



FAIRFAX-FALLS CHURCH COMMUNITY SERVICES BOARD

Lt. Colonel Mark Sites, Chair

Fairfax County Government Center

12000 Government Center Parkway, Conference Rooms 2 & 3

Fairfax, Virginia 22035

Wednesday, January 23, 2013

Work Session 6:00 p.m.

Board Meeting 7:30 p.m.

CSB Board Work Session: Transformation Report	6:00 p.m.
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| 1. | <i>Meeting Called to Order</i> | Mark Sites | 7:30 p.m. |
| 2. | <i>Matters of the Public</i> | | |
| 3. | <i>Amendments to the Meeting Agenda</i> | Mark Sites | |
| 4. | <i>Matters of the Board</i> | | |
| 5. | <i>Approval of Board Minutes: December 12, 2012 Work Session & December 19, 2012 CSB Meeting</i> | Mark Sites | |
| 6. | <i>Committee Reports</i> | | |
| | A. External Committee | Mark Sites | |
| | B. Internal Committee | Mark Gross | |
| | C. Fiscal Oversight Committee | Glenn Kamber | |
| 7. | <i>Executive Director's Report</i> | George Braunstein | |
| | A. Legislative Update | | |
| | B. Fairfax County Budget Update | | |
| | C. Training Centers-DOJ Agreement Update | | |
| 8. | <i>Adjournment</i> | | |

Fairfax-Falls Church Community Services Board

Work Session

December 12, 2012

The Board met on December 12, 2012, at the Pennino Building, 12011 Government Center Parkway, Conference Room 206A, in Fairfax, VA.

The following CSB members were present: Mark Sites, Chair; Susan Beeman, Jessica Burmester, Ken Garnes, Mark Gross, Glenn Kamber, Suzette Kern, Karen Margensey, Jane Woods

The following CSB members were absent: Pamela Barrett, Mary Ann Beall, Mattie Palmore, Juan Pablo Segura, Lori Stillman, Woody Witt

The following CSB staff was present: George Braunstein, Cathy Pumphrey, Allan Phillips, Dave Mangano, Jim Stratoudakis, Victor Mealy, David Naylor, Bill Belcher, Laura Yager, Will Williams, Davene Nelson, Alan Wooten, Peggy Cook

Meeting Called to Order

Mark Sites called the meeting to order at 7:05 p.m.

Transformation Completion Report Status and Future Plans Review

George Braunstein provided background leading up to the Transformation Report. This included the Beeman Commission project that, while focused primarily on the area of mental health, indicated the need for full transformation, and the Beeman Implementation Plan which initiated the transformation process following approval by the CSB Board and Board of Supervisors. In looking at the next steps in the CSB transformation and in response to a mandate in the County Executive Work Plan, Mr. Braunstein reviewed his recommendations, highlighting some key areas.

- Due to mission and resources, it is recommended the CSB focus on individuals who are significantly disabled and that all individuals receive timely, robust services throughout the system including continuum of care, residential, employment/education, outpatient, school-based treatment and primary health care.
- Establish a values-based system designed to meet the needs of individuals instead of individuals fitting into the system, with a focus on outcomes that provide 1) adequate housing, 2) meaningful daily activities including employment that contribute to self-worth, and 3) adequate health care. It was indicated the Beeman Commission Report includes sections on all of these outcomes.
- Through employees or private providers, outcomes will be supported and maintained with 1) timely, effective crisis entry, 2) routine entry that expedites services, or if a delay,

needed supports, 3) treatment and community integration, and 4) self-determination supported through peer run services.

- As the standard for comparison, service outcomes to be based on national benchmarks for quality.
- In noting the areas of accomplishments so far, it was reported headway has been made in many areas, and those that indicate little or no progress, are due to county restraints.
- Referencing a goal of the Beeman Commission to expand revenues, it was indicated strides have been made with increases as high as 37% that have leveled off to about 30%.
- While anticipating revenues will continue to increase due to ongoing maximization efforts, it was noted the growth will be marginal partially due to no expansion in Medicaid under the Affordable Health Care Act.
- Grants will continue to be sought especially with benchmark programs, however, the County will not absorb the cost of the grant positions which, in turn, requires plans for sustainability.
- On local funding, with the reductions over the last ten years due to declining countywide revenues, it was noted any budget increases most likely will cover the cost of maintaining current services, e.g., ID grad students, as well as adjustments necessary for personnel.
- Looking at reinvestment, the recommendation is to reduce non-core services and to apply or reinvest the funding in core services such as intensive community treatment and housing. It was noted models can be provided for this transition.

