

2010-11 School Year Fairfax County Youth Survey

Bullying & Cyberbullying

Updated February 2012



Fairfax County Youth Survey





Fairfax County Youth Survey

The Fairfax County Youth Survey ...

- Is comprehensive, anonymous and voluntary
- Examines the behaviors, experiences, and risk and protective factors that influence the well-being of our county's youth
- Provides county, school, and community-based organizations with data to assess youth needs and strengths, develop programs, monitor trends, measure community indicators, and guide countywide planning of prevention efforts





Fairfax County Youth Survey Participation

The 2010 Fairfax County Youth Survey was completed...

- by over 44,000 FCPS students,
- representing 86% of enrolled students,
- in grades 6, 8, 10, and 12.

6th grade students take a shortened, modified survey.



Fairfax County Youth Survey





Fairfax County Youth Survey Demographics Risk & Protective Factors Survey (Grades 8,10,12)

	<u>Survey Respondents</u>	
	<u>Number</u>	<u>Percent</u>
• Grade 8	10,718	35.3%
• Grade 10	10,197	33.5%
• Grade 12	9,484	31.2%
• Female	15,160	50.1%
• Male	15,083	49.9%
• White	13,688	45.5%
• Black	3,070	10.2%
• Hispanic	5,200	17.3%
• Asian	5,999	19.9%
• Other/Multiple	2,128	7.1%

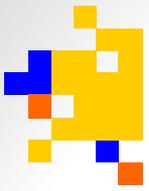
The 2010 Fairfax County Youth Survey results by demographics are representative of the student population of the grade levels surveyed.

The 2010 Fairfax County Youth Survey was administered to 10,964 6th graders with similar representation in demographic categories.



Fairfax County Youth Survey





Bullying & Cyberbullying Questions



Fairfax County Youth Survey





Fairfax County Youth Survey Questions

On the 2010 Fairfax County Youth Survey, students were asked questions with the following instruction.

The next section asks about things you might have done, or that might have happened to you. Some of the questions are about bullying. Bullying is when 1 or more students tease, threaten, spread rumors about, hit, shove, or hurt another student over and over again. It is not bullying when 2 students of about the same strength or power argue or fight or tease each other in a friendly way.

Remember, your answers are confidential.





Fairfax County Youth Survey Questions

Victim

How many times in the past year has anyone done any of the following TO YOU:

- bullied, taunted, ridiculed, or teased you?
- said something bad about your race or culture?

Never, 1 to 2 times, 3 to 5 times, 6 to 9 times, 10 to 19 times, 20 to 29 times, 30 to 39 times, 40 or more times

Aggressor

How many times in the past year have you:

- bullied, taunted, ridiculed, or teased someone?
- said something bad about someone's race or culture?

