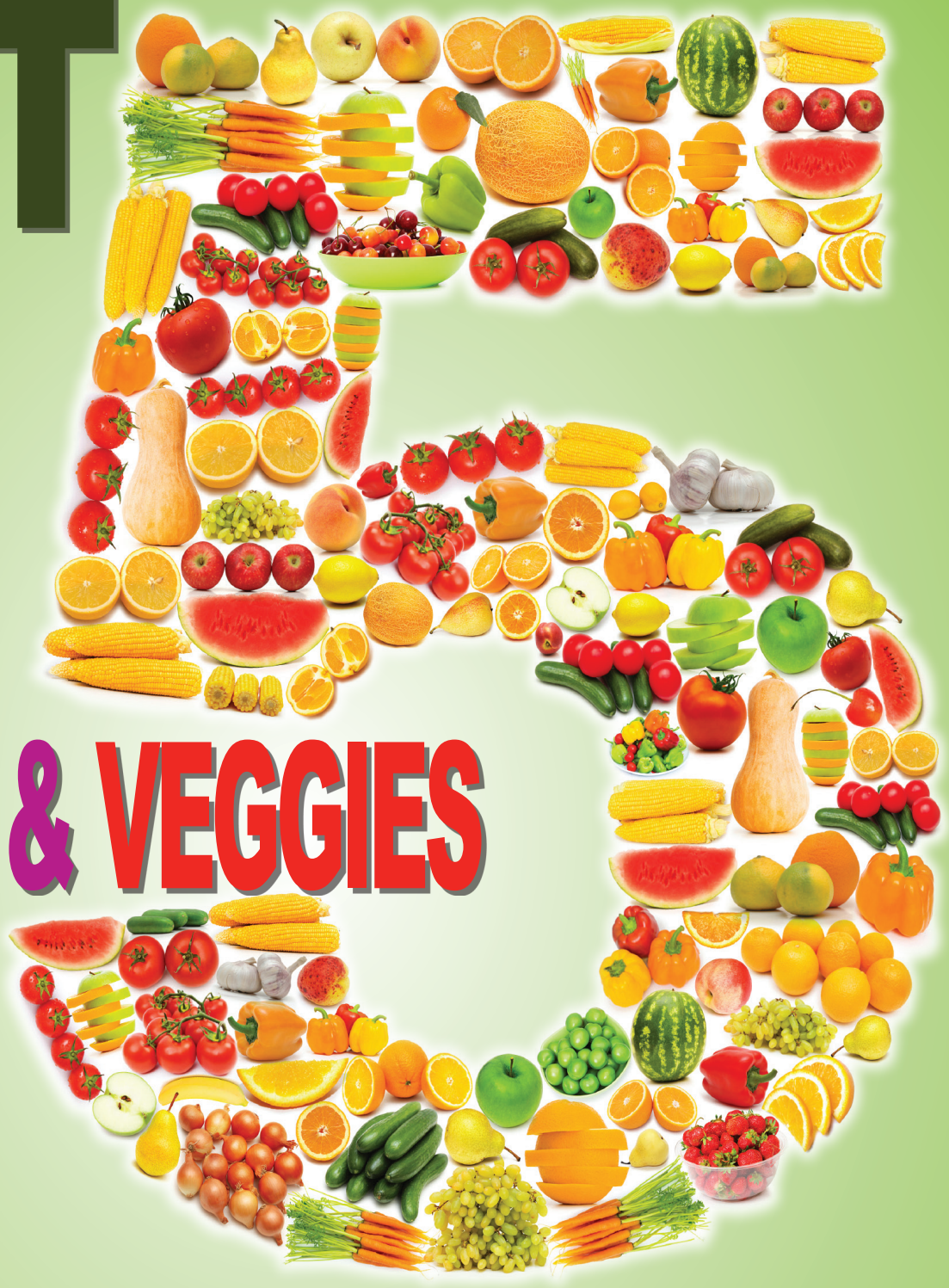
EAT



FRUITS & VEGGIES

5 A DAY

5 servings a day keeps you strong and healthy.

Fairfax County Health Department
703-246-2411 • TTY 711 • fairfaxcounty.gov/hd

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