Some questions and information requested by the Board members included:

- In response to clarification of the outcomes being proposed vs. current practice, it was indicated at present the main focus has been on productivity and use of resources, while the proposed outcomes will measure the success of individuals living highly effective lives.
- Following concern expressed with defining and limiting the criteria of those served and that it is budget driven, Mr. Braunstein noted it is to prevent the service system from being overwhelmed. It is anticipated under the transformed system that 20,000 plus individuals will continue to be served, but the needs being presented are much more complex. It was indicated staff currently must decide on those that can be served due to caseloads and finite resources, and it was noted, whether or not the recommendations in the Report are accepted, this will still need to be addressed.
- To more fully analyze the Report, it was requested data be provided that outlines the impact to CSB services of budget reductions over the past years. In addition, it was suggested that policy decisions be separated out from this Report.
- It was noted if information can be provided which would indicate, under a transformed system, levels of expanded services, this would be helpful for future goal setting.
- To understand the transition and implications of moving to a broader community based system, it was requested that models with associated costs and numbers of individuals

impacted be provided that illustrate supporting core services, more peer run services as well as preventative services.

- Following further discussion, there was a request to receive data that demonstrates meeting all service needs two years out, broken out by program/diagnosis, associated costs, portion that can be served by the private sector, those in the jail system, etc.
- While indicating this data can and will be provided, it was pointed out prevalence data does not address the issue of outcomes.
- Realizing the extensive amount of data being requested, concern was expressed sufficient time be provided for staff to compile the information and it was recognized all the information will not be available at one time.
- In addition, prior to engaging the public and staff in the process, it was recommended the data and model information be fully reviewed and fleshed out by the Board.

Next Steps:

- As it was indicated some of the data requested can be made available and distributed to Board members by mid-January, it was determined a Board work session will be scheduled for further discussion at 6:00 pm on January 23rd, directly prior to the CSB Board meeting.

There being no further business, the work session was adjourned at 9:25pm.

Date Approved

Staff to the Board

Fairfax-Falls Church Community Services Board

December 19, 2012

The Board met in regular session at the Fairfax County Government Center, 12000 Government Center Parkway, Conference Rooms 9 and 10, in Fairfax, VA.

The following CSB members were present: Mark Sites, Chair, Pam Barrett, Susan Beeman, Jessica Burmester, Ken Garnes, Mark Gross, Glenn Kamber, Suzette Kern, Karen Margensey, Juan Pablo Segura, Lori Stillman, Woody Witt, and Jane Woods

The following CSB members were absent: Mary Ann Beall, Mattie Palmore,

The following CSB staff was present: George Braunstein, Cathy Pumphrey, Jim Stratoudakis, Peggy Cook, Jean Hartman, Alan Wooten, Evan Jones, Bill Belcher, Gary Axelson, Laura Yager, Dave Mangano, and Lyn Tomlinson

1. Meeting Called to Order

Mark Sites called the meeting to order at 7:30 p.m.

2. Matters of the Public

Ms. Sherry Rose addressed the Board.

Joyce Cantrell, representing 'Friends of A New Beginning, shared concerns with the CSB proposed Transformation Report and impact on the programs providing services to the SUDs population.

3. Recognitions

Mr. Ellwood "Woody" Witt attending his last meeting as a board member was recognized for his many years of service and contributions to the community. Deep appreciation was extended to Mr. Witt who during his tenure served as the Chair for the Intellectual Disabilities Committee.

Ms. Cathy Pumphrey, Director of Informatics was honored upon her retirement in December, 2012 after more than 36 years of service. Lt. Colonel Sites shared an overview of the exceptional body of work Ms. Pumphrey provided. Several Board members spoke in recognition of the many accomplishments that Ms. Pumphrey has had during her time with the CSB.

4. Amendments to the Meeting Agenda

Following a request from Juan Pablo Segura to address the board on a fiscal matter, a motion was made, seconded and carried.

5. Matters of the Board

Lori Stillman reported on her meeting with Supervisor Pat Herrity and Jeannie Cummins-Eisenhour at a local group home to discuss the CSB Good Neighbor Initiative.

Lt. Colonel Sites reported on the following:

- At the December 12th Work Session, George Braunstein, CSB Executive Director provided an overview on the progress of the transformation
- In addition, following discussion of a request to remove the Transformation Report from the CSB website, a decision was made to add explanatory language to the website noting this is a working document. Lt. Colonel Sites agreed to draft the statement and circulate to the Board members for review.
- Lt. Colonel Sites shared a draft letter to Virginia Governor Robert McDonnell, which included revisions by Jessica Burmester. Following discussion, it was determined to add a range of anticipated funding needs, include mention of waiver rewrites, and to finalize the letter in January. A motion was made by Glenn Kamber to approve the letter with modifications noted, that was seconded and passed.
- Referencing the incident at Sandy Hook, there was discussion of additional mental health first aid training being offered as well as the possibility of requesting more funding to support mental health services. It was determined these issues will be addressed further through the External Committee and/or at an upcoming Board work session.

6. Approval of the Minutes

A motion was offered to approve the November 28, 2012 minutes. The motion was seconded and carried.

7. Data Reporting System Presentation

Cathy Pumphrey reported on the current capabilities, progress, and future expectations for Credible, the Electronic Health Record (EHR), implemented in March 2012. It was noted there is a current delay in production of some of the reports due to an unexpected staff resignation, which is being addressed with staff redeployment and training scheduled in February.