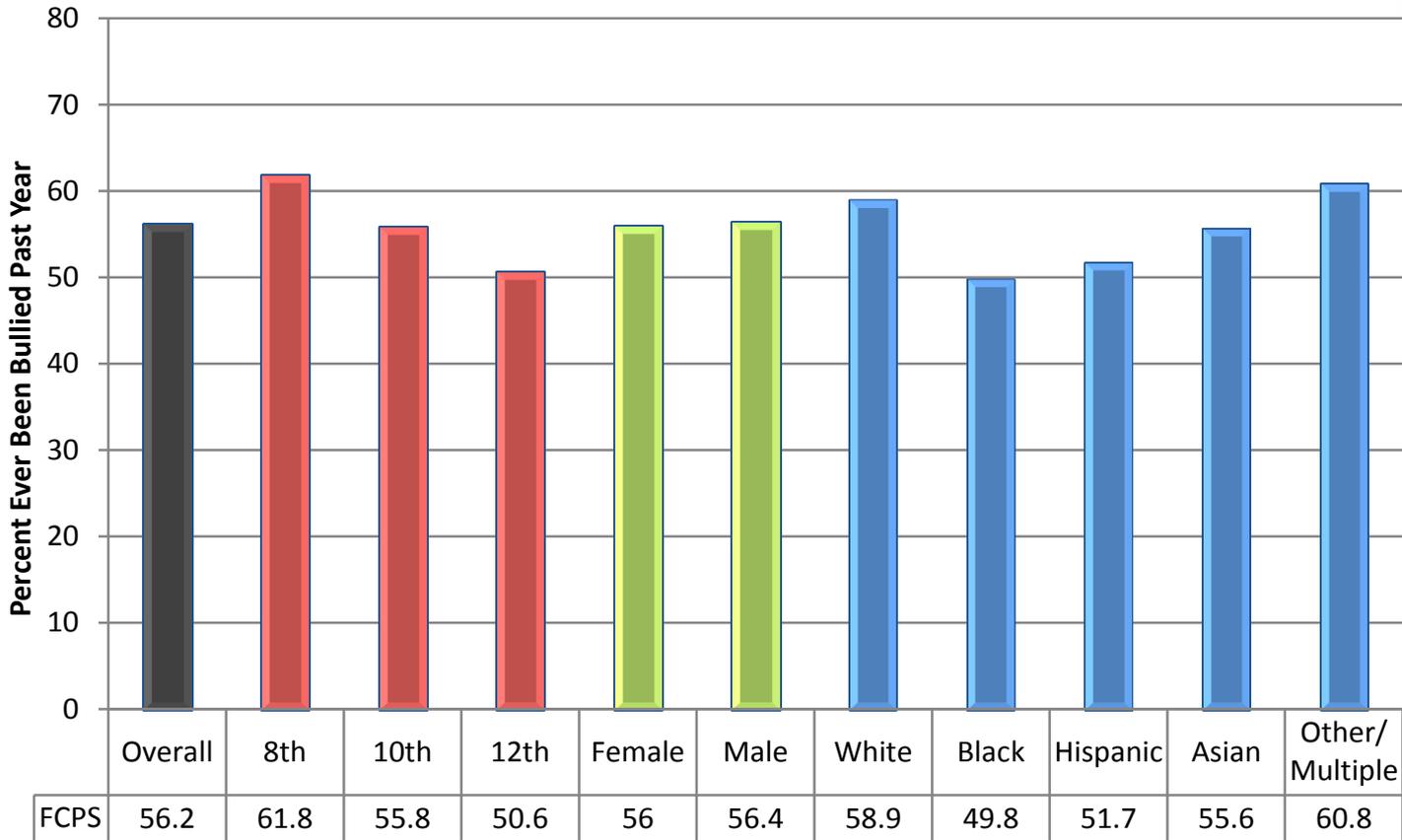
Never, 1 to 2 times, 3 to 5 times, 6 to 9 times, 10 to 19 times, 20 to 29 times, 30 to 39 times, 40 or more times





Bullying (Grades 8, 10, 12)

