Fairfax County Youth Survey School Year 2011-2012

About the Fairfax County Youth Survey

It provides ***DATA*** to **county**, **school**, and **community–based organizations** to:

- Assess Youth **Strengths** and **Needs**
- Develop **Programs** and **Services**
- Monitor **Trends**
- **Measure** Community Indicators
- Guide Countywide **Planning** of **Prevention** Efforts

More About the Fairfax County Youth Survey

- **Comprehensive**
- **Anonymous**
- **Voluntary**

It examines the

- **Behaviors**,
- **Experiences**, and
- **Risk** and **Protective Factors** that influence the well-being of our county's youth.

Fairfax County Youth Survey Web Page

homepage > demographic and economic information > fairfax county youth survey reports:

Printer Friendly

Fairfax County Youth Survey

About The Fairfax County Youth Survey

- Youth Survey Frequently Asked Questions

School Year 2010-2011 Fairfax County Youth Survey

- 2010 Results Highlights Presentation
- 2010 Risk and Protective Factors Results Report
- 2010 6th Grade Youth Survey Results Report

If you use data from the 2010 survey, please cite *The 2010 Fairfax County Youth Survey Report* and reference www.fairfaxcounty.gov/youthsurvey.

School Year 2011-2012 Fairfax County Youth Survey

- 2011 Parent Letter and Opt-Out Form
  Arabic Chinese English Farsi Korean
  Spanish Urdu Vietnamese
- 2011 Healthy Behaviors Survey Instrument
  (8th, 10th, and 12th grades)
- 2011 6th Grade Youth Survey Instrument

County / Community Initiatives

Fairfax County's Prevention System

Fairfax County Public Schools Student Achievement Goals

Voices for Virginia's Children **Self-Portrait of Youth in Northern Virginia:** Summary Results of Northern Virginia Youth Health Risk Surveys

Prevention Toolkit
For suggestions, tools, and resources to assist in promoting the well-being of youth in our community. For more information, download About the Prevention Toolkit.

Results
2010, 2009, 2008, 2005, 2003, 2001

Survey Instruments and Information

Videos

Bullying and Cyberbullying and **Teen Dating Abuse** videos also available in Spanish, Korean, and Vietnamese.

Fact Sheets

NEW Fact Sheets Updated with School Year 2010-2011 Data

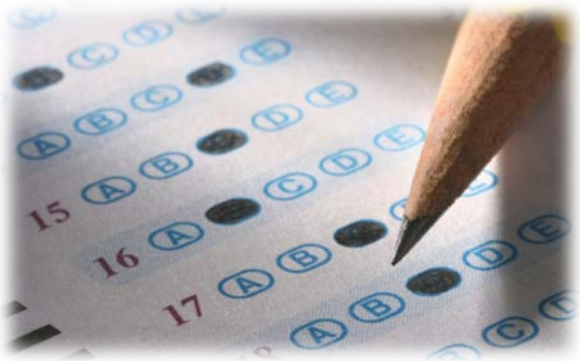
Publications are available in a PDF format. In order to view these files, you must have Adobe Acrobat Reader installed on your computer.

Get Acrobat Reader

www.fairfaxcounty.gov/youthsurvey

Fairfax County 2011 Youth Survey

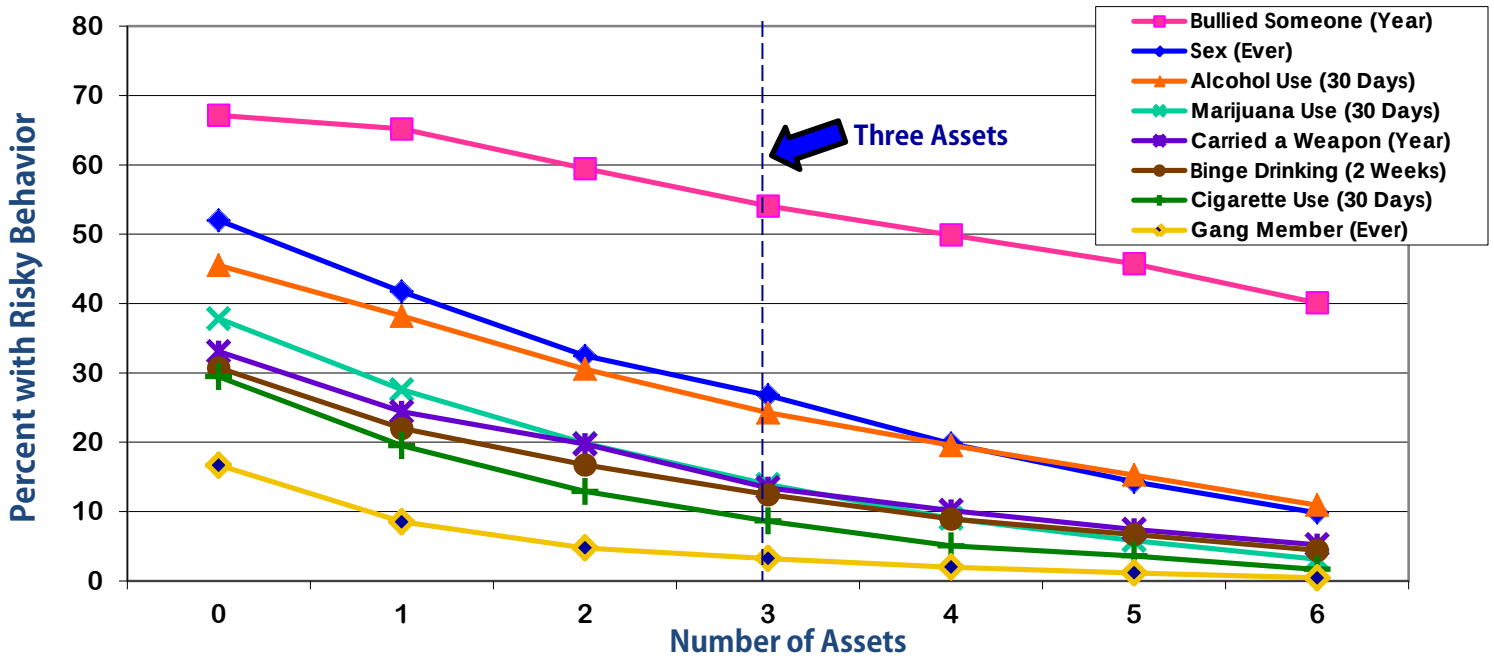
Fairfax County Youth Survey Participation



- **45,350 FCPS students**
- **Grades 6, 8, 10, and 12**
- **Representing 87% of enrolled students**

6th grade students take a shortened, modified survey.

Three to Succeed
Asset Graph for Fairfax County (Grades 8, 10, 12)



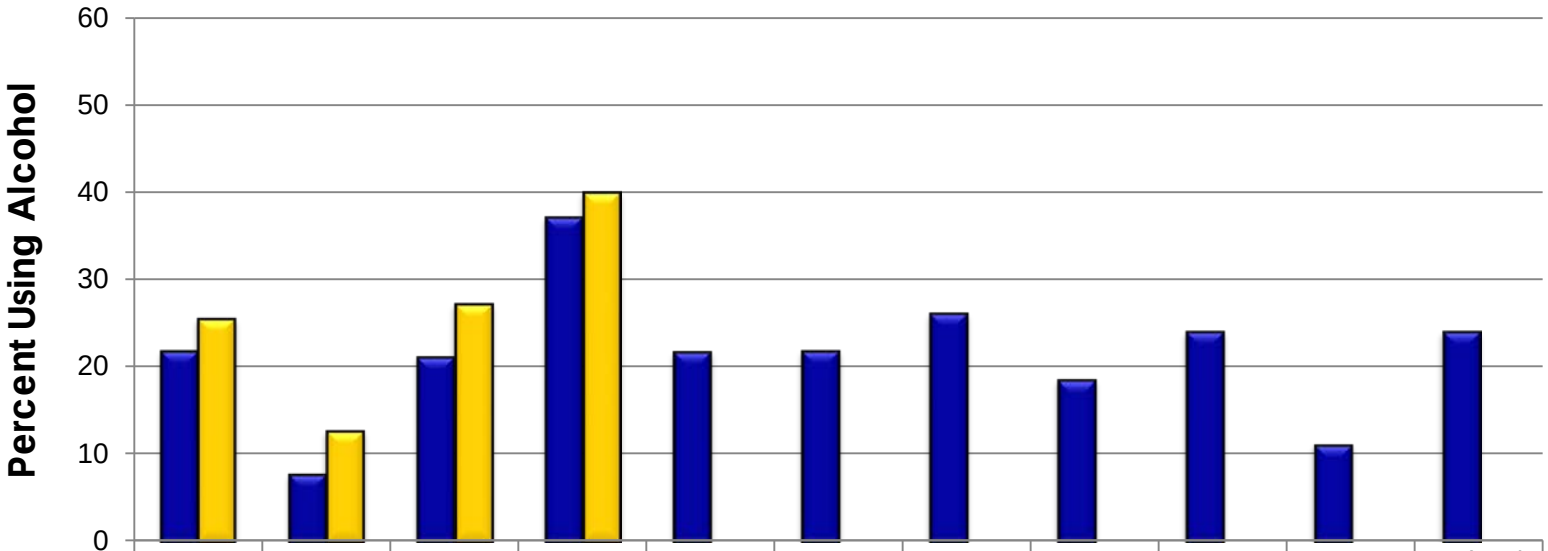
Having High Personal Integrity
Performing Community Service
Having Teachers Recognize Good Work
Having Community Adults to Talk to
Participating in Extracurricular Activities
Having Parents Available for Help

Fairfax County 2011 Youth Survey

Alcohol, Tobacco and Other Drug Use

Fairfax County 2011 Youth Survey

Percent Who Drank Alcohol in Past 30 Days

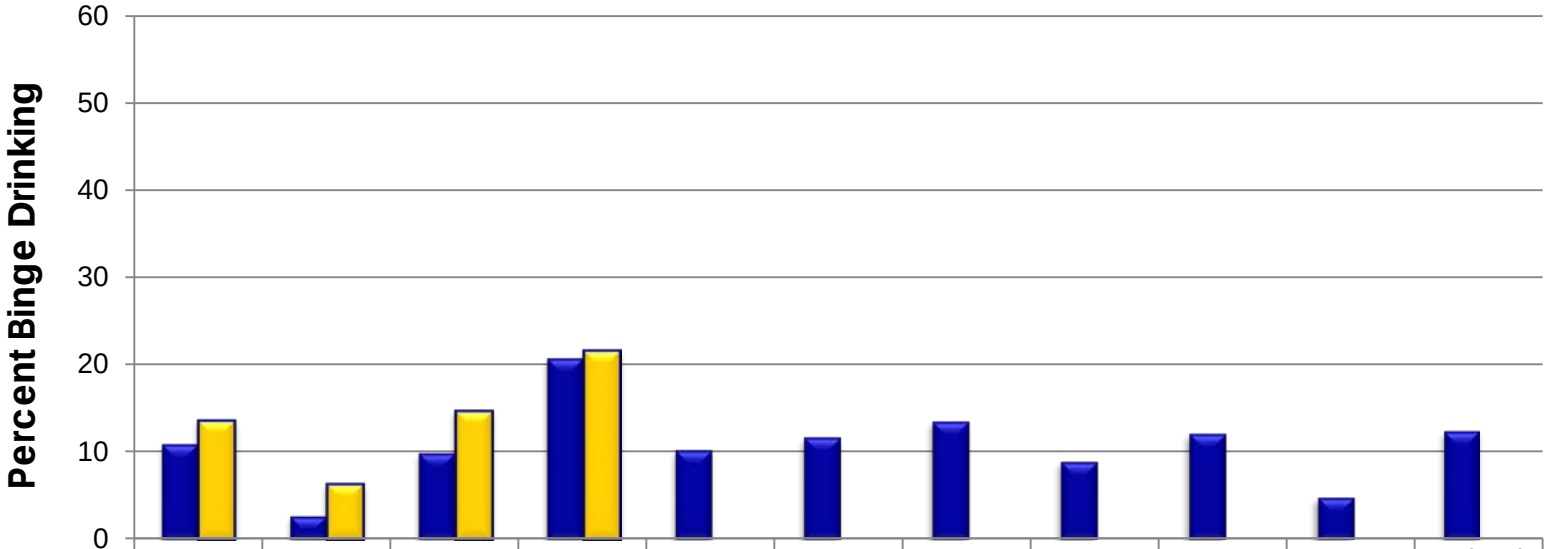


	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	21.8	7.7	21.1	37.1	21.7	21.8	26.1	18.5	24.0	11.1	24.0
US	25.5	12.7	27.2	40.0							

Note: 6th Grade Prevalence = 2.4%

Fairfax County 2011 Youth Survey

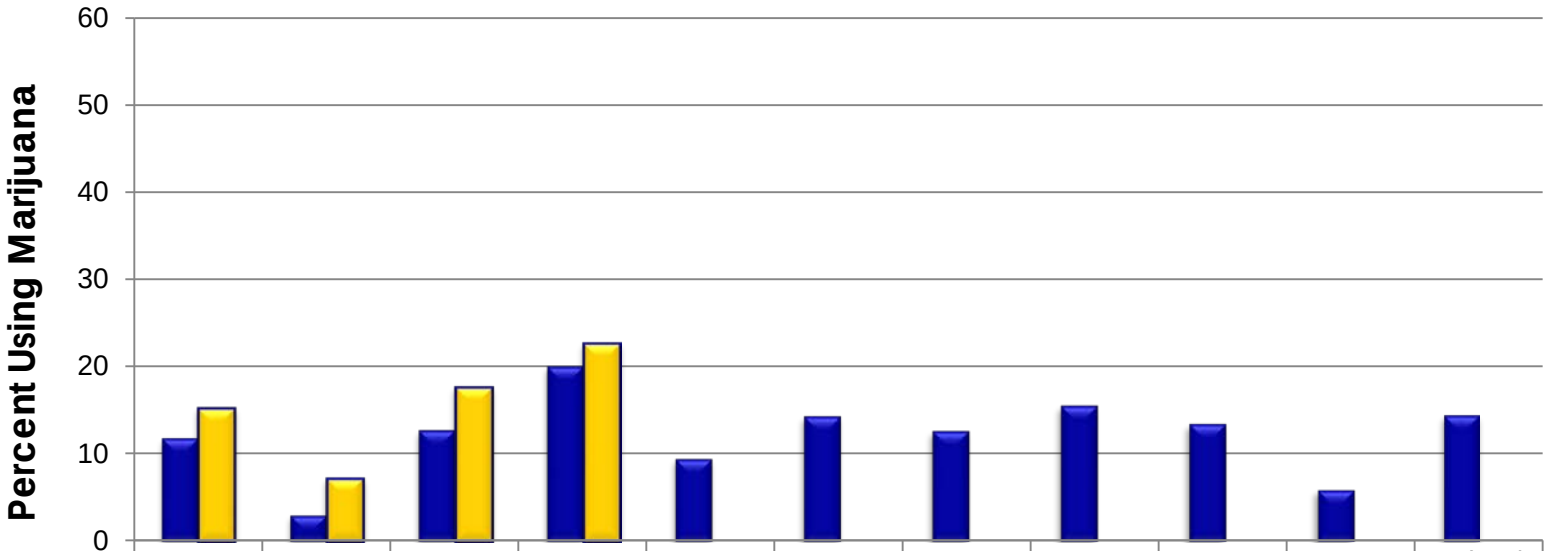
Percent Reporting Binge Drinking



	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	10.9	2.7	9.9	20.7	10.2	11.7	13.5	8.9	12.1	4.8	12.4
US	13.6	6.4	14.7	21.6							

