



Would you eat a can full of sugar?

Choose water and low-fat dairy drinks instead!

Less
sugar =
a healthier
YOU!



Fairfax County Health Department
703-246-2411 • TTY 711 • fairfaxcounty.gov/hd



A Fairfax County, Va., publication. Dec. 2015. For more information or to request this information in an alternate format, call the Fairfax County Health Department at 703-246-2411, TTY 711.

