HEALTH CARE ADVISORY BOARD

Meeting Summary
June 8, 2009

MEMBERS PRESENT
Marlene Blum, Chairman
Bill Finerfrock, Vice Chairman
Rose Chu, Vice Chairman
Timothy Yarboro, MD
Dave West
John Clark
Ellyn Crawford
Rosanne Rodilosso
Francine Jupiter
Susan Conrad

STAFF
Sherryn Craig

MEMBERS ABSENT
J. Martin Lebowitz, MD

GUESTS
JoAnne Jorgenson, Health Department
Chris Stevens, Health Department
George Braunstein, Fairfax-Falls Church Community Services Board (CSB)
Mary Kudless, (CSB)
Jennifer Siciliano, Inova Health System
Tim Sampson, Walsh, Colluci
Karen Berube, Inova Juniper Program

The meeting was called to order by Marlene Blum at 7:49 p.m.

Approval of the Minutes

"BSPP" was substituted for "program" to qualify the sentence "Fairfax Hospital serves the majority (66%) of the BSPP's clients" on page 4. Also on page 4, Francine Jupiter's statement was clarified to read, "Francine Jupiter noted that there are a lot of Fairfax County residents in the Mount Vernon area that deliver at Alexandria, not just Fairfax Hospital." The minutes from the May 11, 2009 HCAB meeting were accepted as corrected.

Presentation

Bill Finerfrock presided as chair. Marlene Blum moved a resolution honoring JoAnne Jorgenson's service to Fairfax County, the Health Department, and the Health Care Advisory Board. Ellyn Crawford seconded the motion. The motion carried unanimously. Ms. Blum also moved to make JoAnne Jorgenson an Honorary Member of the Health Care Advisory Board. Susan Conrad seconded the motion. The motion carried unanimously.

Beeman Commission Update

George Braunstein, Director of the Fairfax-Falls Church Community Services Board, introduced himself to the Health Care Advisory Board. Mr. Braunstein reported that the CSB is working on an implementation plan to carry out the Beeman Commission recommendations. One objective of the implementation plan is to make sure that certain practices are consistent throughout the CSB, which boasts an operating budget of $150 million, 1,200 employees, and 20,000 clients. Additionally, Mr. Braunstein underscored the importance of integrating children's services into the CSB system. By eliminating the existing silos in children's care, the focus shifts from treating the most emotionally disturbed to prevention and early intervention.

Mr. Braunstein also argued for the importance of a medical home. Currently, the CSB provides mental health services at all three Community Health Care Network (CHCN) clinics; conversely, some primary care is offered at the Woodburn facility. The CSB has applied for federal grant funding to provide primary health care at the Mount Vernon Health Clinic and the Psychiatric Rehabilitation Services building, located in Tyson's.

Mary Kudless said that primary care physicians and nurse practitioners would be the primary care providers. With respect to how this model compares to other communities, Ms. Kudless said that Fairfax provides behavioral health support in primary care settings, rather than primary health care at behavioral health facilities. Ms. Kudless said that the success of the latter model will depend on funding and reimbursement.

Mr. Braunstein said that the CSB continues to look at building a new Woodburn Center. Negotiations remain ongoing with Inova Health System.

The CSB is also working to develop guidelines regarding mental health services for the homeless and at risk of becoming homeless in connection with the Ten Year Plan to End Homelessness. This initiative is outside the scope of the Beeman Commission, but remains a key priority for the CSB.

Mr. Braunstein reiterated the CSB's commitment to a proactive, early prevention model with respect to children's services. However, he also noted that there are barriers to fully implementing this approach.

With respect to whether Fairfax's culturally and ethnically diverse population provides challenges to the CSB, Ms. Kudless highlighted the work of the Multicultural Team, which reaches out to non-English speaking clients. The CSB has also contracted with the Center for Multicultural Human Services to expand the CSB's outpatient outreach capacity. The CSB's Alcohol and Drug Services program provides Latino-specific services, but Ms. Kudless recognized that there was more that could be done in this area.

Update on Inova's Schedule of Capital Improvements

Jennifer Siciliano distributed an update of the $1 Million Capital Project Notification Threshold, which is based on the *TURNER Building Cost Index*.

Ms. Siciliano also reported on Supervisor Hyland's Out-of-Turn Plan Amendment for the building of Inova's Lorton HealthPlex. Inova has developed a plan for a 48,000 square foot two story HealthPlex with significant future expansion capability. The first phase of the project will include an Emergency Department (ED) and Imaging Services with shelled space for an Ambulatory Surgery Center and other services or physician offices. The Lorton HealthPlex schedule includes:

- Zoning approvals by 2010
- Completion of Sanger Road construction by the second half of 2010
- Building permits and final County approvals by June 2011
- Completed construction and HealthPlex opening by December 2012

Projects completed since Inova's last capital update in May 2008 include:

- Morgue relocation
- Heart and Vascular Institute's 4th Floor Fit-Out
- Inova Research Center
- OB/Peds Clinic relocation
- Life with Cancer Center
- Central lab (95% complete)

Ongoing projects at Inova Fairfax Hospital include:

- *Inova Fairfax Hospital Pediatric Post Anesthesia Care Unit:* Project remodels 6,600 square feet of vacated space in the Critical Care Wing converting it to a pediatric holding and recovery area.
- *Inova Fairfax Hospital Fire Alarm System:* Project replaces the existing fire alarm control panels and technology and provides capability to accommodate future expansion.
- *Inova Fairfax Hospital Patient Tower Upgrades:* Project upgrades mechanical electrical and plumbing systems in the existing patient tower building.
- *Inova Fairfax Hospital Pharmacy Consolidation:* Project replaces and relocates main Pharmacy (in conjunction with the 2015 Capital Improvement Plan (CIP).
- *Inova Heart and Vascular Institute Hybrid Operating Room:* Project installs cardiac catheterization lab equipment into a cardiovascular operating room (OR) to create a "hybrid" Cardiovascular Operating Room (CVOR).