Fairfax County 2011 Youth Survey

Percent Who Used Marijuana in Past 30 Days

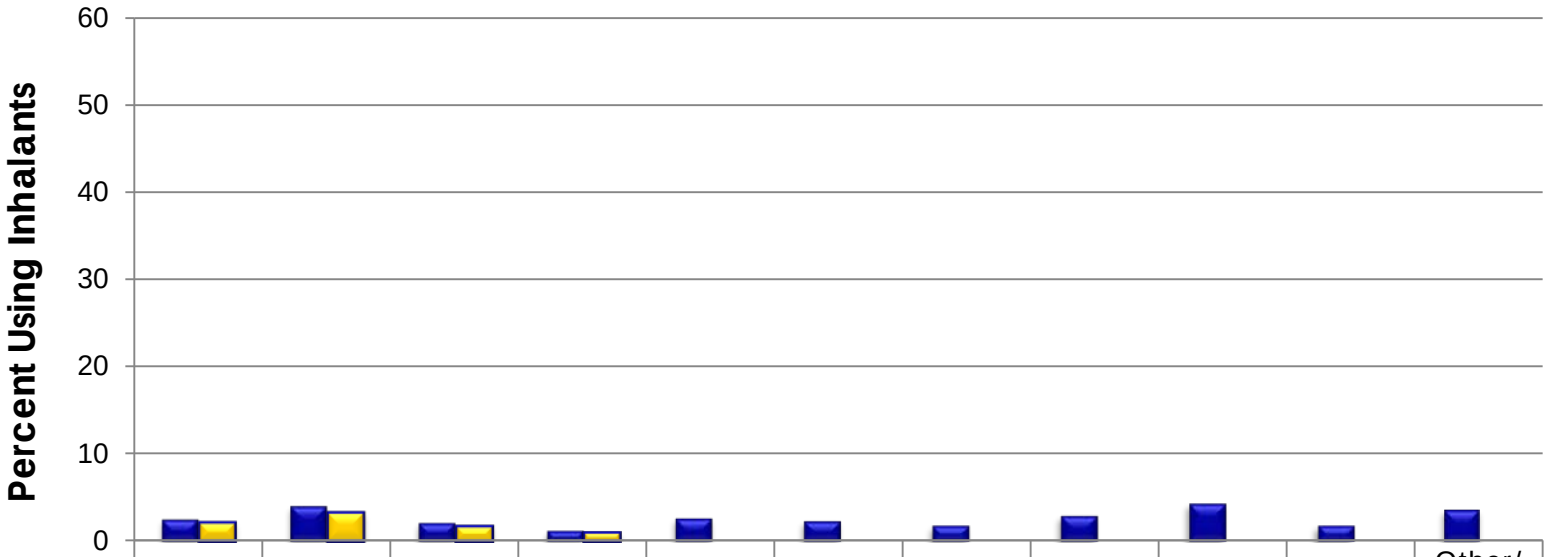


	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	11.8	3.0	12.7	20.0	9.5	14.3	12.6	15.5	13.4	5.9	14.4
US	15.2	7.2	17.6	22.6							

Note: 6th Grade Prevalence = 0.3%

Fairfax County 2011 Youth Survey

Percent Who Used Inhalants in Past 30 Days

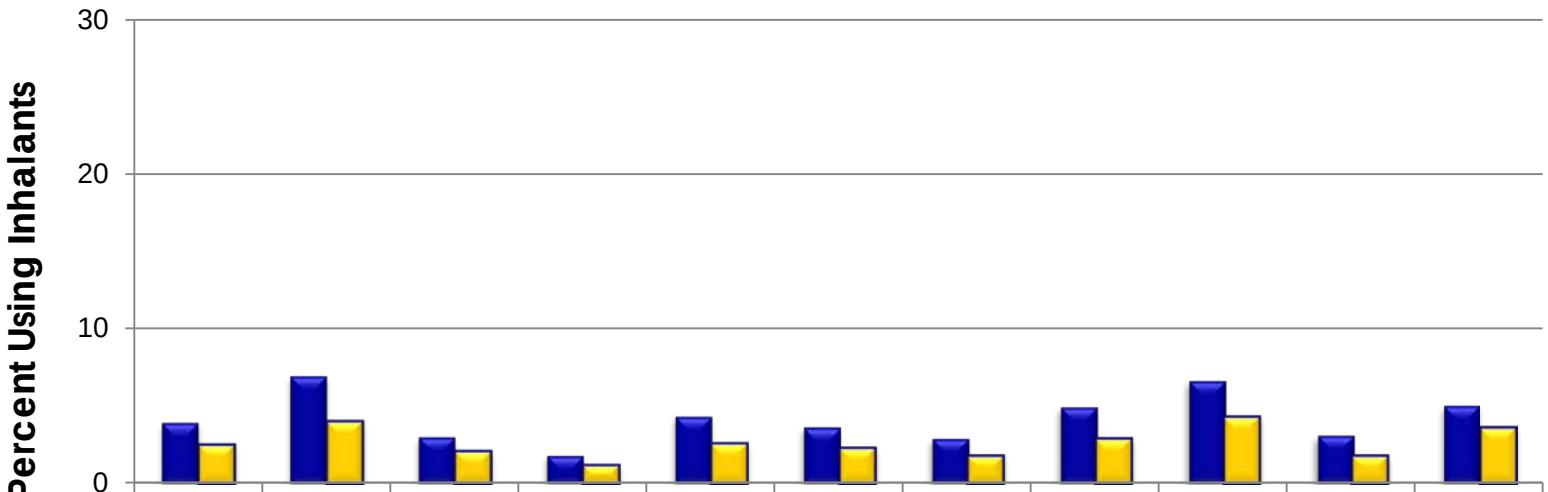


	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	2.5	4.0	2.1	1.2	2.6	2.3	1.8	2.9	4.3	1.8	3.6
US	2.1	3.2	1.7	1.0							

Note: 6th Grade Prevalence = 3.6%

Fairfax County 2011 Youth Survey

Inhalant Use Lower in 2011

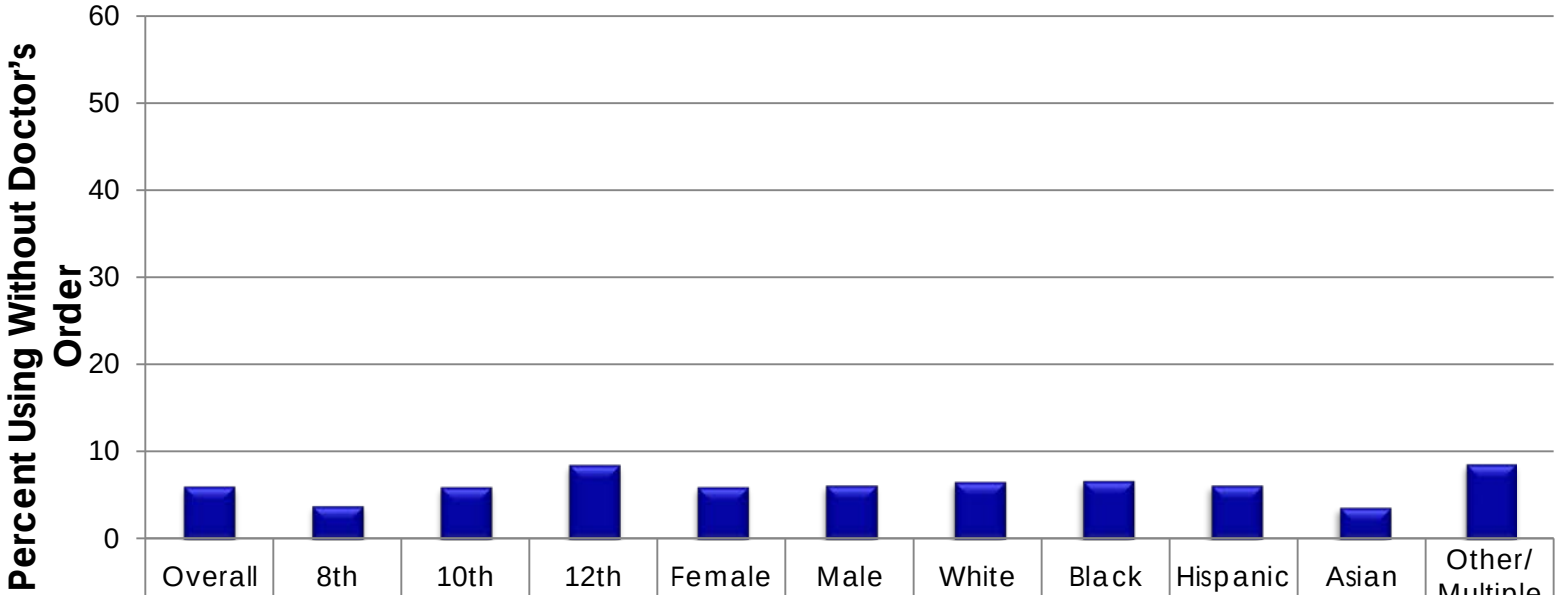


	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS 2010	3.9	6.9	3.0	1.8	4.3	3.6	2.9	4.9	6.6	3.1	5.0
FCPS 2011	2.5	4.0	2.1	1.2	2.6	2.3	1.8	2.9	4.3	1.8	3.6

Note: 6th Grade prevalence remained the same.

Fairfax County 2011 Youth Survey

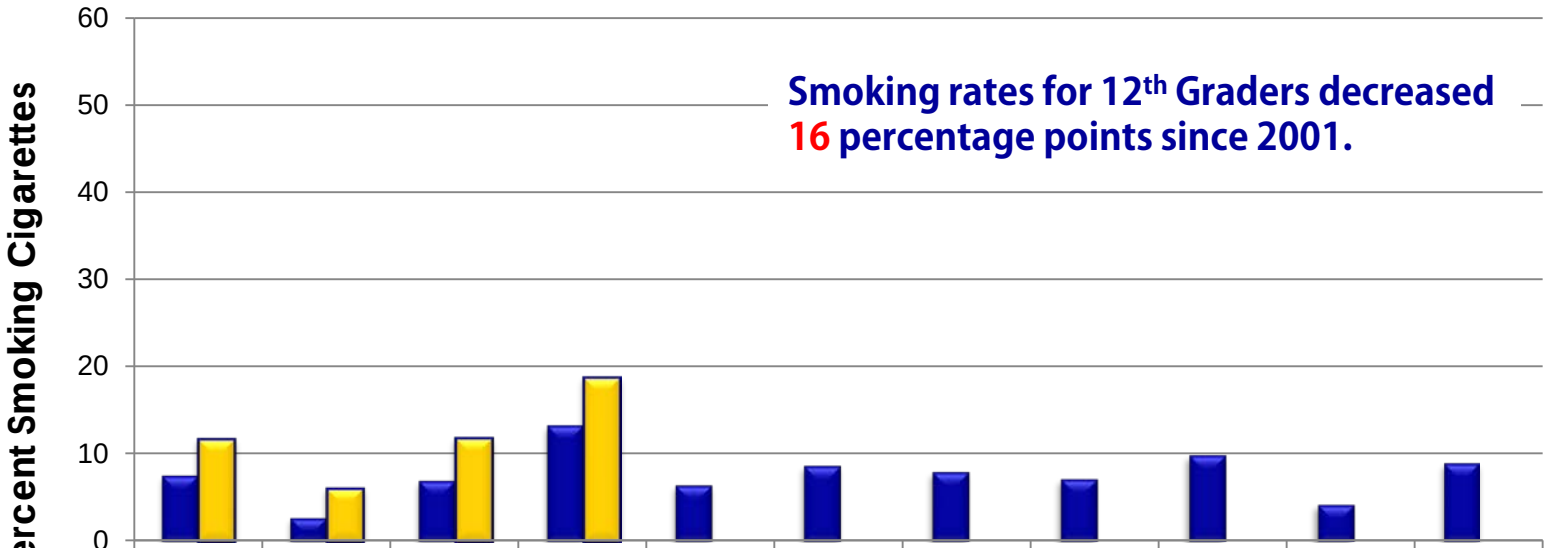
Percent Who Used Painkillers or Prescription Medication in Past 30 Days



	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	6.0	3.8	5.9	8.4	5.9	6.1	6.5	6.6	6.1	3.6	8.5

Fairfax County 2011 Youth Survey

Percent Who Smoked Cigarettes in Past 30 Days

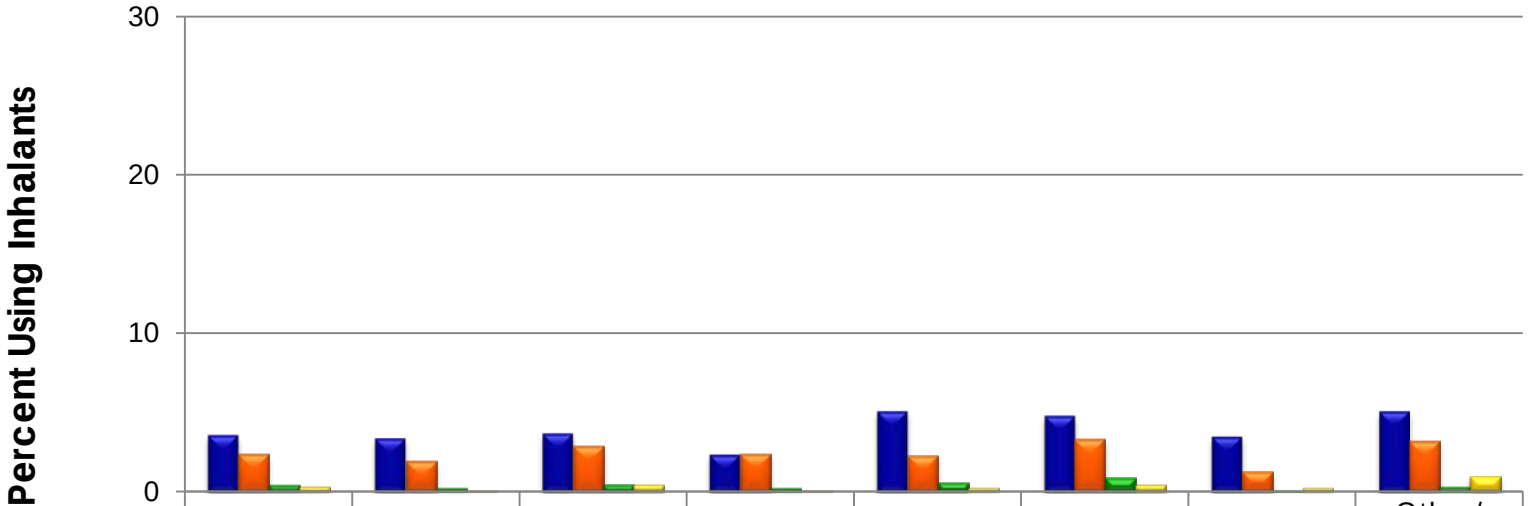


	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	7.5	2.7	6.9	13.2	6.4	8.6	7.9	7.1	9.8	4.2	8.9
US	11.7	6.1	11.8	18.7							

