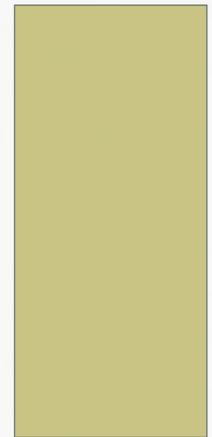


A REVIEW OF CSB EMPLOYMENT AND DAY SUPPORT FUNDING AND SERVICES STRATEGIES

PRESENTATION TO THE BOARD OF SUPERVISORS'
HUMAN SERVICES COMMITTEE
JUNE 25, 2013



CSB EMPLOYMENT AND DAY SERVICES

- CSB Employment and Day Services are highly valued by the County, FCPS, employment service organizations, employers, and service recipients and their families.
- Approximately 1,300 persons with intellectual disability (ID) receive CSB employment or day services.
- Services are provided by private employment services organizations under contract with Northern Virginia CSBs or directly by staff and the Virginia Department of Aging and Rehabilitative Services (DARS).

FACTORS CONTRIBUTING TO INCREASED COST OF SERVICES

- Additional requests by graduates and community citizens for services each year.
- Virginia's Medicaid ID waiver program is exclusive and not available to all persons with ID.
- Many persons who are eligible for an ID waiver are on long waiting lists.
- Medicaid reimbursement rates do not cover the full costs of services for many people with waivers.

COST CONTAINMENT INITIATIVES

- Over the past ten years there have been numerous recommendations and management efficiencies implemented to contain costs, to maximize non-County revenues, and to prevent waiting lists.
- The recently completed study by TransCen, Inc., proposed alternative service models and financial strategies which are long-term in nature.

FUTURE OPPORTUNITIES

- The Commonwealth is contracting now with national consultants to begin a revision of its Medicaid ID and DD waiver programs and rates of reimbursement for FY 2015-16.
- The Regional Contract for CSB ID Employment and Day Services ends on June 30, 2015, which will require a new solicitation and contract process to commence in the spring of 2014.

SERVICE OPTIONS UTILIZING AVAILABLE RESOURCES

- As a short term approach for FY 2015, the CSB Board requested staff begin working now with private providers to recommend options for provision of services within local funding allocations.
- At the request of the CSB Board, staff provided several cost containment strategies and impact analyses for consideration by the CSB Intellectual and Developmental Disabilities (IDD) Workgroup.

COST CONTAINMENT STRATEGIES

- Implement from 6 to 12 furlough days per year for those recipients who are in day support (not employed).
- Implement capitation at 90% of current funding levels for recipients who are not employed.
- Reduce current levels of program enhancement funding (used to purchase additional services not covered by Medicaid waiver reimbursement) by either 10% or by revising the payment methodology. This would apply to those recipients who are not employed.

COST CONTAINMENT STRATEGIES

- Implement a strategy to increase self-directed services. Self-directed services require a cost savings per recipient of at least 20% of traditional service costs.
- With self-directed services, the type and amount of supports are individualized and may include participation in non-contracted day programs such as SPARC and McLean Bible Church.

PROCESS AND TIMELINE

- CSB Staff will meet with each employment services provider over the summer to discuss the feasibility and impact of each strategy and to solicit other recommendations to contain costs.
- By September, CSB staff will report back to the CSB Board's IDD Workgroup in order to finalize recommendations in line with the process of preparing the CSB's FY 2015 budget submission.