Take Care of Your SMILE!

- Brush twice a day
- Floss every day
- Eat nutritious foods
- Limit sugary snacks and drinks

SCHOOL HEALTH SERVICES

HEALTH PROMOTION

Fairfax County Health Department
703-246-2411 • TTY 711 • fairfaxcounty.gov/hd

A Fairfax County, Va., publication. Feb. 2014. For more information or to request this information in an alternate format, call the Fairfax County Health Department at 703-246-2411, TTY 711.