Note: 6th Grade Prevalence = 0.4%

Fairfax County 2011 Youth Survey

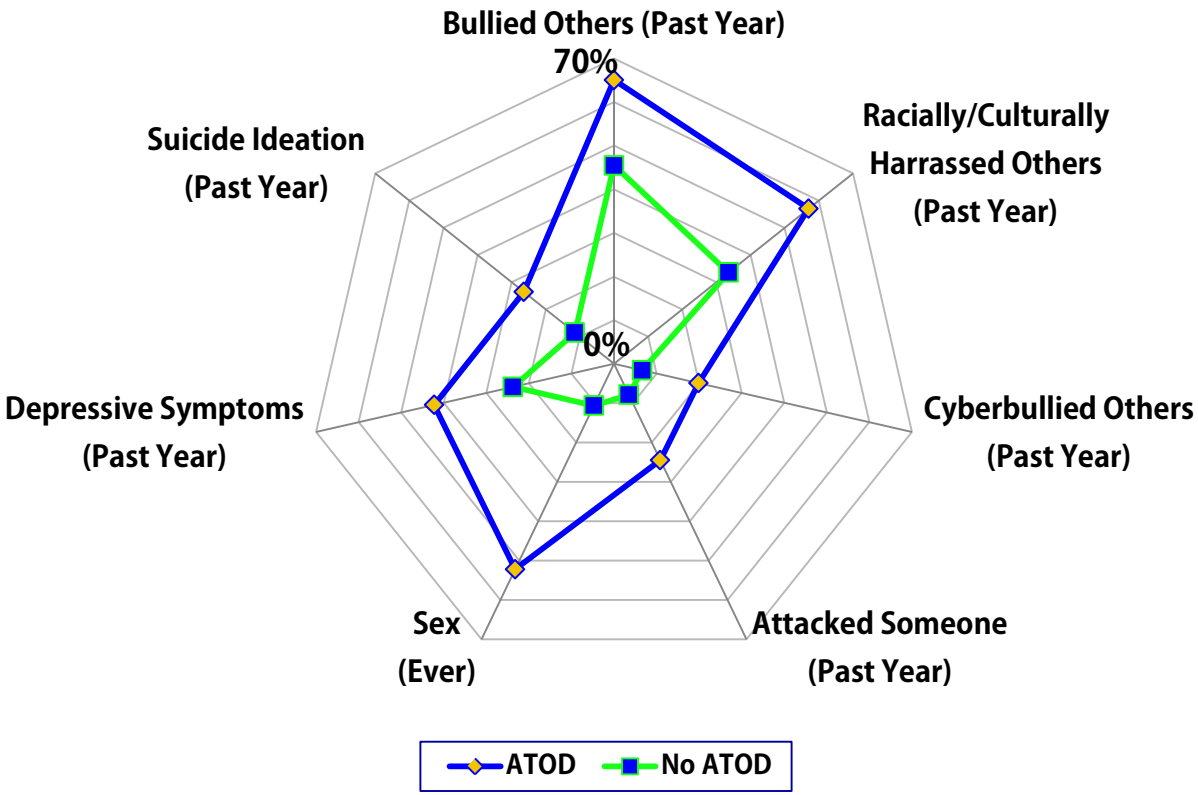
Drug Use for 6th-Graders Past 30 Days



	Overall	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
Inhalants	3.6	3.4	3.7	2.4	5.1	4.8	3.5	5.1
Alcohol	2.4	1.9	2.9	2.4	2.3	3.3	1.3	3.2
Cigarettes	0.4	0.2	0.5	0.2	0.6	0.9	0.1	0.3
Marijuana	0.3	0.1	0.4	0.1	0.2	0.4	0.2	1.0

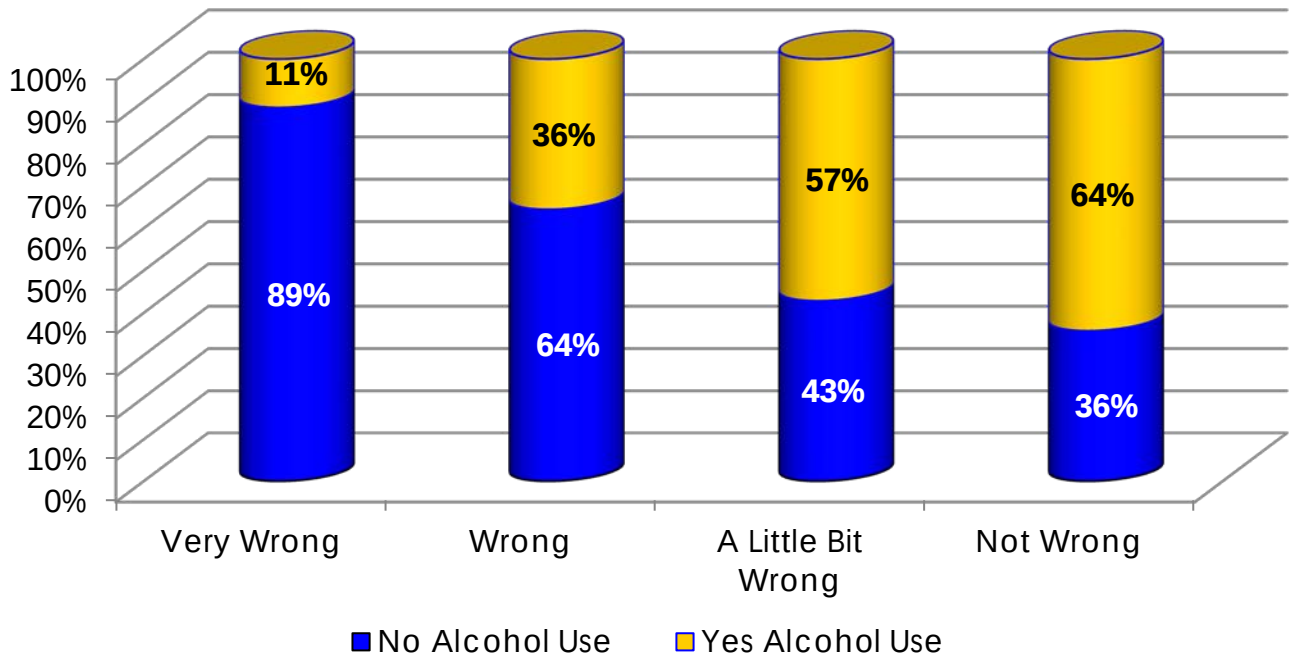
Fairfax County 2011 Youth Survey

Alcohol, Tobacco and Other Drug Use (Past 30 Days) Related Factors



Fairfax County 2011 Youth Survey

Parental Perception and Alcohol Use Behavior



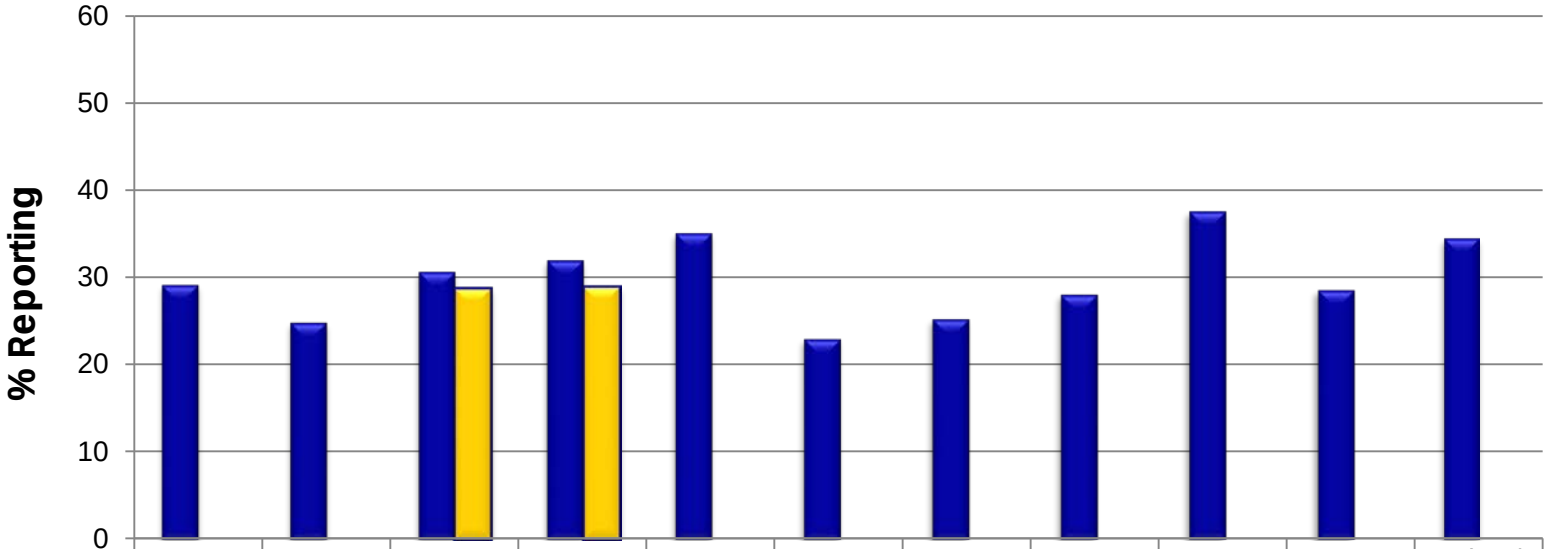
Data from the 2010-11 Fairfax County Youth Survey

Fairfax County 2011 Youth Survey

Depression, Suicide and Unhealthy Weight Loss Behavior

Fairfax County 2011 Youth Survey

Percent Who Reported Depressive Symptoms in Past Year

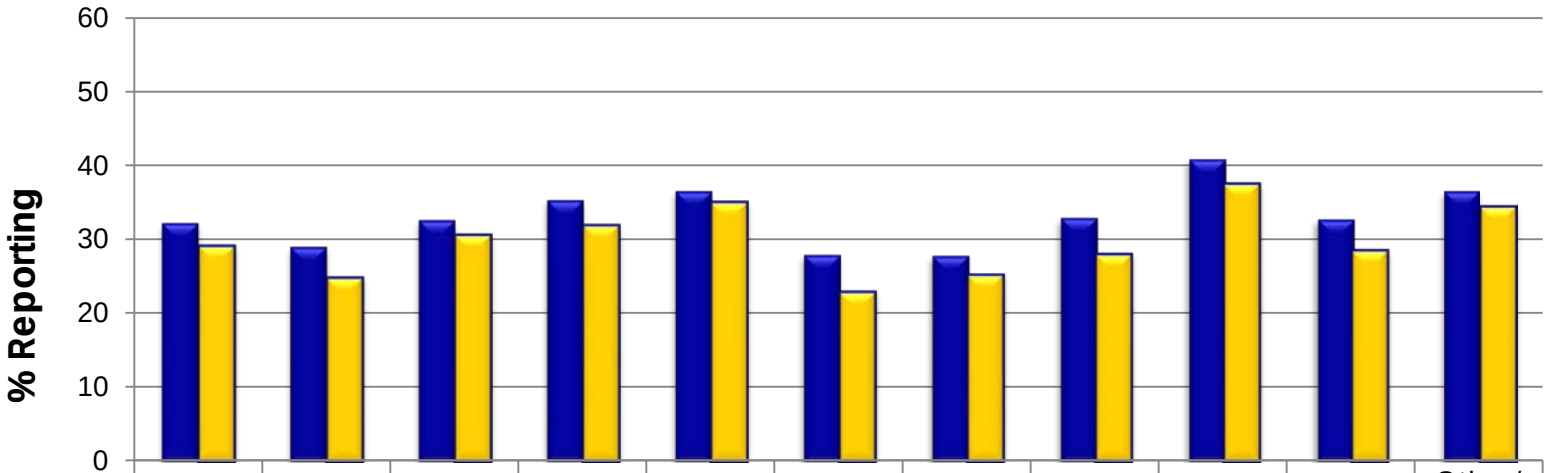


	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	29.2	24.9	30.7	32.0	35.1	23.0	25.3	28.1	37.6	28.6	34.5
US			28.7	28.9							

Note: 6th Grade Prevalence = 22.1%

Fairfax County 2011 Youth Survey

Depressive Symptoms Lower in 2011

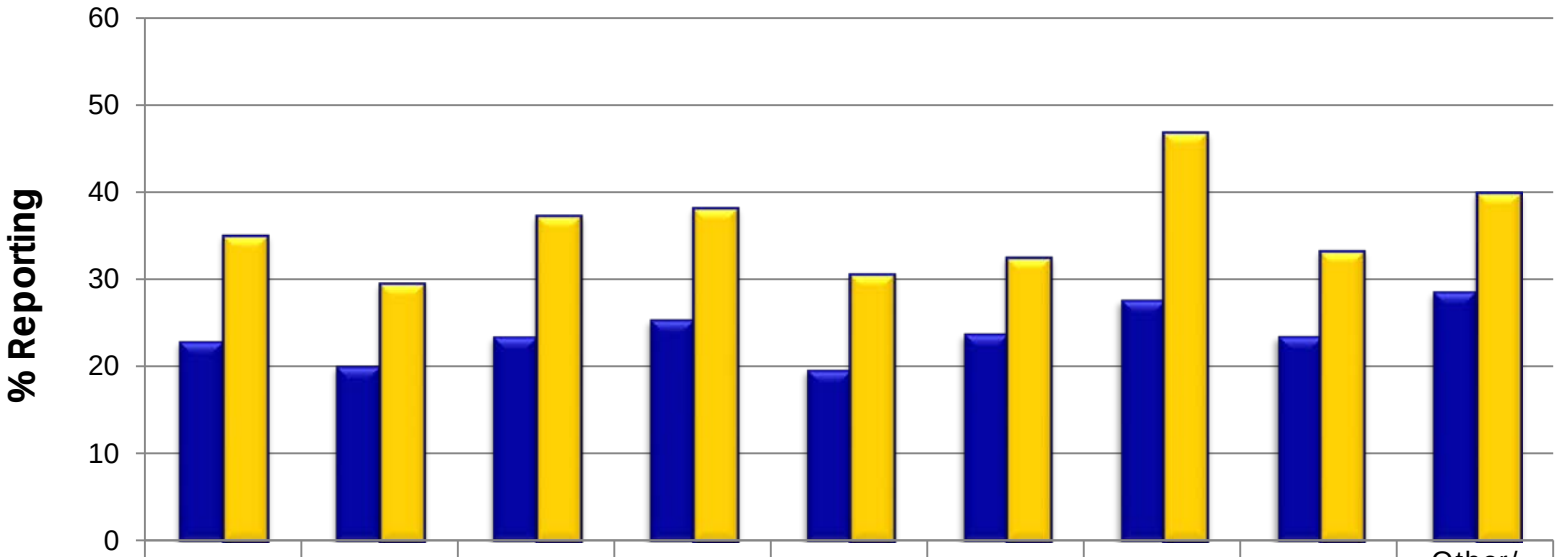


	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS 2010	32.2	29.0	32.6	35.3	36.5	27.9	27.8	32.9	40.8	32.7	36.5
FCPS 2011	29.2	24.9	30.7	32.0	35.1	23.0	25.3	28.1	37.6	28.6	34.5

Note: 6th Grade Prevalence = 22.1%

Fairfax County 2011 Youth Survey

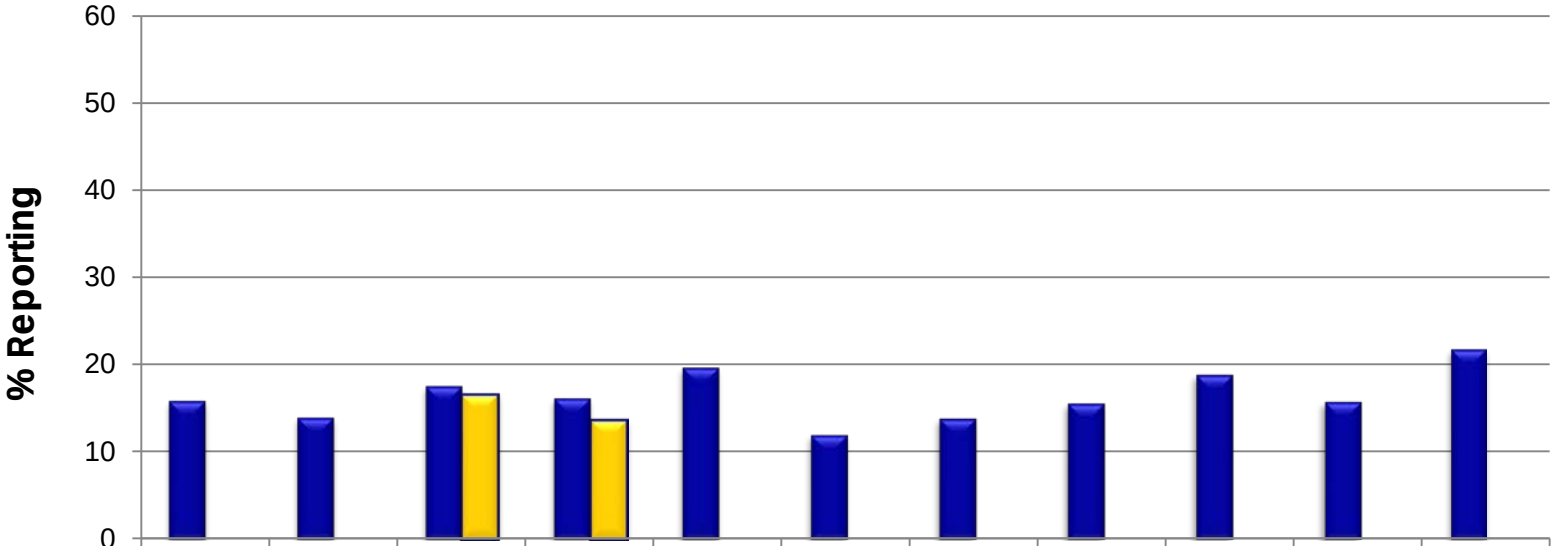
A Closer Look at Depressive Symptoms



	Overall	8th	10th	12th	White	Black	Hispanic	Asian	Other/ Multiple
Male	23.0	20.1	23.5	25.4	19.7	23.8	27.7	23.5	28.7
Female	35.1	29.6	37.4	38.2	30.7	32.6	46.9	33.3	40.0