Victim, Past Year

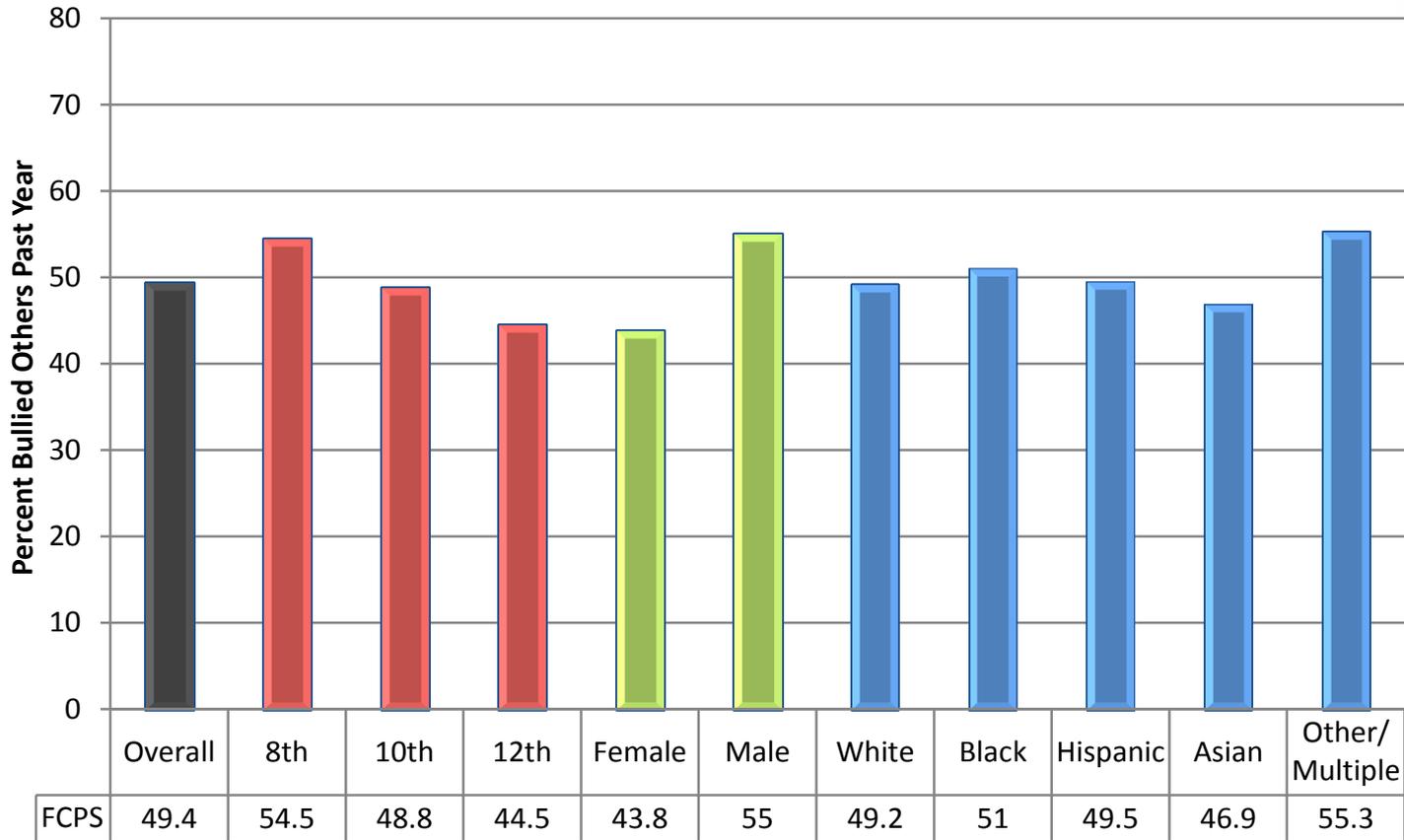


Note: 6th Grade response overall was 47%.