8. Committee Reports

A. *External Committee:*

Lt. Colonel Sites reported he will be testifying at the State Budget regional meetings on January 4 & 5 along with CSB Board members Jessica Burmester, Suzette Kern, Lori Stillman, and Susan Beeman.

B. *Fiscal Oversight Committee:*

Referencing the last meeting of the Fiscal Oversight Committee, Juan Pablo Segura asked about the effect of staff vacancies and services reductions on utilization rates.

9. Information Items

A. *Introduction to Crossroads*

In response to a request for CSB site visits, background was provided on Crossroads, a residential treatment program for substance use disorders. In addition to providing an overview, Laura Yager, Director, Partnerships and Business Development, and Peggy

Cook, Director, Residential Treatment Services, offered two separate dates for Board members to participate: Wednesday, January 16th at 10:00 am or Thursday, January 17th at 10:00 am.

10. Action Items

A. *2013 CSB Board Meeting Schedule:*

Glenn Kamber made a motion to accept the 2013 proposed CSB meeting schedule which was seconded and unanimously approved.

11. Executive Directors Report

- George Braunstein recognized the following CSB staff:
 - Regional Management and FAST team members for assisting and enrolling 700+ individuals and community members in Medicare Part B.
 - Appreciation was expressed by County staff to Amy Smith and Pouneh Zeraat with Wellness & Health Promotion for the Mental Health First Aid training provided. It was noted there have been numerous requests for this training from various departments throughout Fairfax County.
 - The Juvenile Domestic Labor Board thanked the CSB Juvenile Justice staff for going ‘above and beyond’ in working with a suicidal teen until stabilized as well as with a native speaking youth and family.
 - Sam Wagner with Wellness & Health Promotion for coordinating donations of used camping equipment to a number of homeless persons.

- *State Budget-Legislative Update*

Mr. Braunstein provided a summary of proposals in the State FY2014 budget recently submitted by Governor McDonnell that include:

 - Eligibility for SSI benefits to drop from 300% to 267% of poverty income level.
 - As an additional \$5.5 million is needed for ITC services above the \$3 million proposed, efforts are underway for an amendment to designate the additional funding.
 - \$1 million has been budgeted for Children’s Mental Health Crisis services for two regions, Fairfax and Tidewater, previously unfunded in 2012. However, as this will not accommodate the Fairfax, Arlington and Alexandria CSBs’ regional program to provide child Mobile Crisis services, the VACSB is working with a statewide youth organization to fully fund both programs.
 - Of the 60 potential individuals to be discharged from State facilities in 2013, the \$750,000 currently allocated for discharge assistance will only support 10-15 individuals.
 - \$1.2 million has been budgeted for crisis services to children with ID and DD in FY 2014.
 - Funds have been budgeted to fully fund the START program.
 - The Medicaid budget has a 25% increase rate for specialized needs of individuals leaving the Training Centers; however, as there is no stated measure of eligibility, clarification is being sought from DMAS on the thresholds for guaranteed funding.

- The \$700,000 proposed for inpatient psychiatric beds at the Northern Virginia Mental Health Institute (NVMHI) will only fund half of the needed beds, and as a result, sponsors are being sought to offer an amendment for additional funding.
 - State Mental Health Facility budgets are reduced by total of \$1.5 million as part of statewide administrative reductions.
 - A \$40 million CSA statewide reduction is included which will impact At-Risk Children services. The VACSB has endorsed advocacy for an amendment for expanded funding.
- *Logisticare*
 - Mr. Braunstein indicated he, Alan Wooten, and Evan Jones have been working with the new manager and other staff at DMAS to address numerous concerns with the transportation provided by Logisticare. A meeting has been scheduled for the third week of January in which DMAS and Logisticare representatives will meet with CSBs in our region as well as private providers for further discussion. In light of a previous suggestion to submit a budget amendment in an effort to ensure accountability, it was determined at present to continue working directly with DMAS, encourage active participation at the January meeting, and if possible, obtain the Logisticare Contract for review at the January meeting. In addition, Mr. Braunstein indicated that the VACSB supports a budget amendment but does not plan to officially carry forward an amendment.
 - *CSB Audit*
 - Mr. Braunstein reported a one-week audit was recently conducted by the Department of Behavioral Health and Developmental Services (DBHDS) and included review of clinical programs, financials, human resources and procedures. The result was some minor corrections, with the DBHDS audit team leaving highly impressed with the agency and staff.

Actions Taken –

- ◆ Approval of the November 28, 2012 minutes of the Fairfax-Falls Church Community Services Board.
- ◆ Approval of letter to Virginia Governor McConnell as revised and once specific funding information is added.
- ◆ Approval of the 2013 CSB Board Meeting Schedule.

There being no further business to come before the Board, a motion was offered by Lt. Colonel Sites to adjourn which was seconded and carried. The meeting was adjourned at 10:38 p.m.

Date

Staff to Board