Fairfax County 2011 Youth Survey

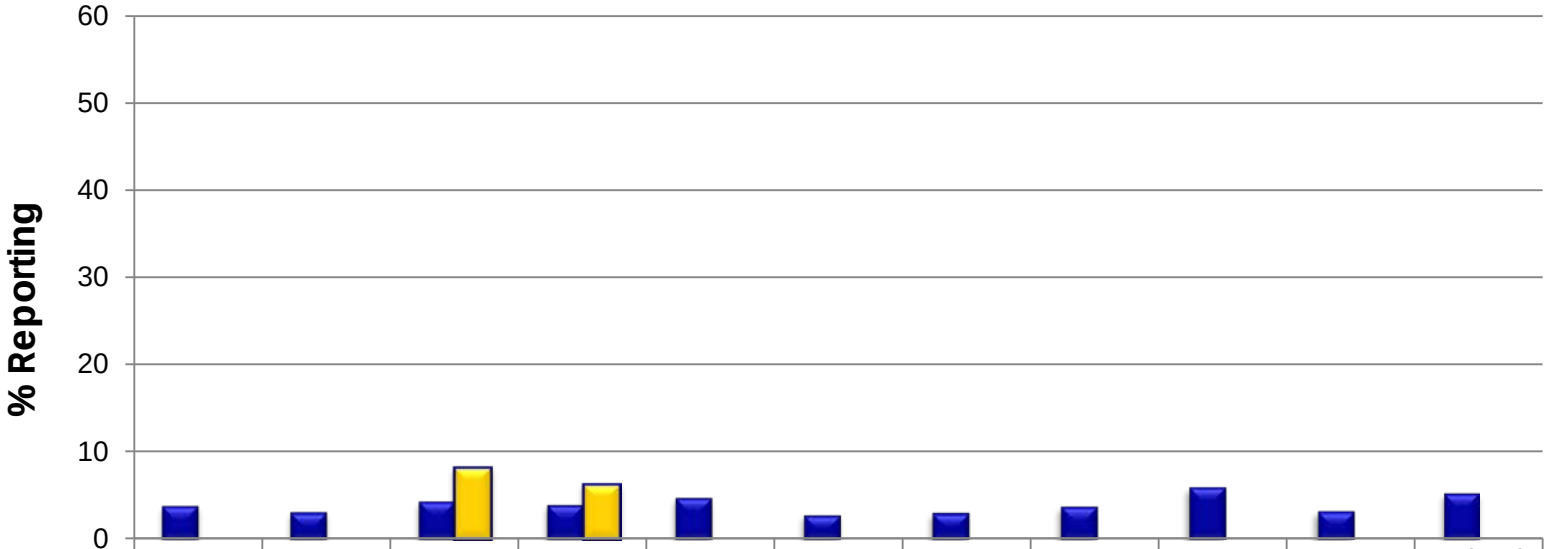
Percent Who Considered Suicide in Past Year



	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	15.8	13.9	17.5	16.1	19.6	11.9	13.8	15.5	18.8	15.7	21.7
US			16.5	13.6							

Fairfax County 2011 Youth Survey

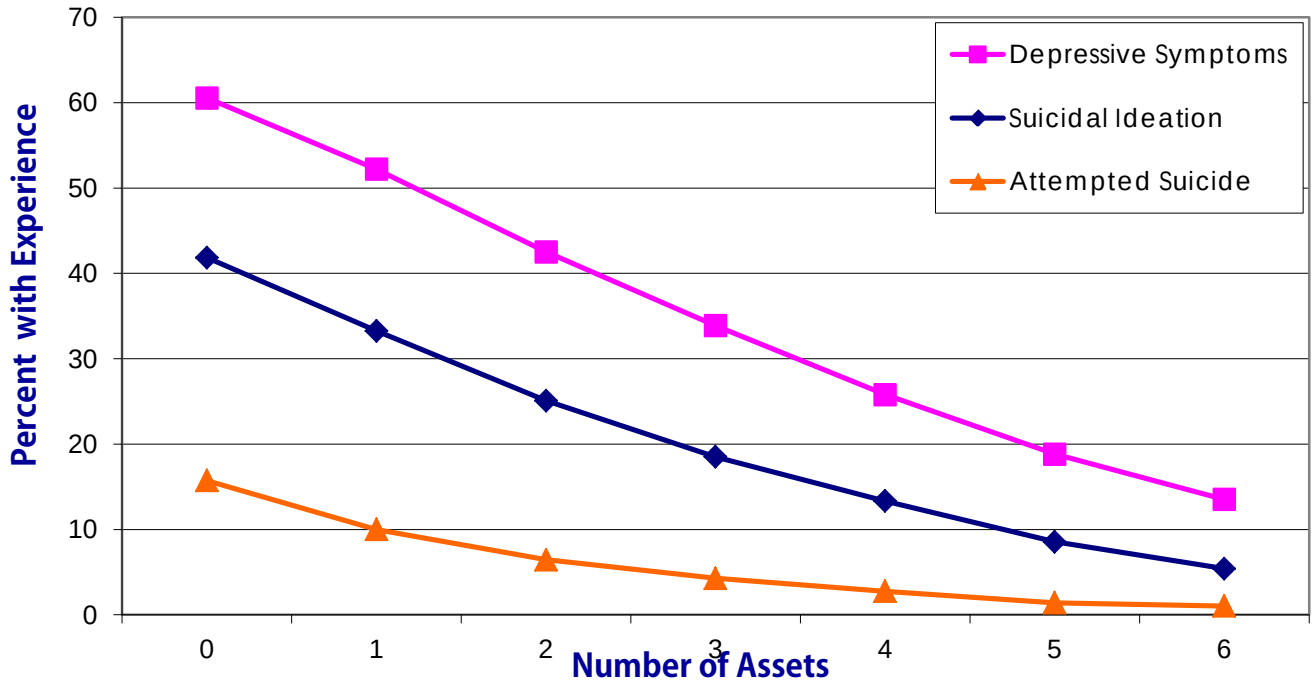
Percent Who Attempted Suicide in Past Year



	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	3.8	3.1	4.3	3.9	4.7	2.8	3.0	3.7	5.9	3.2	5.2
US			8.2	6.3							

Fairfax County 2011 Youth Survey

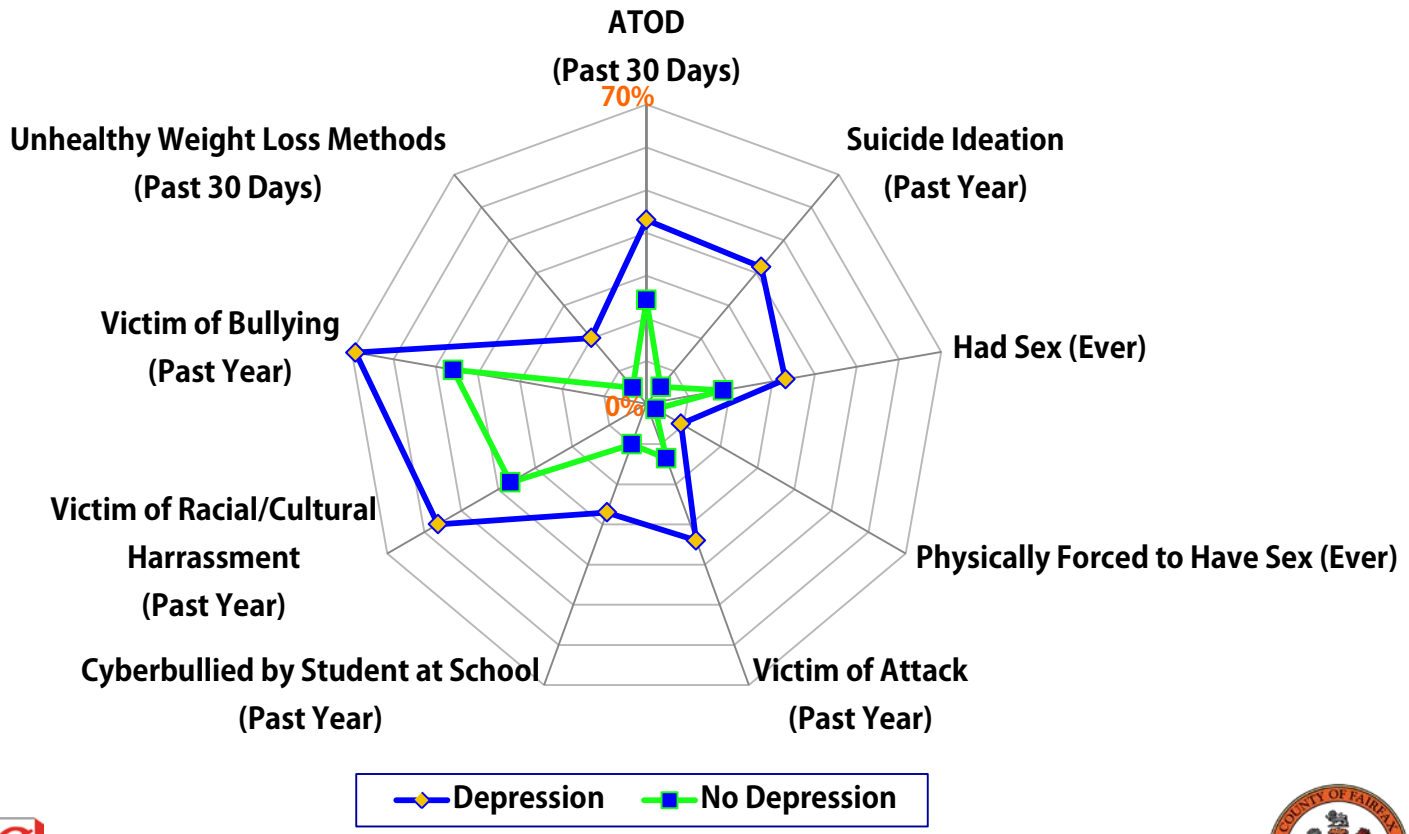
Assets and Experiences of Depressive Symptoms and Suicide



Having High Personal Integrity
Performing Community Service
Having Teachers Recognize Good Work
Having Community Adults to Talk to
Participating in Extracurricular Activities
Having Parents Available for Help

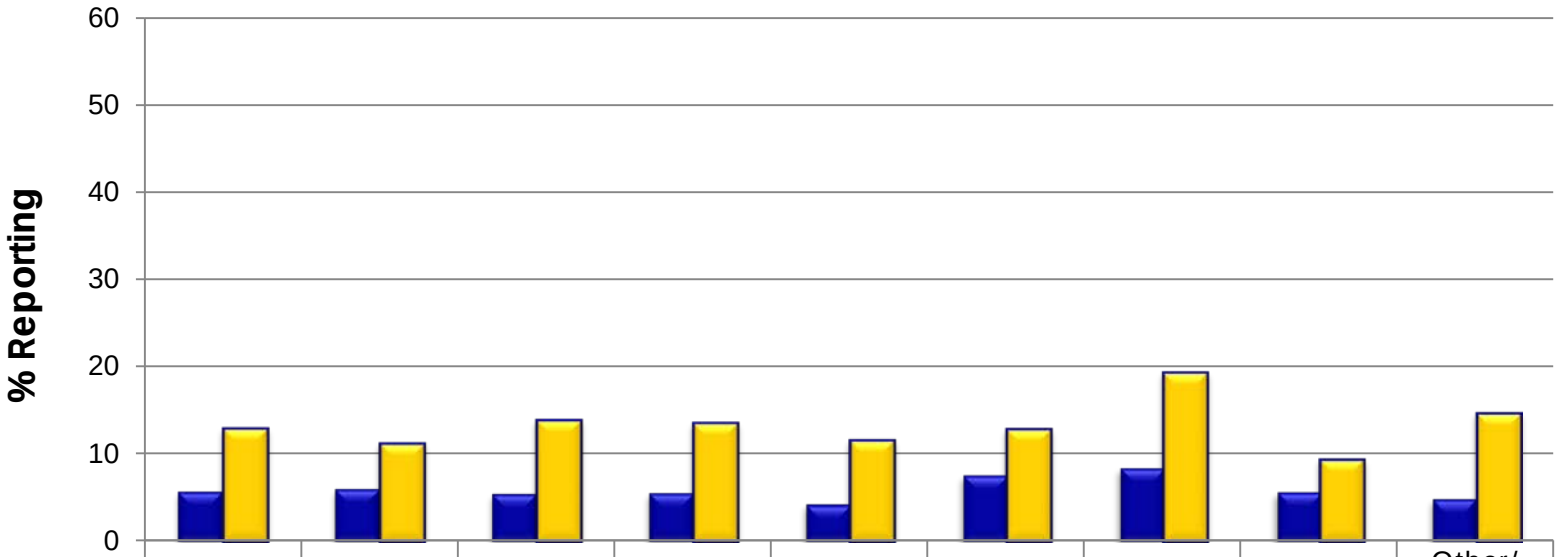
Fairfax County 2011 Youth Survey

Depressive Symptoms in Past Year
Related Factors



Fairfax County 2011 Youth Survey

A Closer Look at Unhealthy Weight Loss Behavior



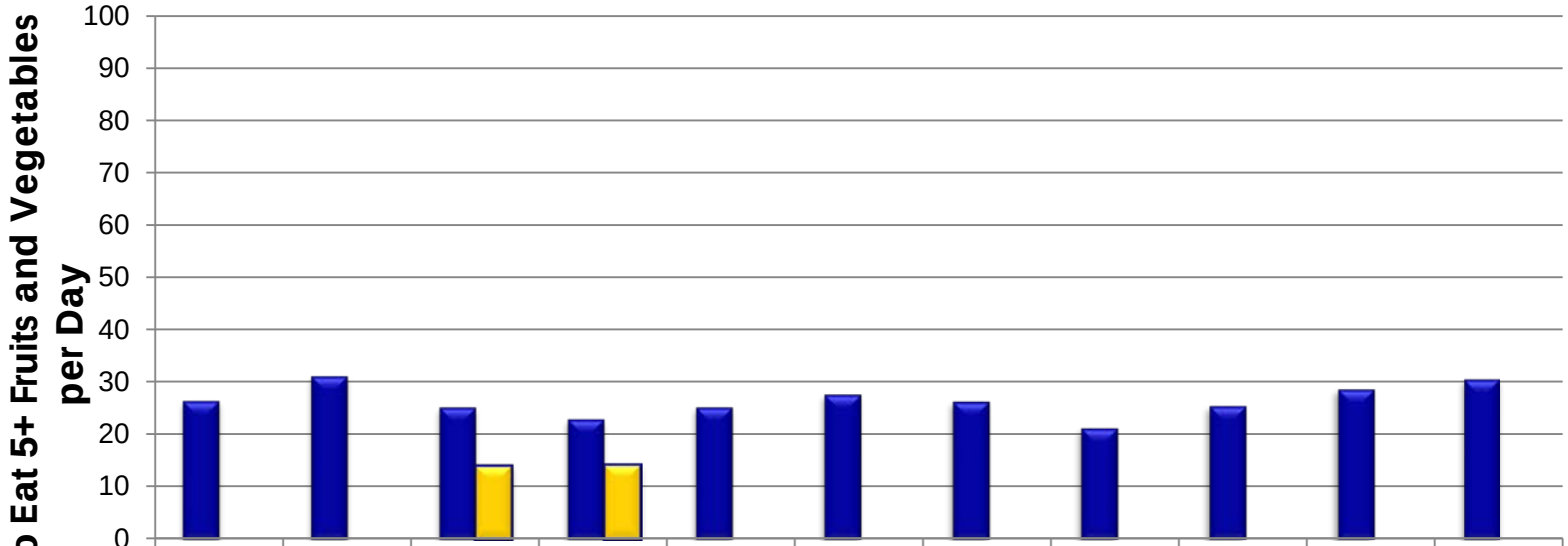
	Overall	8th	10th	12th	White	Black	Hispanic	Asian	Other/ Multiple
Male	5.6	5.9	5.4	5.4	4.2	7.5	8.3	5.5	4.8
Female	12.9	11.2	13.9	13.6	11.6	12.9	19.3	9.4	14.7

