals have been met and initiative has been achieved.

### *Pilot StrongerMemory Program in Senior Centers*

This initiative introduces StrongerMemory brain health and wellness programs into senior centers of Fairfax County and then the greater community. StrongerMemory will improve brain health, may reduce the risk of dementia, and will reduce loneliness and isolation.

<b>STATUS:</b>	● ● ●	<b>DURATION:</b>	🕒 🕒 🕒
<b>PARTNERS:</b>	Department of Neighborhood and Community Services, Goodwin Living	<b>NOTES:</b>	StrongerMemory was piloted in three senior centers in 2024 and will be offered in additional centers in the Spring of 2025. This initiative has made significant progress and will advance to 4 dots when the program is established as ongoing and expanded to additional centers.

### *Creating the Fairfax Culture of Connection- Coordinating Council on Aging and Adults with Disabilities (CCAAD) Pilot*

This initiative seeks to build awareness and educate the community on the importance of social connection in the Fairfax area through a pilot developed by the CCAAD. The pilot will build a coalition of partners and seek to combat social isolation through creating opportunities for connection to impact community wellbeing.

<b>STATUS:</b>	● ●	<b>DURATION:</b>	🕒 🕒 🕒
<b>PARTNERS:</b>	CCAAD, Department of Family Services, Neighborhood and Community Services	<b>NOTES:</b>	This will advance from 2 to 3 dots after the first year of the pilot is completed and data is analyzed to make recommendations to expand the work of the partnerships outside of the CCAAD pilot.

## ECONOMIC STABILITY AND PLANNING

### *Financial Planning Seminars in Senior Centers*

This initiative seeks to introduce financial planning seminars developed by the Financial Empowerment Center at South County (A Program of Britepaths) into senior centers. These seminars will offer information about “Budgeting on a Fixed Income” to help empower participants to be better prepared for the unexpected “budget busters” and take control of their financial planning.

<b>STATUS:</b>	● ● ●	<b>DURATION:</b>	🕒 🕒
<b>PARTNERS:</b>	Department of Neighborhood and Community Services, Financial Empowerment Center at South County (Britepaths)	<b>NOTES:</b>	This initiative has made significant progress and seminars have been made available through the Virtual Center for Active Adults. This will advance from 3 to 4 dots when training is made available in additional senior centers.

### *Increase Awareness of Silver Shield Anti-Scam Program*

This initiative seeks to promote awareness of the Silver Shield program through broad based community outreach. A Silver Shield scam prevention awareness flyer will be developed and distributed through the Fairfax County Department of Tax Administration property tax mailing for 2024.

<b>STATUS:</b>	● ● ● ●	<b>DURATION:</b>	🕒 🕒
<b>PARTNERS:</b>	Department of Tax Administration, Department of Family Services, Silver Shield Anti-Scam Program	<b>NOTES:</b>	Completed. Goals have been met and initiative has been achieved.

### *Advance Care Planning Workshop Pilot Series in Senior Centers*

This initiative seeks to introduce advance care planning workshops into senior centers. The goal is to empower community members with the knowledge and tools necessary for effective advance care planning through a targeted workshop series focusing on healthcare directives, communication strategies, and financial preparedness.

<b>STATUS:</b>	● ●	<b>DURATION:</b>	🕒 🕒 🕒
<b>PARTNERS:</b>	Goodwin Living Hospice, Department of Neighborhood and Community Services, Department of Family Services, Fairfax County Health Department	<b>NOTES:</b>	This initiative will advance from 2 to 3 dots after the first pilot workshops are conducted and workshops are implemented in additional senior centers.

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Plan 2023–2028



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