Bullying (Grades 8, 10, 12) Aggressor, Past Year

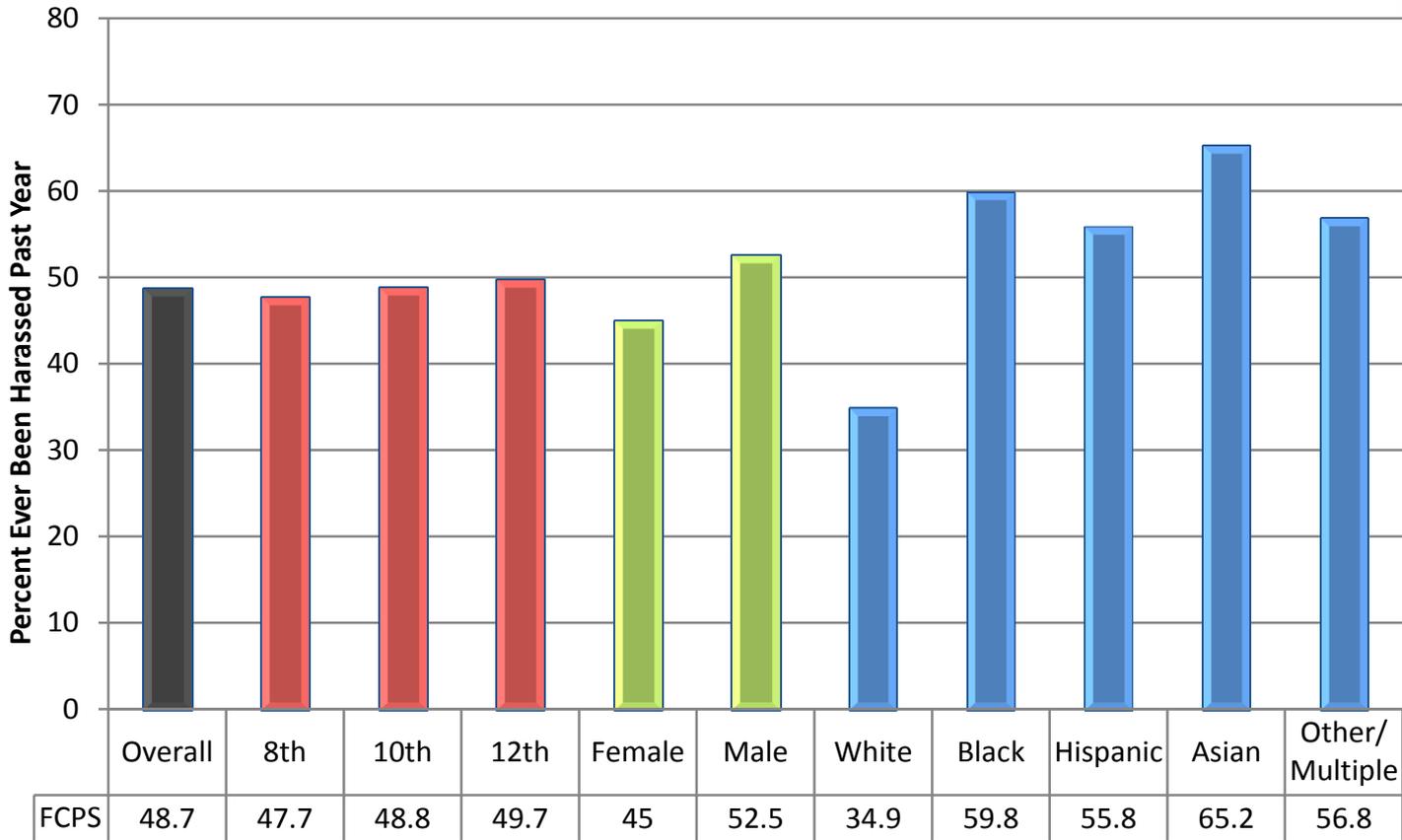


Note: 6th Grade response overall was 24%.