Fairfax County 2011 Youth Survey

Nutrition and Physical Activity

Fairfax County 2011 Youth Survey

Percent Meeting Nutrition Requirements

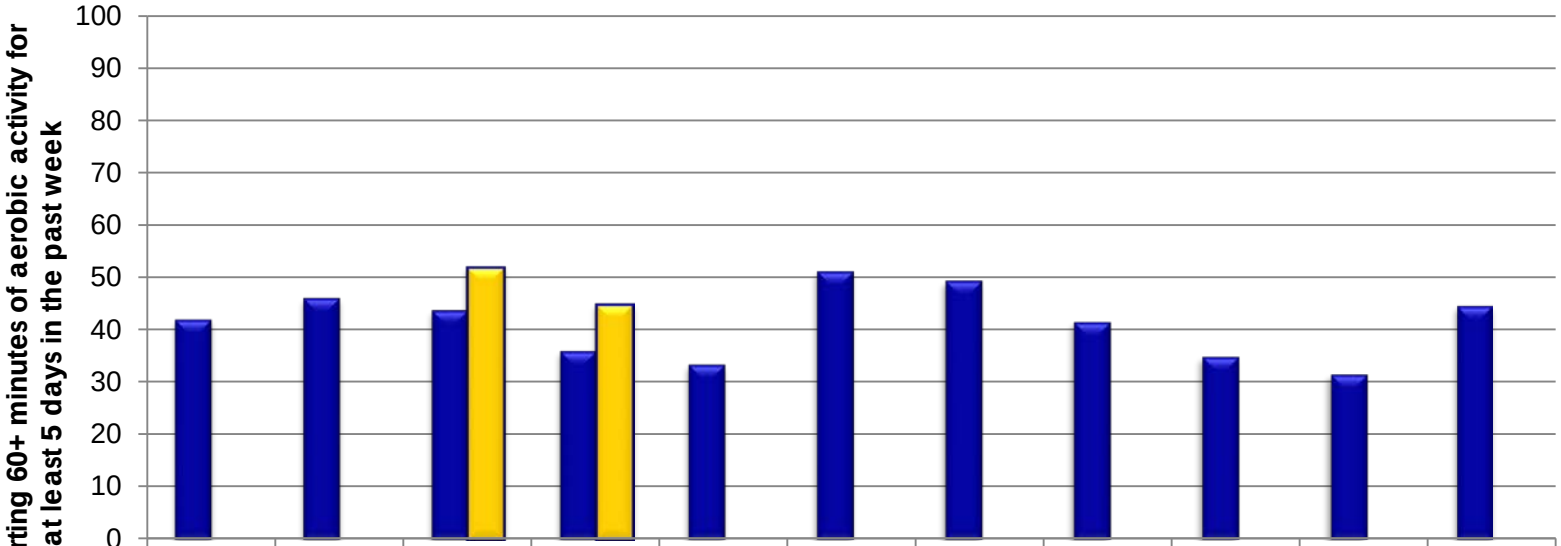


	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	26.4	31.1	25.2	22.9	25.2	27.6	26.3	21.2	25.4	28.6	30.5
US			13.9	14.1							

Note: 6th Grade Prevalence = 32.5%

Fairfax County 2011 Youth Survey

Percent Meeting Recommendations for Physical Activity

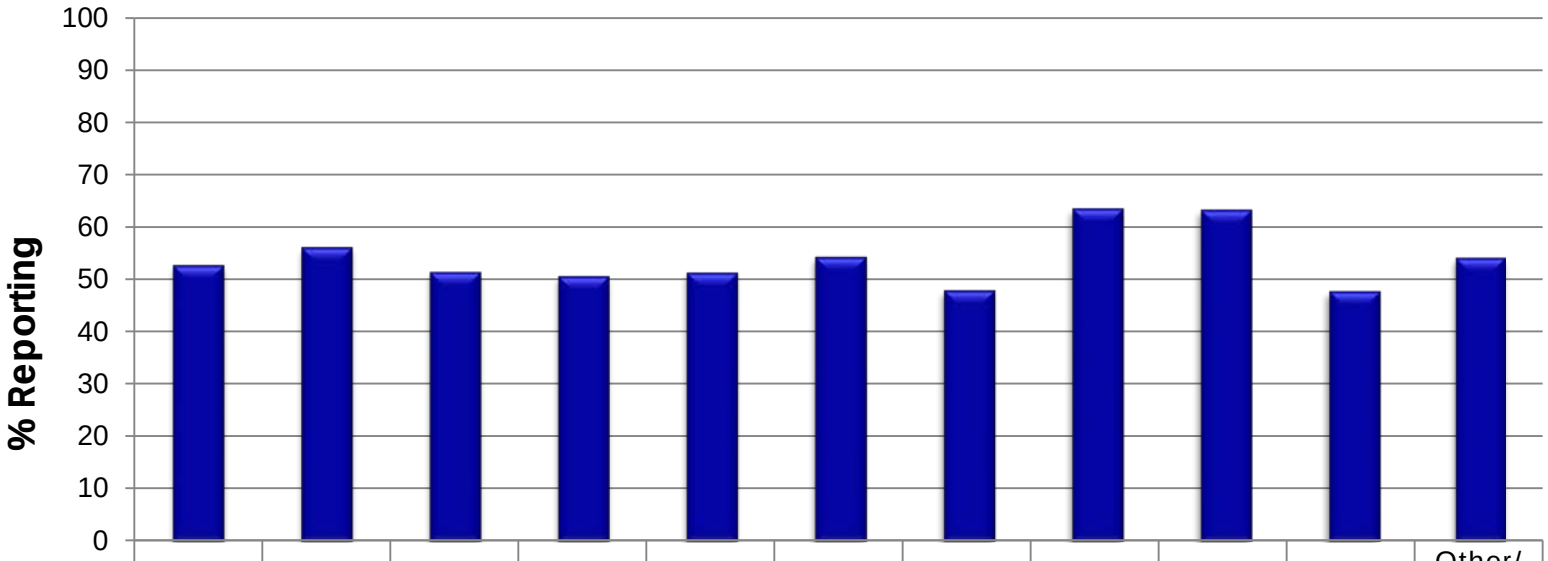


	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	41.9	46.0	43.7	35.9	33.3	51.1	49.3	41.4	34.8	31.4	44.5
US			51.8	44.8							

Note: 6th Grade Prevalence = 56.1%

Fairfax County 2011 Youth Survey

Percent Viewing 3+ Hours of Screentime per Day

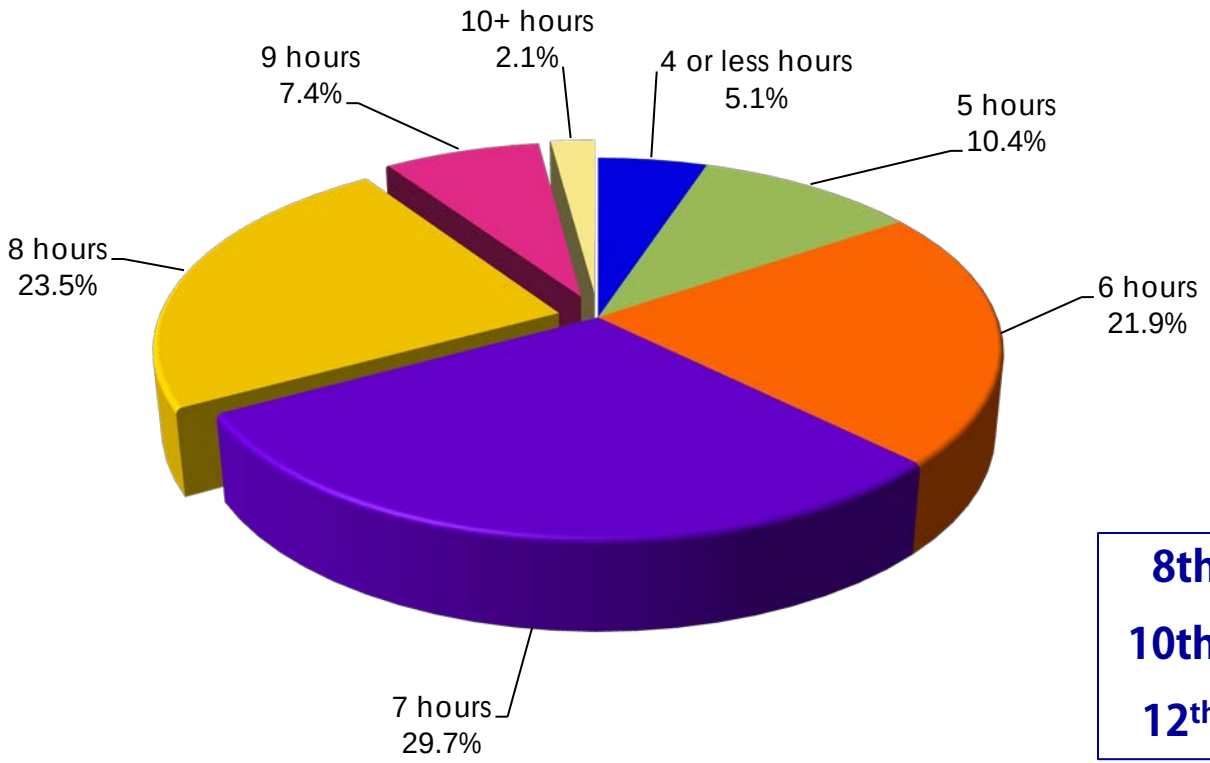


	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	52.7	56.1	51.4	50.6	51.3	54.3	47.9	63.5	63.3	47.7	54.1

Note: 6th Grade Prevalence = 50.0%

Fairfax County 2011 Youth Survey

Number of Sleep Hours on an Average School Night



8th Grade 55.9%

10th Grade 27.1%

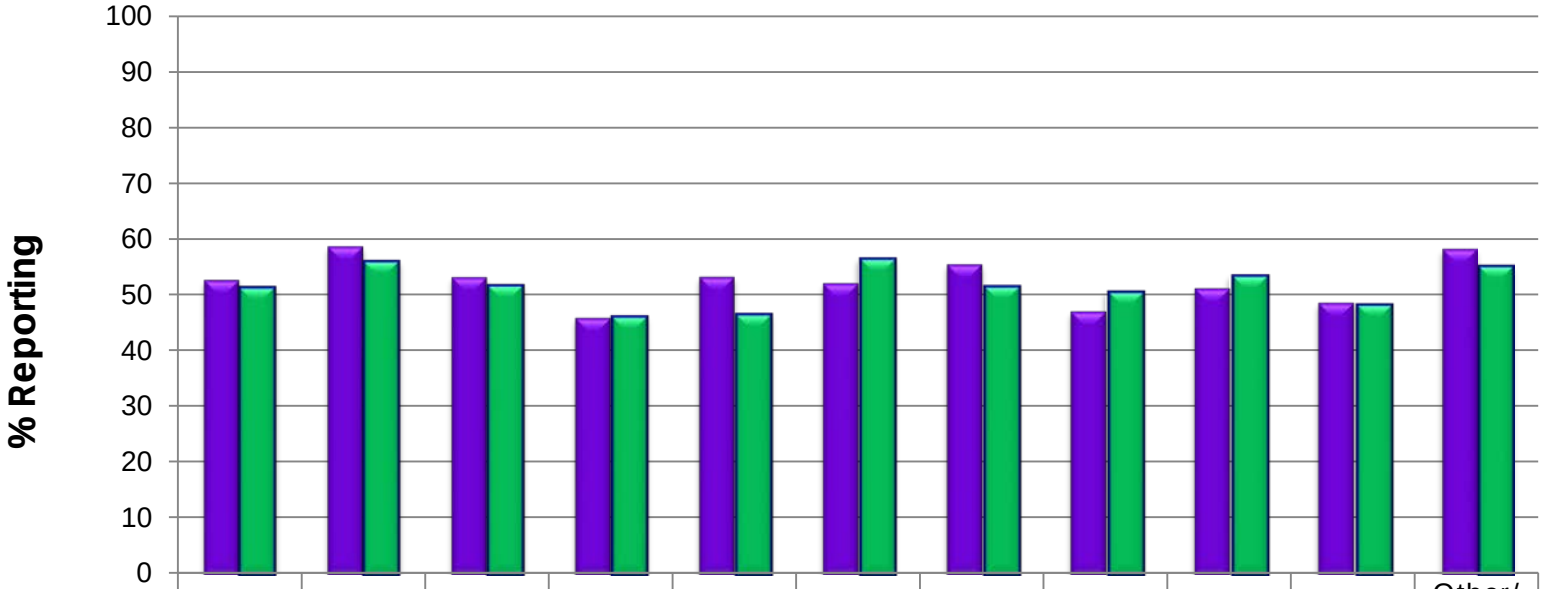
12th Grade 16.5%

Fairfax County 2011 Youth Survey

Aggression and Victimization

Fairfax County 2011 Youth Survey

Percentage Who Experience Bullying

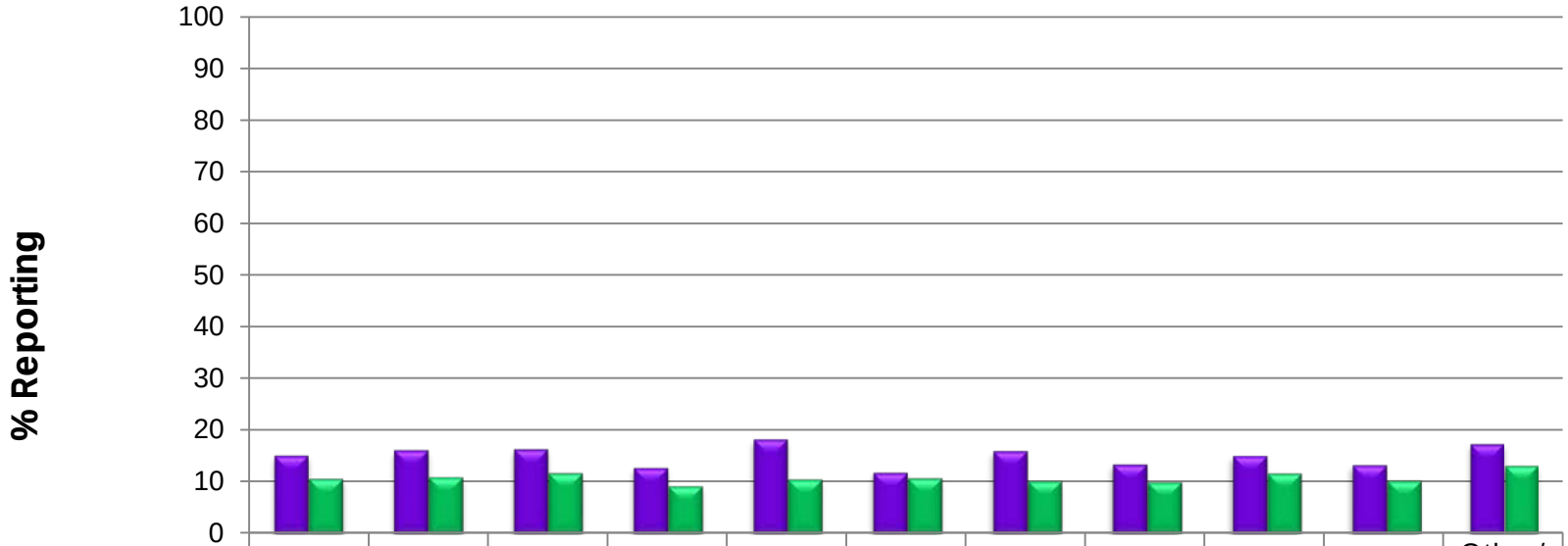


	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
Victim	52.7	58.7	53.2	45.9	53.2	52.1	55.5	47.0	51.2	48.6	58.2
Aggressor	51.4	56.0	51.7	46.1	46.5	56.5	51.5	50.6	53.4	48.2	55.1

