REGIONAL MANAGEMENT GROUP MEETING

Date: September 27, 2013 **Time:** 9:00 a.m.

Attendees: Jim Newton, Joe Wilson, Tom Geib, Daryl Washington, Mike Gilmore, Cindy Kemp, Mark Diorio, Kathy Drumwright, Cindy Koshatka, Lyanne Trumbull, Barbara Martinez, Tom Young, Heidi Dix, Jim Stewart, Olivia Garland, Jacqueline Turner, Claudia Arko, Bernard Caton, Sue Rowland, John Sandy, Margaret Graham, Joanna Barnes, Pat Carroll, Nancy Vincent, Louise Armitage, Phil Caldwell, Jack Bruggeman, Bruce Patterson, Jae Benz, Lee Price, Katie Boyle, Evan Jones.

Guests: Judith Korf, Jane Anthony, Bob Anthony, Chris McHugh

Absent: George Braunstein

Recorder: Julie Parkhurst

Call to Order: C. Koshatka called the meeting to order at 9:00 a.m.

Announcements: Welcome and introductions were made.

Notes: Notes from August 23, 2013 meeting were approved and signed.

Handouts: Agenda, RMG Meeting Notes (August 23, 2013), Regional Utilization Management Report, FY13 HPR II Regional Funds Budget Status, LIPOS Budget Projections, HPR II FY 14 Budget Priorities, ID Congregate Living, Type of Home Chosen.

TOPIC	DISCUSSION	REC/ACTIONS	RESPON-SIBLE PARTY	FOLLOW-UP DATE
Regional Budget Priorities	• Legislative liaisons asked how priorities are the same and different from those of the VACSB. The VACSB may be more interested in prioritizing Medicaid expansion. • C. Kemp gave an overview of the SAARA peer run program. It has been successful, and our region would like for it to continue. $80k came from the region and $10k from each CSB. HPRII would like this to become an ongoing project funded by the State. This program could save the State money because of less need for support services. • J. Wilson gave an overview of youth services. The project is described as a complete wraparound service model for youth which came out of the SAMHSA mini grant University of Maryland model. Peer to peer support for care givers and family support are critical components. The program is a regional MH request, and goes beyond CSA. This is a facilitative process to provide services that create positive outcomes and are	A one page summary was distributed. A one page summary was requested by legislators and will be sent.	J. Wilson	ASAP

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Regional Budget Priorities (cont)	ultimately less expensive than residential treatment centers or congregate living, and youth stay in the community. • T. Geib gave an overview of the housing priority. The goal in creating housing is to divert people from hospitals and jails by offering a package of services with housing. This project would be for people in the community that need housing in order to maintain recovery efforts. $3.2 million would be required to serve 140-200 persons. This project is modeled after DAP but is different in the populations served. • A fourth issue re: ID/DD needs was discussed. VACSB has five initiatives in their priorities, including ID.DD waiver rate increases. • Legislators suggested that the priorities be presented as critical issues and not numbered	Include DAP positive outcomes/program success and emphasize the housing piece. Review VACSB priorities next week and consider using ID/DD as a regional priority. Revise the priorities and redistribute to legislative liaisons	C. Koshatka EDs C. Koshatka EDs	 10/4/13
State ID Updates	• Hearings on 10/8 and 10/10 in our region regarding DD/ID waivers. • The State has to send in waiver applications to CMS by April 2014. DBHDS will determine ID/DD services, not Medicaid. • HSRI is doing a study on waivers and will give full recommendations of rate changes in June 2014. They will look at rates, regulations and policies. It is not expected that rate changes would be implemented until 2015/2016. • DBHDS is working to get assistance the families need now by discussing how to maximize current waiver dollars. DBHDS has also requested GF money from carryover to assist until waiver rates change, and they expect an answer soon. • Exceptional rate criteria have been established, and CMS is reviewing them. • Funds from the sale of Southeastern Virginia Training Center will go to the trust fund in a matter of weeks. It is hoped that this funding source will be used to assist providers.			
Quarterly ID/DBHDS meeting	**RCSC Updates** • Start with planning for one RCSC for each region. Services may be different from region to region depending on what regional needs are. • Dental services are the statewide priority. Internships are being given for dental services. • Health networks in the State with various services for ID populations will be invited to partner with RCSCs.			