Racial/Cultural Harassment (Grades 8, 10, 12) Victim, Past Year



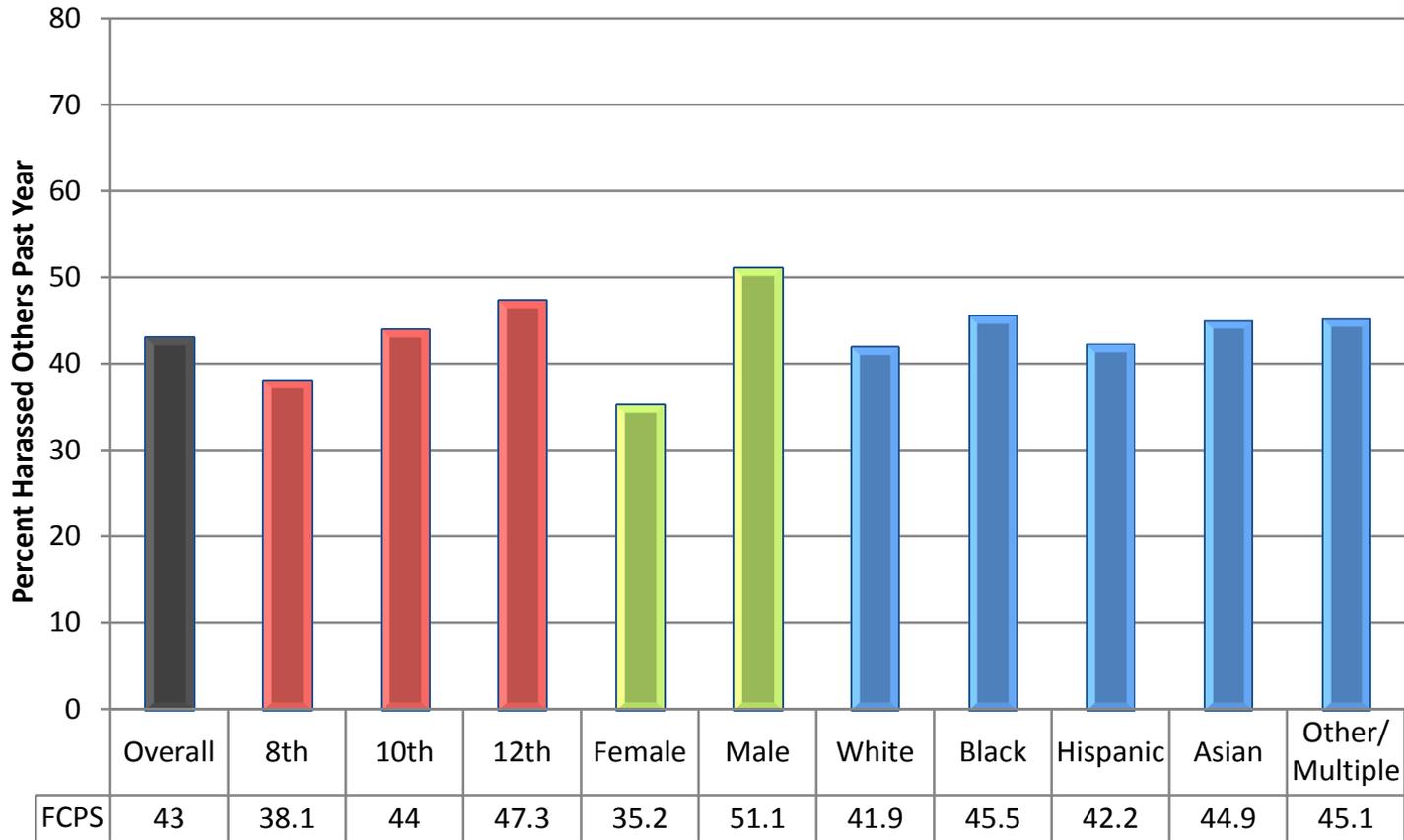
Note: 6th Grade response overall was 19%.