Note: 6th Grade Prevalence for Victim = 45.6%; Aggressor = 21.5%

Fairfax County 2011 Youth Survey

Percentage Who Experience Cyberbullying Between Schoolmates

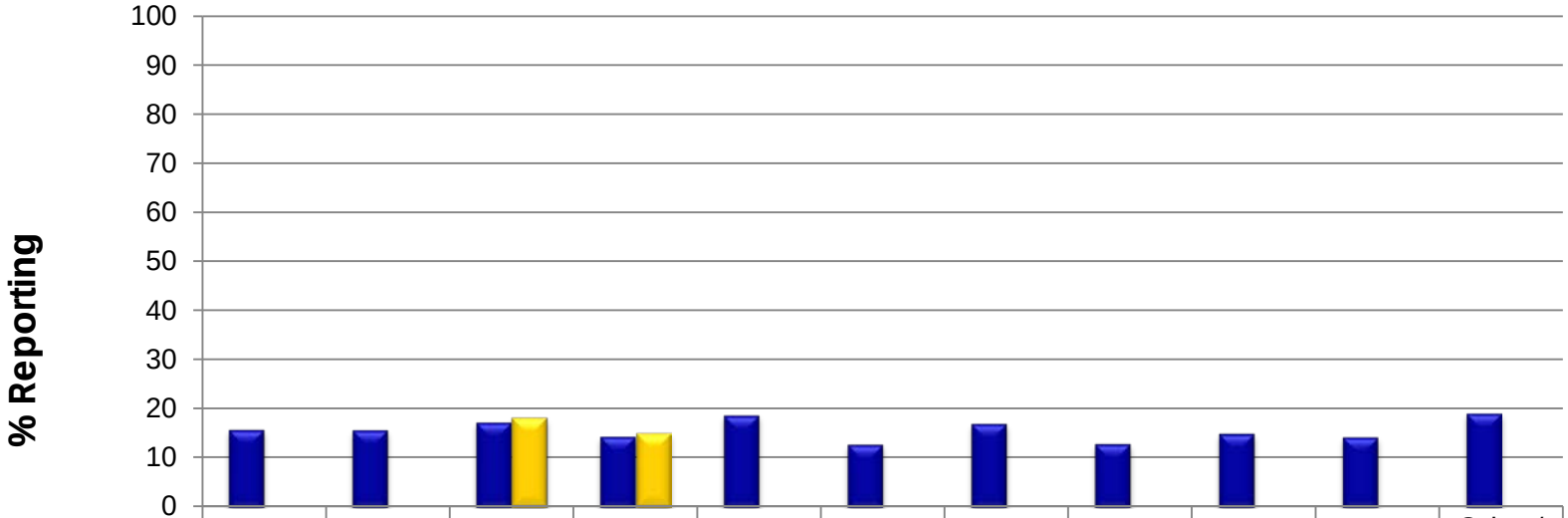


	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
Victim FCPS	15.0	16.0	16.2	12.6	18.1	11.7	15.9	13.3	14.9	13.2	17.2
Aggressor FCPS	10.4	10.7	11.5	9.0	10.3	10.5	10.0	9.7	11.4	10.1	12.9

Note: 6th Grade Prevalence for Victim = 13%; Aggressor = 5.8%

Fairfax County 2011 Youth Survey

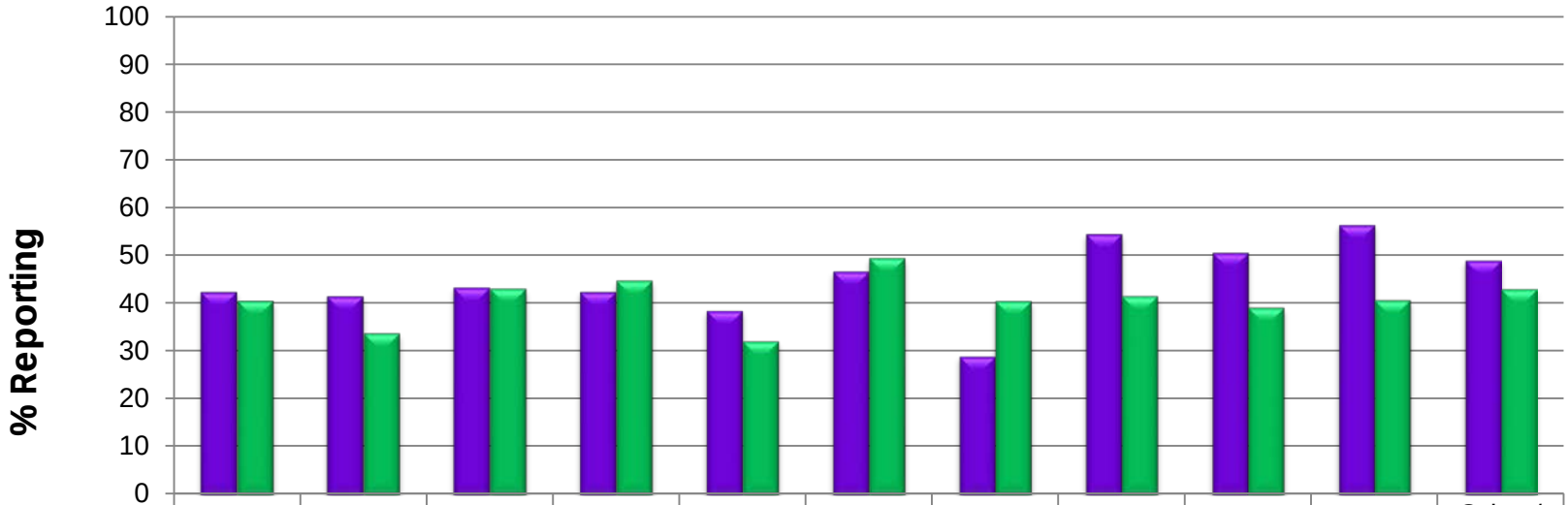
Percentage Who Experience Cyberbullying National Comparison



	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
Victim FCPS	15.7	15.6	17.2	14.3	18.6	12.7	16.9	12.8	14.9	14.2	19.0
Victim US			18.1	15.0							

Fairfax County 2011 Youth Survey

Percentage Who Experience Racial/Cultural Harassment

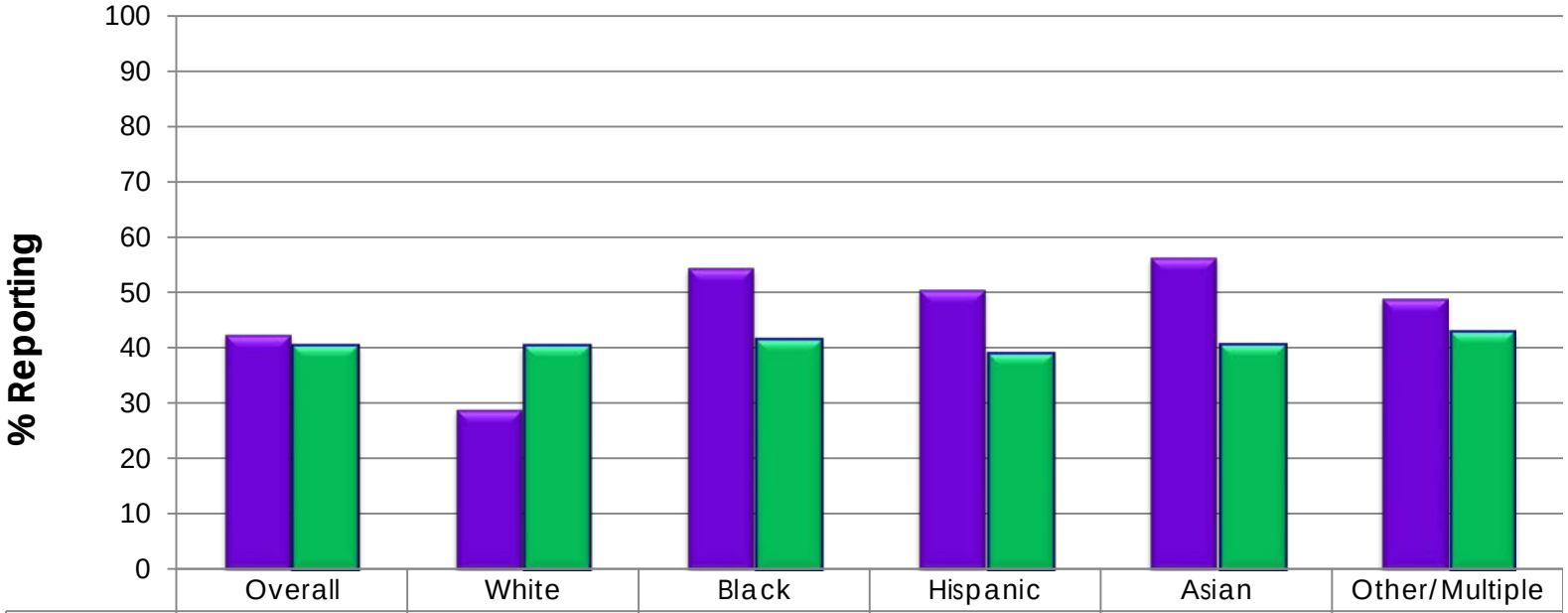


	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
Victim	42.5	41.6	43.4	42.5	38.5	46.7	29.0	54.5	50.6	56.4	49.0
Aggressor	40.4	33.7	43.0	44.7	32.0	49.4	40.4	41.5	39.0	40.6	42.9

Note: 6th Grade Prevalence for Victim = 18.8%; Aggressor = 6.6%

Fairfax County 2011 Youth Survey

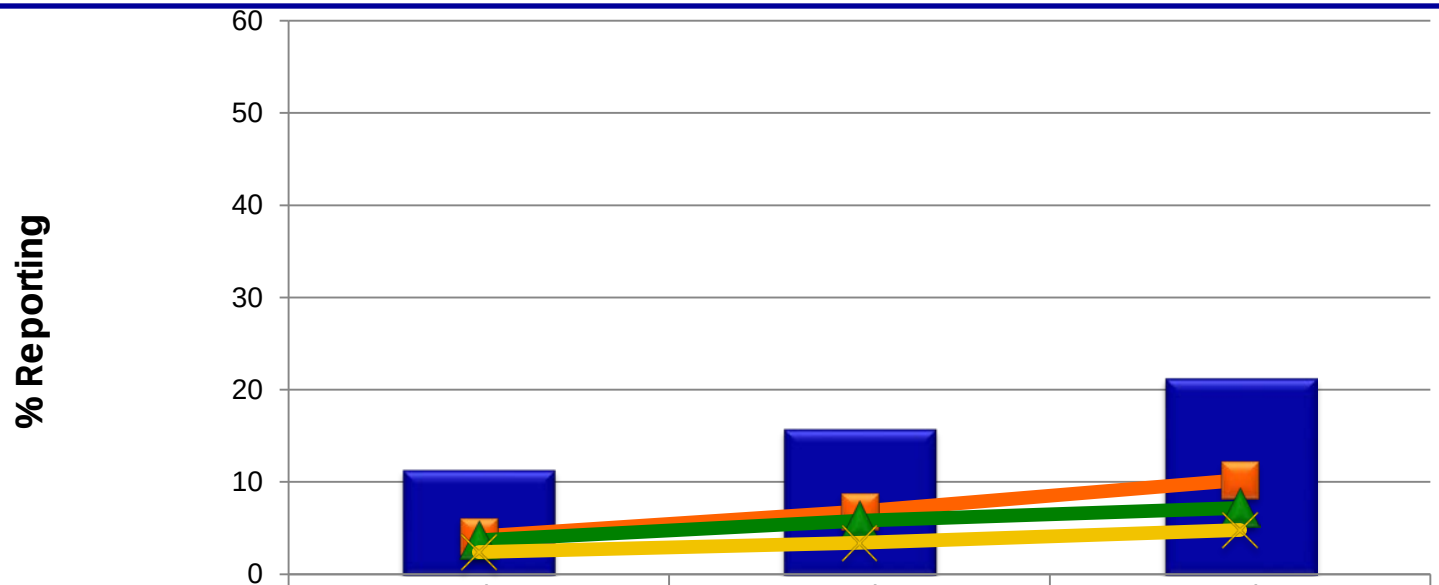
Racial/Cultural Harassment by Race/Ethnicity (Grades 8, 10, 12)



	Overall	White	Black	Hispanic	Asian	Other/Multiple
Victim	42.5	29.0	54.5	50.6	56.4	49.0
Aggressor	40.4	40.4	41.5	39.0	40.6	42.9

Fairfax County 2011 Youth Survey

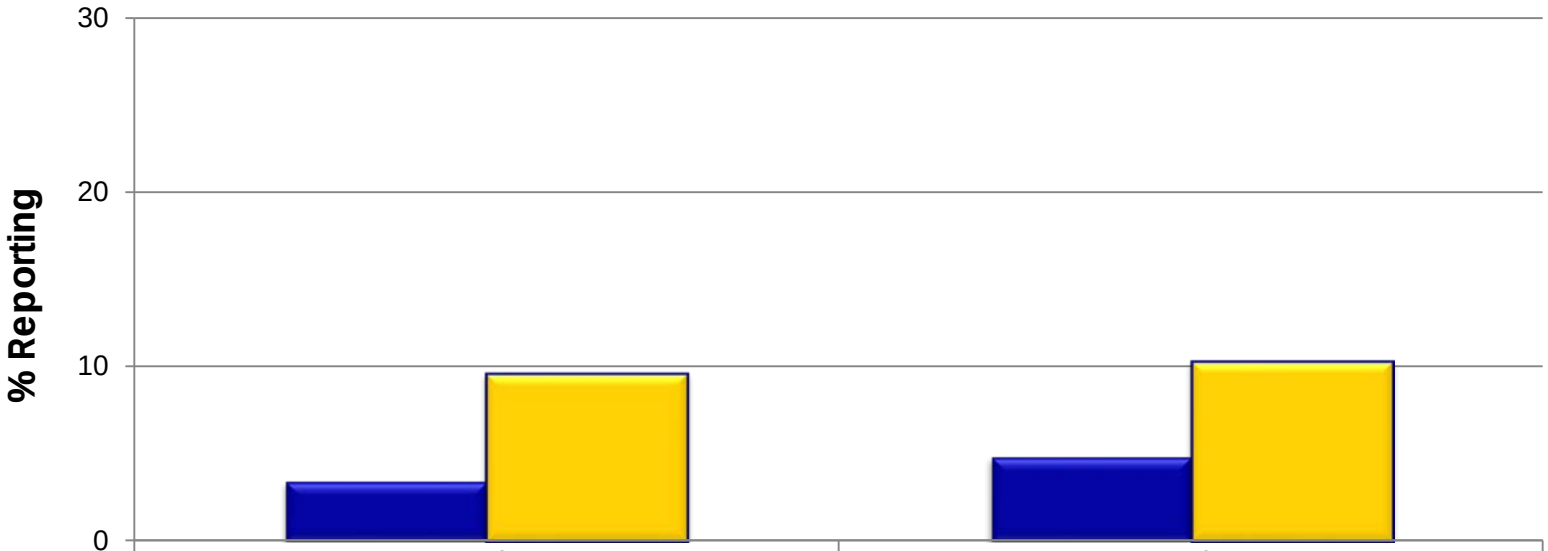
Percent Who Experienced Dating Abuse by Grade