Ongoing projects at Inova Mount Vernon Hospital include:

- *Inova Mt. Vernon Expansion & First Floor:* Creates a single point of entry and enhanced patient flow for outpatients. Includes 5,500 square feet addition to Radiology and renovations to Patient Registration, radiology and the ED.
- *Inova Mt. Vernon Emergency Power System Replacement:* Project replaces existing emergency generators, paralleling gear and related panels to support the First Floor Expansion project and to provide redundancy and capacity for future growth.
- *Inova Mt. Vernon Long Term Acute Care Hospital (LTACH):* Project was approved for 50 beds by the state in the COPN process. The project is on hold pending bed availability plan.

The majority of Ms. Siciliano's presentation focused on the revised improvement plan for Inova Fairfax Hospital. The new plan is divided into two phases: Phase 1 includes the development of a new "South Tower" attached to the Existing Tower Building (ETB) and ETB infrastructure improvements. An 11 story addition connected to the middle section of the ETB, with approximately 24 beds per floor on floors 4-11, is planned to open in June 2013. Phase 2 involves the development of the new Inova Boulevard, the new Inova Women's Hospital, and significant offsite transportation improvements. Inova expects the second phase to be concluded in late 2015.

Tim Sampson argued that the only difference between the revised approach and the one that was presented to the HCAB in February is that the project will be built out in two pieces rather than one. The number of beds will be the same—no more and no fewer than 830.

Dr. Yarboro asked if there was a reason why Inova decided to delay the building of a new Women and Children's tower until phase two. Ms. Siciliano said that both phases of the project were equally important. Dr. Yarboro replied that many people in the community felt that Inova had waited too long to build the current Women and Children's tower, and he was concerned that Inova may be going down the same path.

Mr. Sampson argued that the phased approach represented a better way to leverage the financial and construction markets.

Marlene Blum asked, instead of building two additions, why construction could not be phased out for one building. Ms. Blum understood that this approach would delay the opening of the entire building, but it would still take advantage of timing the markets.

Susan Conrad made that point that Inova's new design, essentially creating two silos rather than a unified structure, would substantially change service delivery. Other HCAB members agreed. Based on this development, it was speculated that another special exception amendment would be required. Ms. Blum reminded Inova that the HCAB based its recommendations of the project on the application and building configuration that was presented to the Board in February.

Mr. Sampson replied that the building's design is still a work in progress and noted that Inova has had its Planning Commission hearing and is scheduled to go before the BOS on July 13.

Ms. Siciliano concluded the presentation with other key capital projects:

- *Inova Fair Oaks Hospital Medical Office Building 3:* Project includes space for an ambulatory surgery center and imaging (partial open in July)
- *Inova Fair Oaks Hospital Parking Garage #1:* Project builds a 950 space, five level parking structure on the Fair Oaks campus (now open)

Inova Juniper Program

Karen Berube provided an update on the Inova Juniper Program. Established in 1991, the Inova Juniper Program provides case management for all stages of HIV infection. Eligible medically indigent clients also can receive comprehensive primary medical care through the program. The program is built on an interdisciplinary model with services provided by a team that includes infectious disease physicians, nurse practitioners, physician assistants, registered nurses, licensed clinical social workers, registered dieticians, health educators, and clinical support staff.

The closing of the Whitman-Walker Clinic in Arlington created a gap in treatment for the clinic's patients. Inova offered to provide guidance to Arlington Hospital, where it was hoped a clinic would be established. However, this plan never came to fruition. Transporting former Whitman-Walker patients to Inova's Springfield or Dumfries clinics was not practical, so Inova decided to open an Arlington clinic to care for these patients. 250 clients have been admitted over the last three months, and there are about thirty more that expressed interest in moving over to Inova but have not yet enrolled. Once the clinic opens on June 17, Inova will outreach to these patients. Additionally, Arlington Hospital is referring new patients to the program.

While the Inova Juniper program in Fairfax receives money from Inova, the County, and private donations, the program is primarily grant funded. Ms. Berube explained that Inova Juniper is a recipient of all five Ryan White grants. Bill Finerfrock asked if Inova Juniper will receive Whitman-Walker's omnibus money. Ms. Berube said that it will not because the money was earmarked. Ms. Berube underscored the need to hold Whitman-Walker accountable for how it spends these funds.

In response to a question about drugs, Ms. Berube said that Virginia's AIDS Drug Assistance Program (ADAP) has one of the most generous formularies. Ms. Berube said that the program's biggest cost reduction has been in the area of drug maintenance/therapy. She explained that the majority of the program's clients are eligible for Medicare's Part D program.

Bill Finerfrock asked if participants qualify for Medicare through the disability waiver. Ms. Berube said that there are some that do, but the majority is age eligible for the program.

Ms. Berube did mention that the one thing the program has difficulty accessing is test strips.

Other Business

The HCAB Steering Committee will meet with Inova staff for the annual budget preview on Thursday, July 30 at 12:00 p.m. All HCAB members are welcomed to attend.

There being no further business, the meeting adjourned at 9:36 pm.