Racial/Cultural Harassment (Grades 8, 10, 12)

Aggressor, Past Year



Note: 6th Grade response overall was 7%.





Fairfax County Youth Survey Questions

On the 2010 Fairfax County Youth Survey, students were asked questions with the following instruction.

The next section asks about electronic bullying, also known as cyberbullying. Electronic bullying is bullying through e-mail, chat rooms, instant messaging, Web sites, or text messaging.





Fairfax County Youth Survey Questions

Cyberbullying

During the past 12 months, have you ever been electronically bullied, such as through e-mail, chat rooms, instant messaging, Web sites, or text messaging? **Yes/No**

How many times in the past year have you been cyberbullied by a student who attends your school?

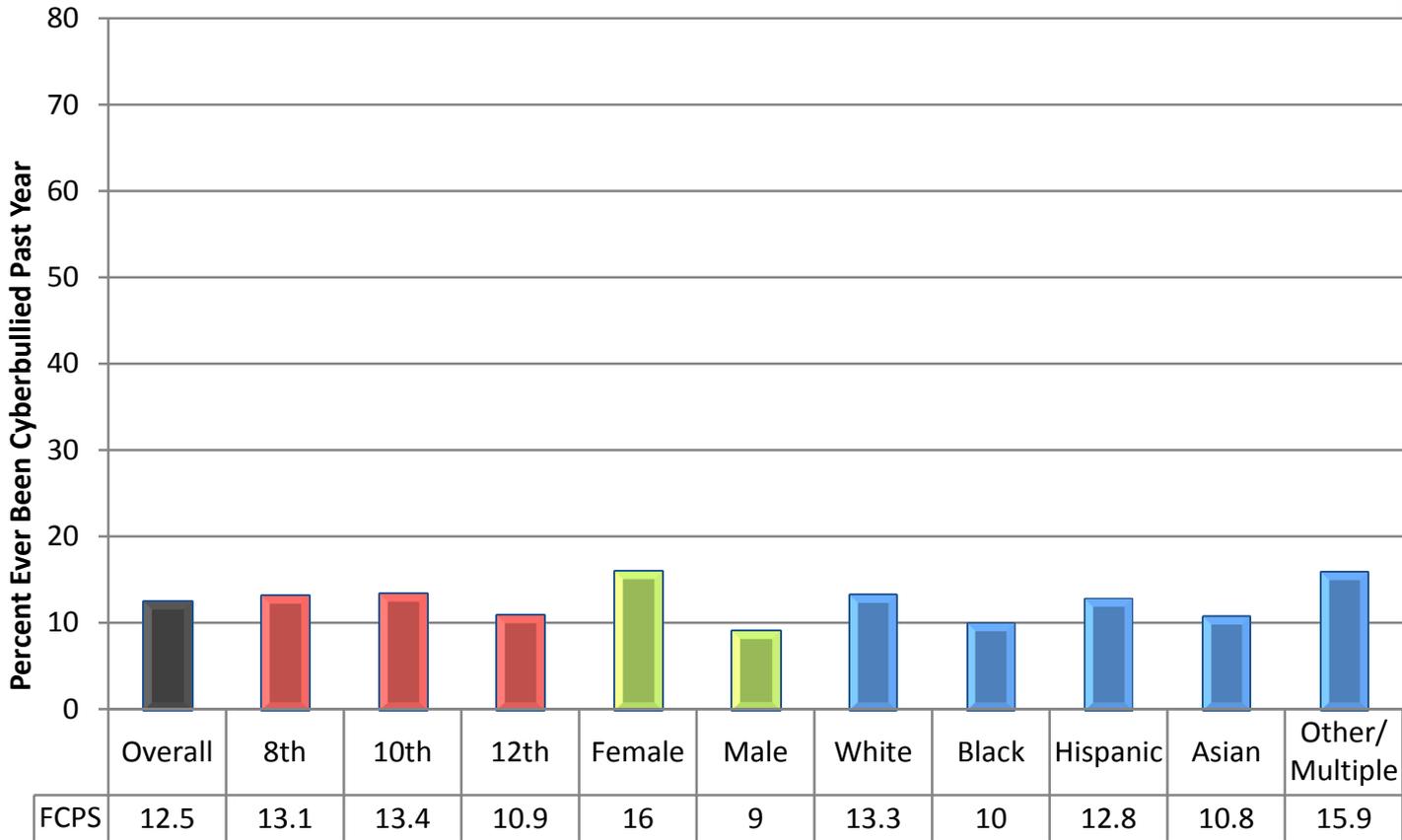
How many times in the past year have you cyberbullied a student attending your school?