	8th	10th	12th
Controlling	11.4	15.8	21.3
Verbal	4.1	6.8	10.2
Coerced Sex	3.7	5.8	7.2
Physical Abuse	2.4	3.4	4.8

Fairfax County 2011 Youth Survey

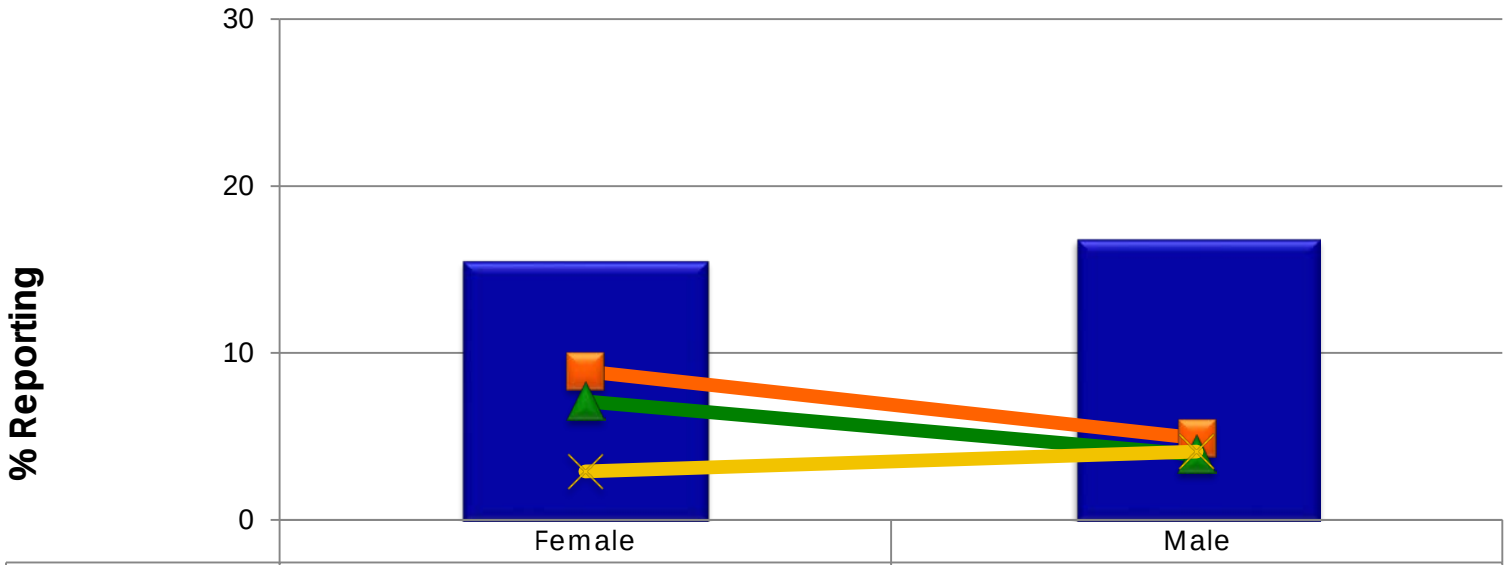
Percent Who Experienced Physical Dating Abuse National Comparison



	10th	12th
FCPS	3.4	4.8
US	9.6	10.3

Fairfax County 2011 Youth Survey

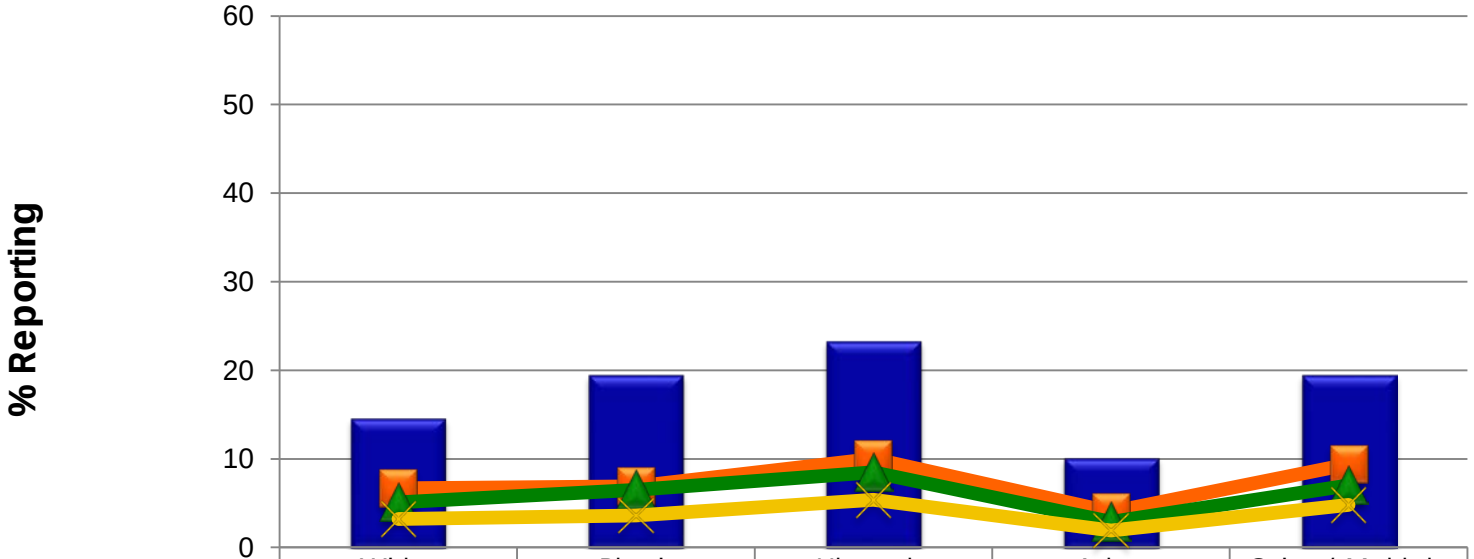
Percent Who Experienced Dating Abuse by Gender



	Female	Male
Controlling	15.5	16.8
Verbal	8.9	4.9
Coerced Sex	7.1	3.9
Physical Abuse	2.9	4.1

Fairfax County 2011 Youth Survey

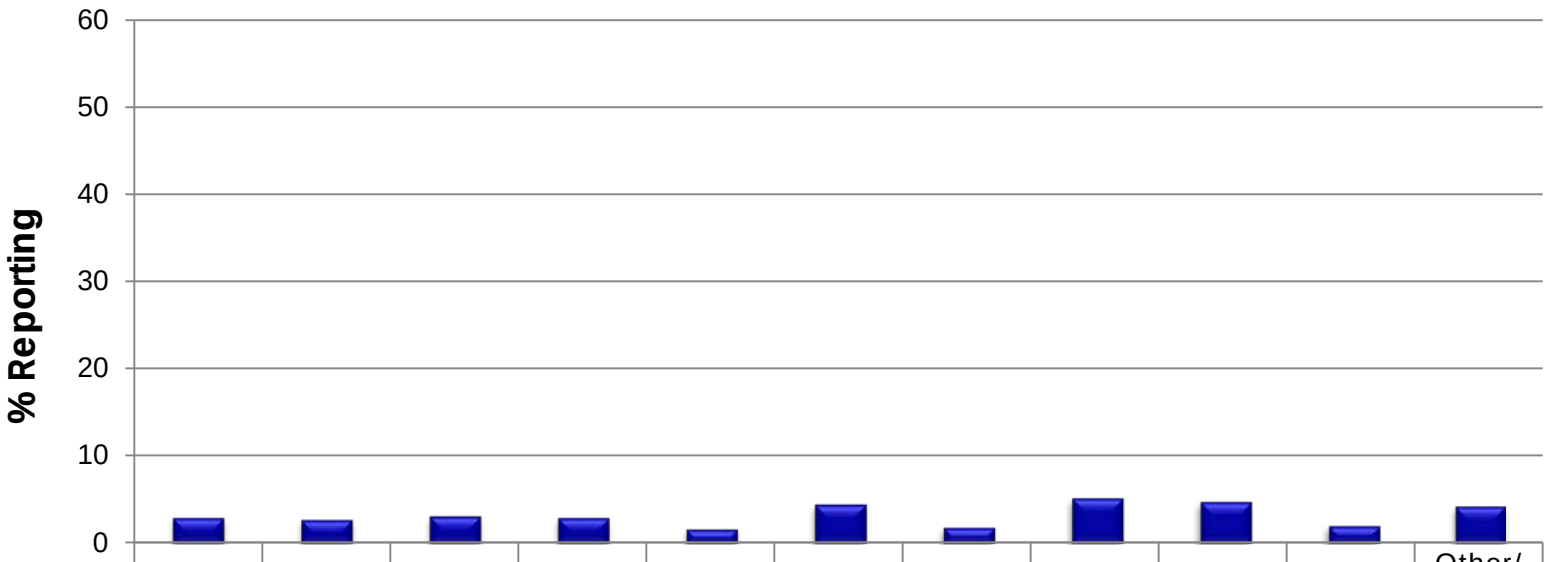
Percent Who Experienced Dating Abuse by Race/Ethnicity



	White	Black	Hispanic	Asian	Other/ Multiple
Controlling	14.6	19.5	23.3	10.2	19.5
Verbal	6.7	6.9	10.0	4.0	9.4
Coerced Sex	5.1	6.5	8.5	2.9	7.0
Physical Abuse	3.2	3.6	5.4	1.9	4.8

Fairfax County 2011 Youth Survey

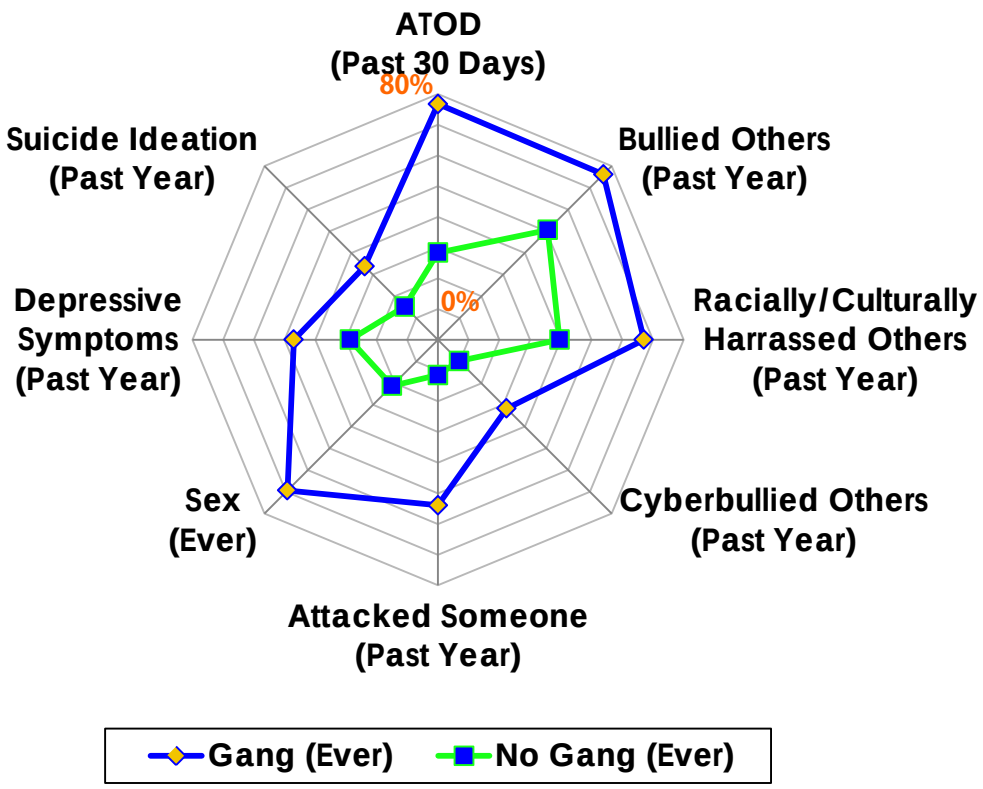
Percent Who Have Ever Been in a Gang



	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	2.9	2.7	3.1	2.9	1.6	4.4	1.8	5.1	4.7	2.0	4.2

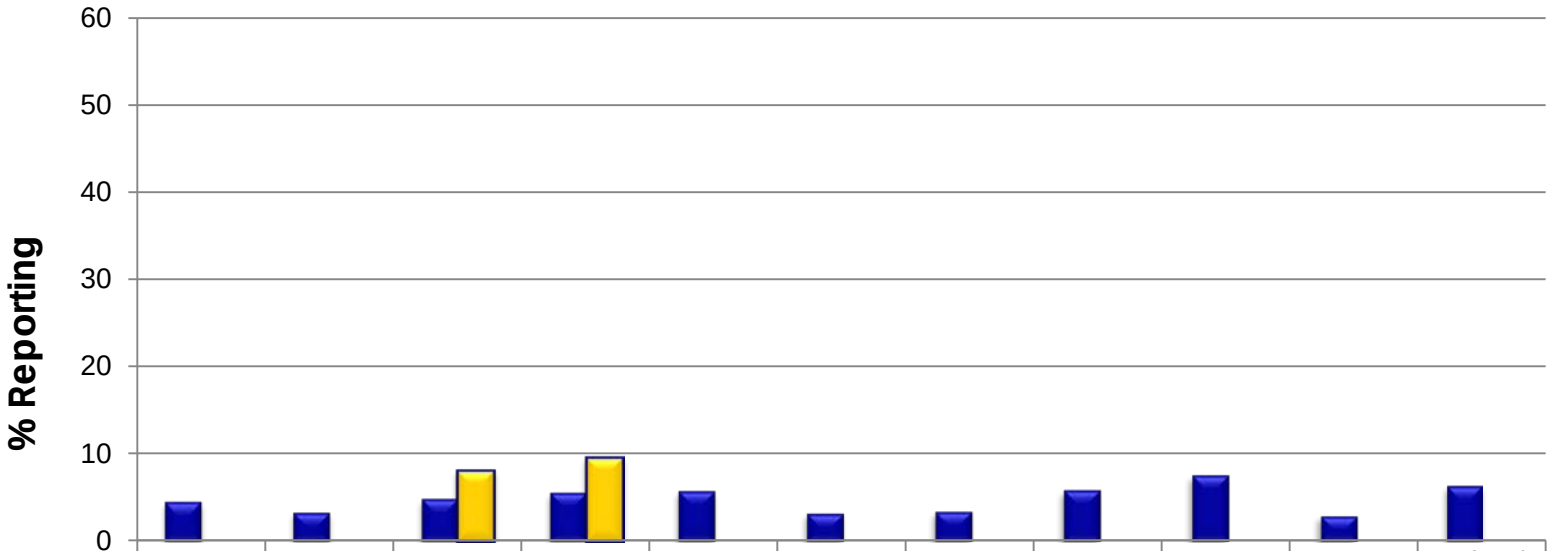
Fairfax County 2011 Youth Survey

Gangs and Related Factors



Fairfax County 2011 Youth Survey

Percent Who Have Ever Been Physically Forced to Have Sex



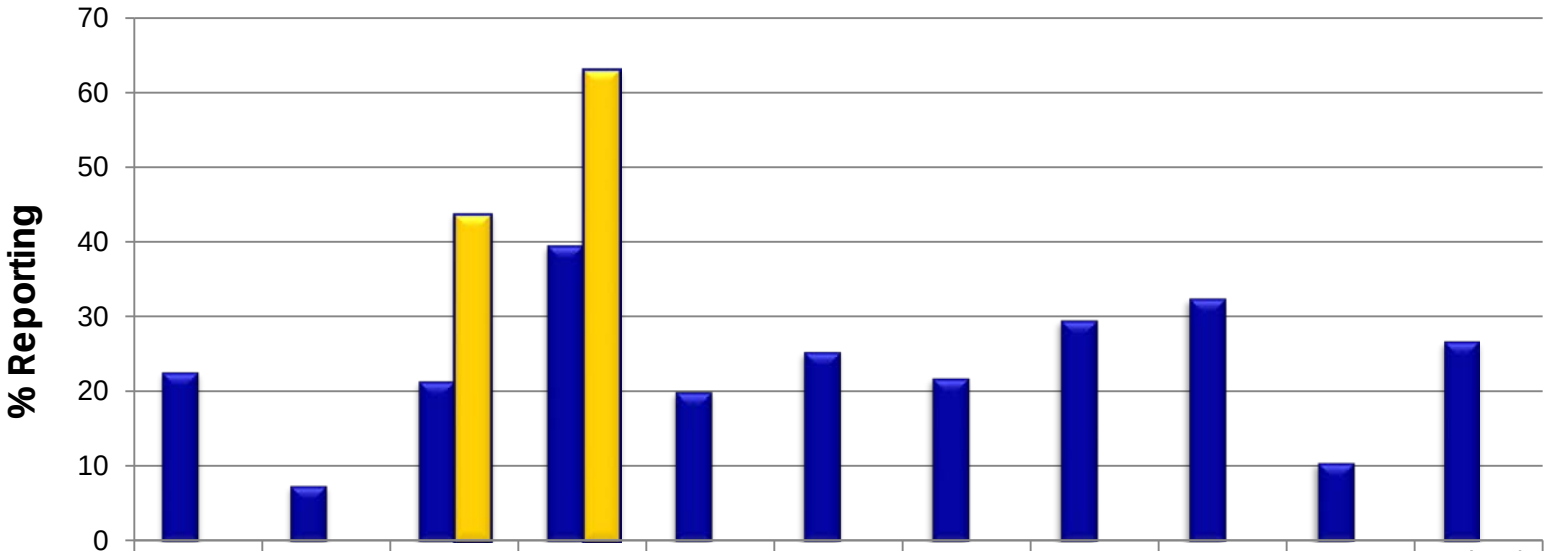
	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	4.5	3.3	4.8	5.5	5.7	3.2	3.4	5.8	7.5	2.9	6.3
US			8.0	9.5							

