

REGIONAL MANAGEMENT GROUP MEETING

Date: September 23, 2011

Time: 9:00 a.m.

Attendees: Tom Geib, George Braunstein (by phone), Tom Maynard, Maximilien Del Rio, Mike Gilmore, Cindy Koshatka, Mark Diorio

Guests: Candace Butler, Stephanie Clements, Barbara Martinez

Recorder: Julie Parkhurst

Call to Order: Tom Geib called the meeting to order at 9:00 a.m.

Notes: Notes from August 26, 2011 meeting were approved.

Handouts: Agenda, RMG Meeting Notes (August 26, 2011), Regional Utilization Management Report, FY12 HPR II Regional Funds Budget Status, FY11 Regional Projects Retained Earnings, RCIC Organization Chart, NVMHI Budget Requirements, LIPOS Budget Projections

Announcements: Candace Butler is replacing B. Martinez with respect to regional contracts.

TOPIC	DISCUSSION	REC/ACTIONS	RESPONSIBLE PARTY	FOLLOW-UP/DATE
Discussion	<ul style="list-style-type: none"> • CIC/ECC (Updates): Inova has no timeline for implementation of CIC and has expressed concerns about CSB pulling out of project. • CIC/ECC (Alternatives): Twenty + beds are available in Chantilly; half for medical detox and half for crisis stabilization. A full time primary care nurse practitioner is on staff for medical exams. Costs are unknown. The CSBs cannot wait for Inova which has an immediate responsibility to the community. Some positions will still be needed, perhaps regional. Fairfax is currently hiring five nurses for that site and expanding. • NVMHI Crisis Plan: Emergency Managers requested that posthearing beds be included in the NVMHI overcensus procedure. Define criticality vs. placement issue. NVMHI is more space limited than WSH which is why it is more difficult for them to go over census. 	<p>Inova was assured that CSB is committed to the project, regardless of funding issues.</p> <p>Provide proposal with costs. Make decision about funding at the next conference call. Inform Inova of alternative.</p> <p>Implement on a trial basis for 3 months. Each ED will discuss the parameters with their ES staff and M. Del Rio will discuss with NVMHI staff.</p>	<p>G. Braunstein</p> <p>G. Braunstein RMG</p> <p>G. Braunstein, C. Kemp</p> <p>CSBs/NVMHI</p>	<p>9/26/11</p> <p>10/1/11</p>

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TOPIC	DISCUSSION	REC/ACTIONS	RESPONSIBLE PARTY	FOLLOW-UP/DATE
<p>Discussion (cont.)</p>	<ul style="list-style-type: none"> • Regional Budget Priorities: Alexandria CSB adopted Arlington CSB's budget priorities; they added funding requirements. Their number one priority is to support NVMHI and second is for the children's CSU. Prince William and Loudoun CSBs will support NVMHI. • ID/DD Waiver: C. Kemp made changes to the letter. 	<p>Make Arlington CSB document regional and add funding needs Ask J. Pezzoli how much money was requested for 19 beds at NVMHI.</p> <p>Look over letter and provide feedback.</p>	<p>C. Koshatka M. Gilmore RMG</p>	<p>ASAP 9/26/11</p>
<p>Brief Updates/ Discussion</p>	<ul style="list-style-type: none"> • OIG Survey: Surveys are ongoing. ES managers have been asked to provide narratives with next report. • ROI Training: Return on Investment training with Steve Horan will take place, and a database with outcome measures that CSBs will have access to will be shown. Topics include how tax dollars get a return on investment to the community. • HSO Presentation: Presentation to NVRC is 10/21/11. • Partnership Meeting: T. Geib will be out of town for the October Partnership meeting. Options for future partnership meetings were discussed. • Piedmont Meeting: A meeting with PGH takes place quarterly. Geriatric admissions are still problematic. They will take TDOs; the admission procedure is on the website. HPR2 is trying to break down the many barriers to admission. Loudoun's Board is asking the CSB to be more flexible and collaborative in order to keep a full unit at Inova Loudoun. Expansion and separation of geriatrics from more acute/aggressive clients is underway. At Birmingham Green, clients can be admitted through APS for about \$60/day. • VICAP: Procedures are working well; data was presented. DMAS' biggest problem is that people are not showing up. Child contacts are doubling in PW 	<p>Send data to RMG.</p> <p>Explore the possibility of setting up training in Prince William and determine what tools are needed for training environment.</p> <p>Create agenda and send out.</p> <p>Discuss a focus with consistent participants. Discuss future directions at next conference call.</p>	<p>C. Koshatka T. Geib C. Koshatka C. Kemp RMG</p>	<p>Mid-October 9/26/11</p>

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TOPIC	DISCUSSION	REC/ACTIONS	RESPONSIBLE PARTY	FOLLOW-UP/DATE
	monthly.			
Budget	<ul style="list-style-type: none"> • Regional Budget and Retained Earnings: The regional budget and retained earnings were discussed and reviewed. • CRT and RAFT have retained earnings that are not earmarked. CRT would like their retained earnings to be used for behavioral consults. • Deaf funding will be used in the same way as last year: Use for interpreter services; allocate to CSBs on first come-first served basis. 	<p>Discuss funding on conference call.</p> <p>Send out notices to each CSB.</p>	<p>RMG</p> <p>C. Koshatka</p>	<p>9/26/11</p> <p>ASAP</p>
Data	<p><u>LIPOS</u>: 63 admissions in 8/11. Average LOS is 6.1. Most admissions went to Dominion and Prince William Hospitals. 4 PHP admissions YTD.</p> <p><u>NVMHI</u>: 57 admissions in 8/11. 21% TDOs in 8/11. 28% insured, 32% transferred – 94% occupancy.</p> <p><u>TDOs</u>: 199 commitment hearings were held in 8/11 and 17 clients went out of region.</p> <p><u>Crisis Care</u>: 67 admissions in 8/11; 68% diversion, 29% step-down, 3% NGRI and 1% TDO/CMA. 95% occupancy for 8/11. 42% had a SA diagnosis; 4 admissions were persons with ID.</p>	<p>Utilization may be up due to restructuring at NVMHI, August vacations, etc. Stays at NVMHI <3 days will be reviewed.</p> <p>Explore a local (home CSB) fee setting procedure for Woodburn Place. Work out administrative details when convenient for consumer.</p>	<p>C. Koshatka</p>	<p>Next CSU meeting</p>
Round Robin	<p>NVMHI: Psychiatrists and a clinical psychologist are being recruited.</p> <p>NVRPO: START funding should be known today and will be shared when obtained. Note the November and December RMG meetings will take place on the third Friday of the month due to the holidays.</p> <p>Loudoun: There are three finalists for Loudoun CSB ED position.</p> <p>Alexandria: Alexandria has lost three psychiatrists.</p>		<p>C. Koshatka</p>	<p>ASAP</p>