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Quarterly ID/DBHDS meeting (cont)	**Providers** • Capacity is still being developed. Providers have been expressing interest. Assessments are being done. • Costs are being reviewed. Funding is still needed. Some funds can be used for environment modifications and assisted technology ($7k). Then, in-home supports can be brought in. • Property costs and modifications carry a monthly cost that is more than clients can contribute. Bridge funds are hoped to assist with this gap. Home skilled nursing can be provided 24/7 and reimbursed by DMAS if needed. • No ICFs are currently being developed by DBHDS in HPRII. • Waivers need to meet a large number of needs for each person. Feedback can be provided at forums that are occurring now. • Day/employment support is needed. Only a limited number of providers are available. Some are challenged by the level of medical services needed by some individuals.			
	START Updates • START program and staffing expansion is expected for FY15.			
	Work Group Updates • Work groups are active, and a few have been added. • ID Directors would like one sheet identifying work groups and who participates in them. • Some groups finished and closed out.	Posted on Web site	DBHDS	
	Individual and Family Supports Funding • CSBs need to know who received individual and family support from DBHDS.			
	Procedural Questions • All ISARS will be caught up by October 2013. Technical problems were encountered. DBHDS and DMAS are working through issues regarding waiver approvals and provider payments.	Ensure communication is flowing to HPR II.	ID Directors and H. Dix	Ongoing
	• CVTC had their own environmental modification checklist which may have been different from checklist in our region.	Direct issues to J. Benz		
	• DBHDS and DOJ are discussing modification of enhanced case management. Definitions are being reviewed. Face to face CM contacts are taking place despite pressures around lack of resources.	CSBs requested that DBHDS put CSB staff turnover rates on data dashboard.	DBHDS	ASAP
	DOJ/Independent Reviewer Updates • Twenty eight reviews have been completed. Home of five or more is too large. Concerns exist regarding ISPs and unmeasureable baselines. Reviewers made positive statements			

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Quarterly ID/DBHDS meeting (cont)	about improvements noted in some clients' moves. • DBHDS will meet with families at NVTC today. CSBs are welcome to attend. • T. Geib expressed concern regarding the NVTC closure being on a timeline. DBHDS needs a target date. A March 2015 target rate will be difficult to achieve due to waiver rates not changing until then. **DD waiver** • Becomes DBHDS purview on 11/10/13 • DD and ID waiver combination is being reviewed			
Updates	**Dual Eligible Project** • The Dual Eligible Project Team met and will meet again on 10/30. **Hospital Meeting** • The hospital meeting occurred on 9/26. Concerned Citizens of Fairfax attended as well. Resources are being developed for families. Inova hospitals are not accepting Kaiser insurance. **Health Vest** • Health Vest is focusing on PW County and would like additional letters of support and from psychiatrists. **Medicaid Expansion** • Medicaid expansion will not likely occur in 2014. **DSM V Training Needs** • Medical Directors will discuss training at their 10/29 meeting. The State may put together some webinars. **Piedmont** • Pilot for our region is occurring for the next 2 months • PGH admits will take six business days from the date of the completed packet.			
Budget	**LIPOS Projections** • A handout was distributed to the group and reviewed. LIPOS is typically heavy at this time of year. **Regional Budget Overview** • Regional budget was discussed and a few changes will be made with regard to funding that goes to NVMHI. **Unexpended Funds** • A proposal is being worked on for guardianship, geriatric respite beds and alternative transportation. **Youth Crisis Funds** • Arlington CSB receives these funds. Both the region and	T. Young recommended capping youth LIPOS funding to $100k/quarter. Coordinate with Dr. Aaron at CCCA. Update RMG as information becomes available RMG approved 4.5% fee for	C. Koshatka	Ongoing

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Budget (contd)	Arlington CSB will receive a 4.5% administrative fee.	NVRPO Invoice Arlington CSB	T. Young	ASAP
Data	• Regional statistics were discussed and reviewed. • NVTC census is down to 128.	Change Access crisis care to 6 beds for September stats.	J. Parkhurst	
Round Robin	**Arlington:** ID Directors will proposal funding from the CSB. **K. Drumwright:** Five quality councils have been set up. HPR II council will be held on November 14, 2013. An ID case management representative is needed. Bob Anthony has been invited as the data representative. These are quarterly meetings and are scheduled for two hours. **Alexandria:** Linda Waldron's presentation on cyber-bullying will be given ~Dec. 11. **NVTC:** Twelve moves are underway and providers have been chosen. Transport is moving to Logisticare. Four parents say they are not going anywhere. CSBs were asked to put data in Survey Monkey. Building 4C is closing in December. Two psych directors were lost and M. Diorio is covering those. **PW:** So far there is no talk of cuts in PW. MH Awareness Day on 10/10 in Woodbridge. T. Geib's position will be advertised on 9/30/13 and someone will be named by December 1. **NVMHI:** NVMHI is taking a moderate budget hit. It is operating with 123 beds and the roof is to be repaired on November 25. **NVRPO:** The next meeting will be held October 25, 2013.			

Adjournment: The meeting was adjourned at 12:00 noon. The next meeting will be on October 25, 2013, at 9:00 a.m. in Chantilly, Suite 200, Multipurpose Room.

Items for next meeting:

Julie M. Parkhurst
_____ _____11/22/13_____ _____ __11/22/13_____
Recorder **Date** **Chair** **Date**