

# Serve Nutritious Meals and Earn Cash!

By participating in the USDA Food Program, you can be reimbursed for some of the cost of providing healthy meals and snacks to the children in your care.

In addition to cash reimbursements, you will also receive:

- Priority registration for special workshops for USDA Food Program participants;
- Help in communicating with parents about food-related concerns;
- Assistance in planning well-balanced meals and snacks;
- Consultation with nutrition specialists.

Look at how much you can receive from the USDA Food Program:

## Money You Could Claim Monthly

Number of Children in Care	Tier One*	Tier Two*
5	\$446.25	\$214.20
3	\$267.75	\$128.52
1	\$89.25	\$42.84

## Money You Could Claim Yearly

Number of Children in Care	Tier One*	Tier Two*
5	\$5,355.00	\$2,570.40
3	\$3,213.00	\$1,542.24
1	\$1,071.00	\$514.08



\*For information about eligibility requirements for each tier, call 703-324-8100.

As soon as you have a family child care permit and children in care, please call **703-324-8100** to register for a USDA Food Program orientation class or to schedule an in-home USDA Food Program orientation.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, S.W., Washington, D.C. 20250-9410 or call 800-795-3272 or TTY 202-720-6382 . USDA is an equal opportunity provider and employer.