Fairfax County 2011 Youth Survey

Sexual Health

Fairfax County 2011 Youth Survey

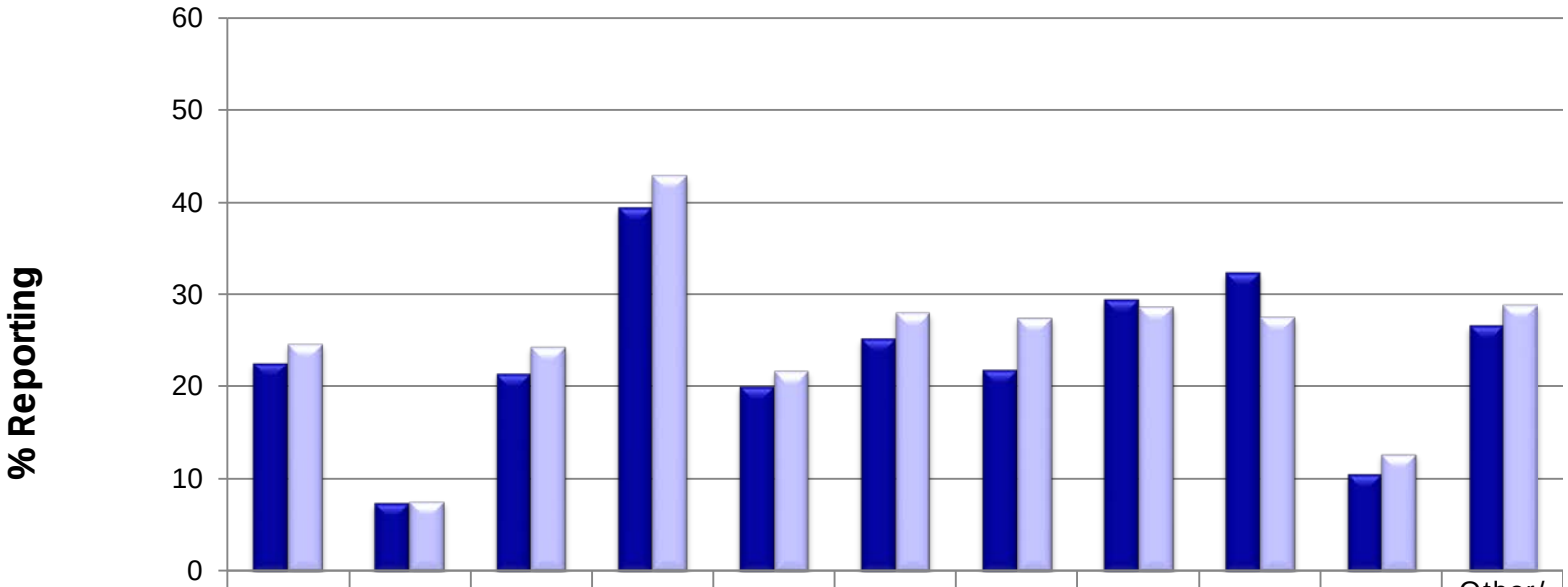
Percent Who Have Ever Had Sexual Intercourse



	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS	22.6	7.5	21.4	39.5	20.0	25.3	21.8	29.5	32.4	10.6	26.7
US			43.8	63.1							

Fairfax County 2011 Youth Survey

Percent Who Have Ever Had Oral Sex

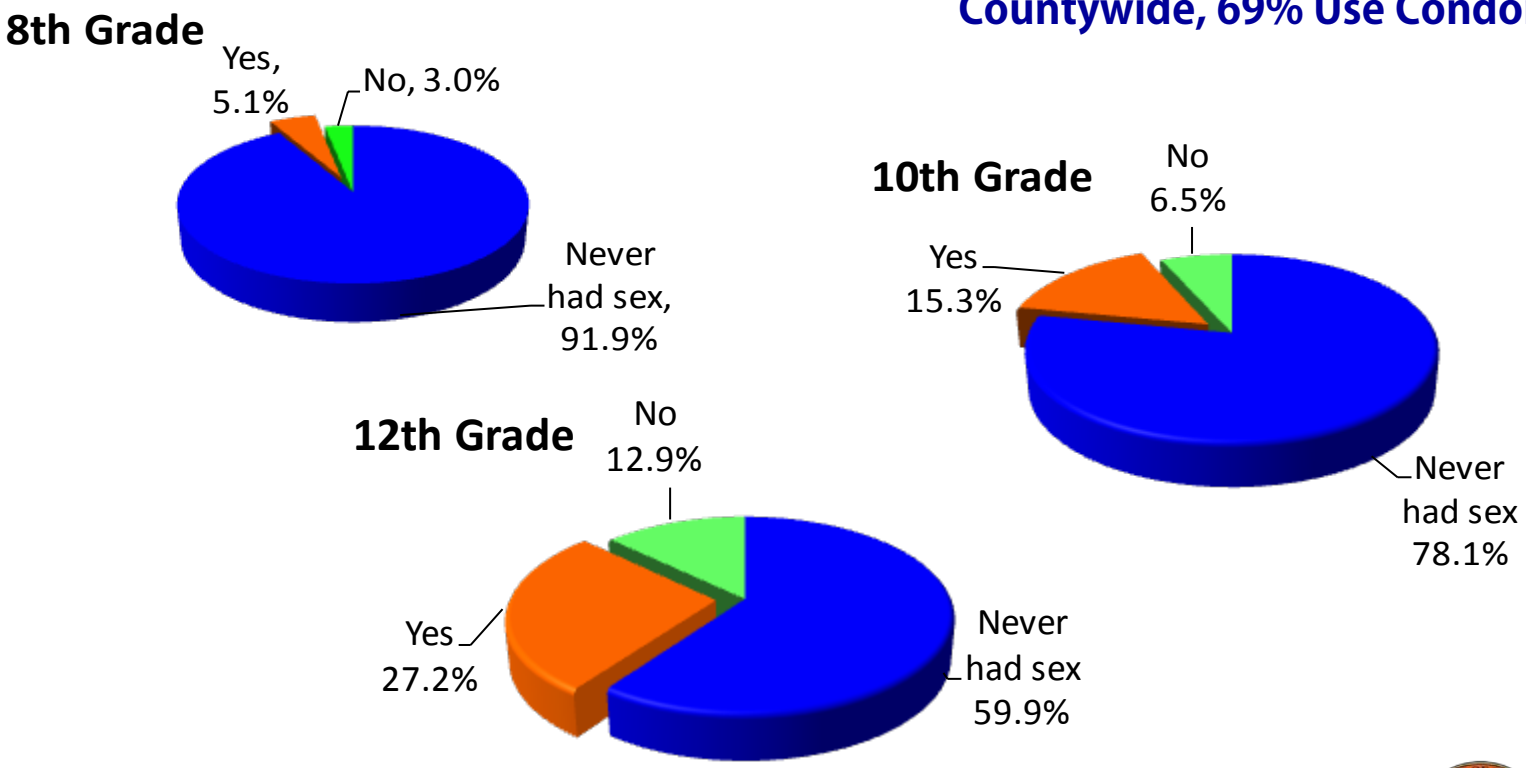


	Overall	8th	10th	12th	Female	Male	White	Black	Hispanic	Asian	Other/ Multiple
FCPS Sex	22.6	7.5	21.4	39.5	20.0	25.3	21.8	29.5	32.4	10.6	26.7
FCPS Oral Sex	24.7	7.7	24.4	42.9	21.7	28.1	27.5	28.7	27.6	12.8	28.9

Fairfax County 2011 Youth Survey

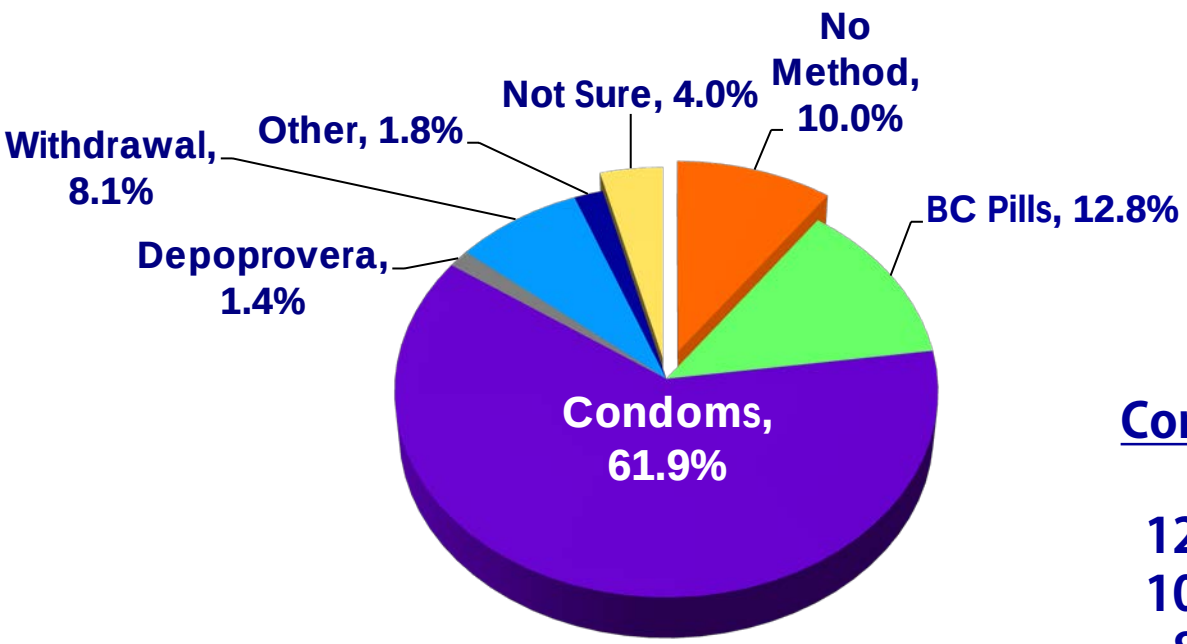
Condom Use At Last Intercourse

Countywide, 69% Use Condoms



Fairfax County 2011 Youth Survey

Contraception Use Among Sexually-Active Students



Contraceptive Use

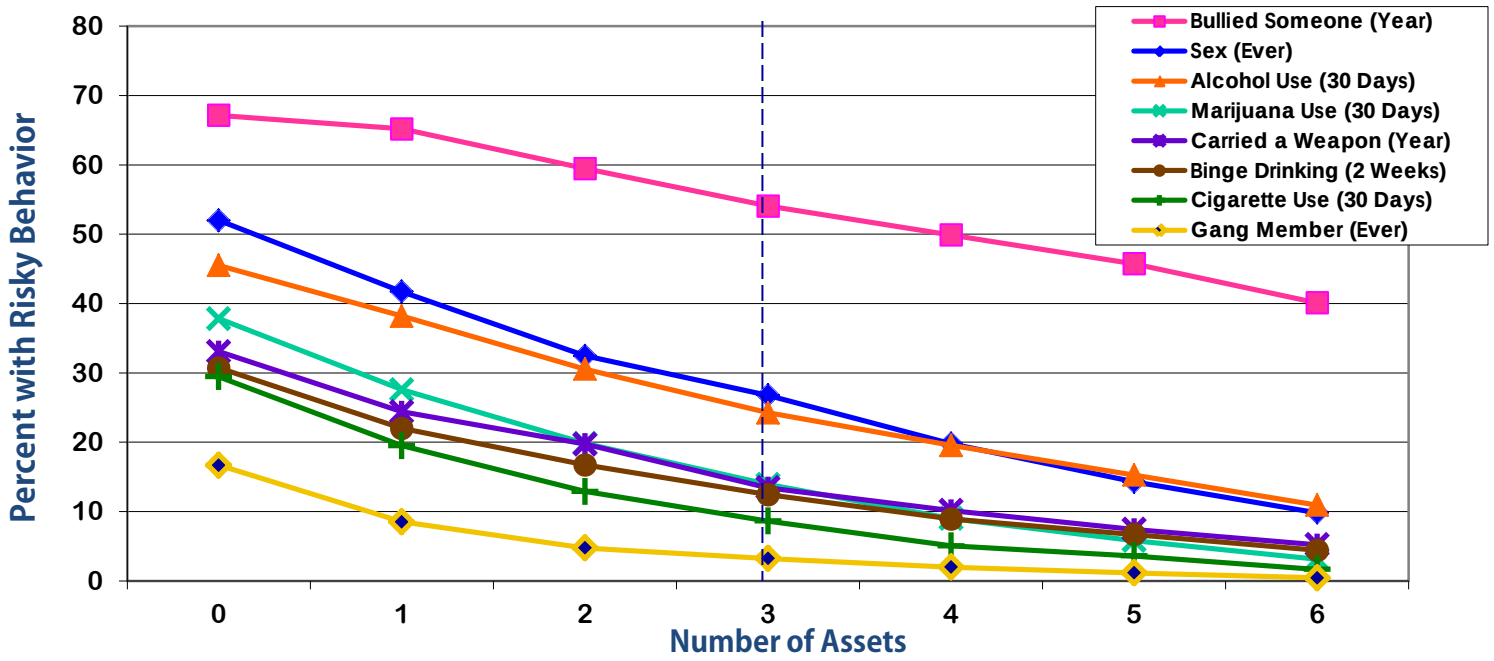
12th Grade 89.0%
10th Grade 85.2%
8th Grade 73.7%

Fairfax County 2011 Youth Survey

Challenges for the Community

- Decreasing alcohol, tobacco, and other drug use
- Decreasing incidence of bullying and cyberbullying
- Decreasing depressive symptoms as well as suicidal ideation
- Improving students' habits in the areas of nutrition and physical activity

Three to Succeed
Asset Graph for Fairfax County (Grades 8, 10, 12)



Having High Personal Integrity
Performing Community Service
Having Teachers Recognize Good Work
Having Community Adults to Talk to
Participating in Extracurricular Activities
Having Parents Available for Help

Fairfax County 2011 Youth Survey

Websites To Learn More

FAIRFAX COUNTY YOUTH SURVEY

fairfaxcounty.gov/youthsurvey

PREVENTION TOOLKIT

fairfaxcounty.gov/ncs/prevention/toolkit.htm

Questions? Contact Us!

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Fairfax County 2011 Youth Survey