Never, 1 to 2 times, 3 to 5 times, 6 to 9 times, 10 to 19 times, 20 to 29 times, 30 to 39 times, 40 or more times





Cyberbullying (Grades 8, 10, 12) Victim, Past Year

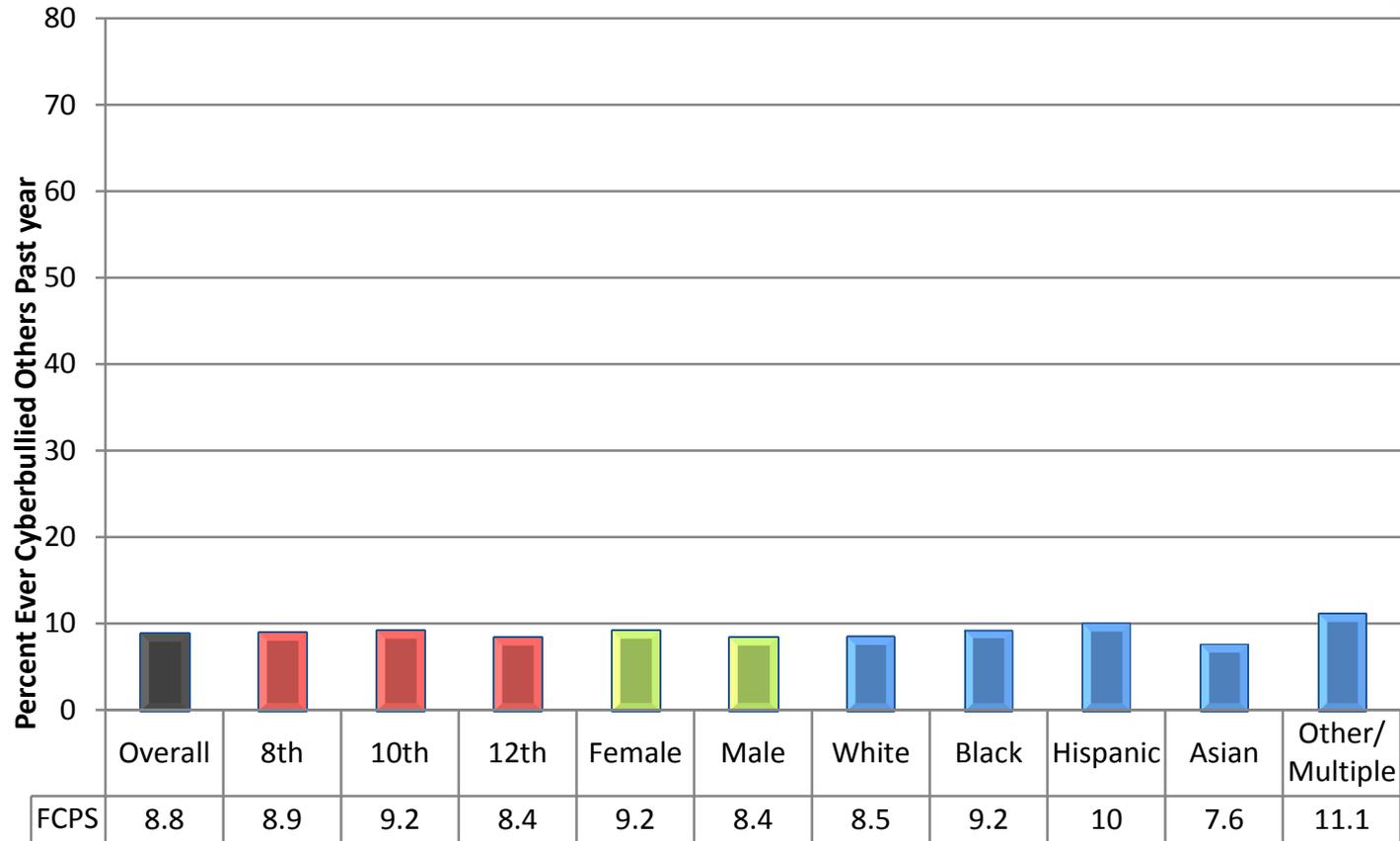


Note: 6th Grade responses follow similar patterns. Overall response was 13%.





Cyberbullying (Grades 8, 10, 12) Aggressor, Past Year



Note: 6th Grade responses follow similar patterns. Overall response was 7%.





Chronic Bullying

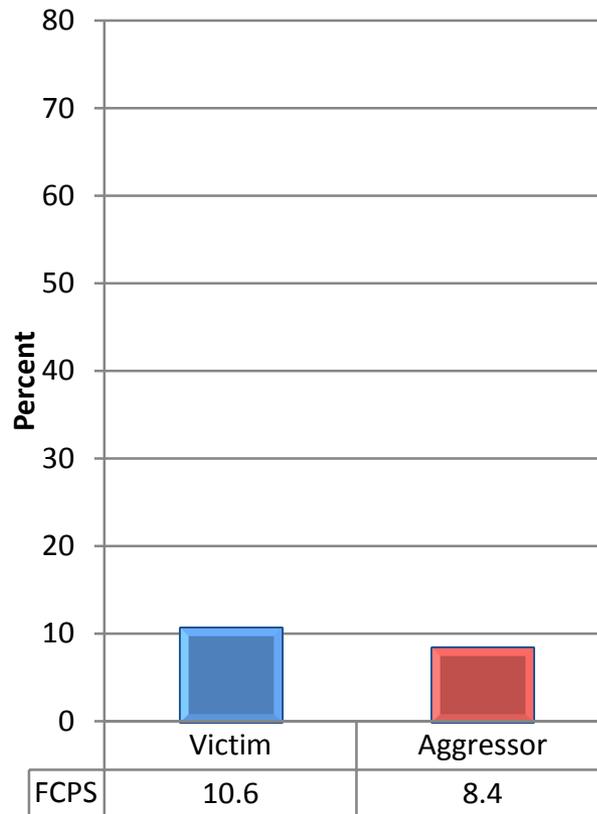
Bullying is considered chronic when students report experiences on 20 or more occasions in the past year.

Students experiencing chronic bullying, whether the victim or the aggressor, are at higher risk for other negative outcomes.



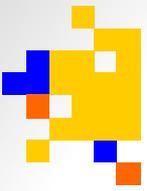


Chronic Bullying (Grades 8, 10, 12) Victim and Aggressor, Past Year



Note: 6th Grade response for 2-3 times a month or more was 8%.



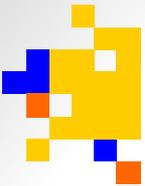


Survey Correlations



Fairfax County Youth Survey





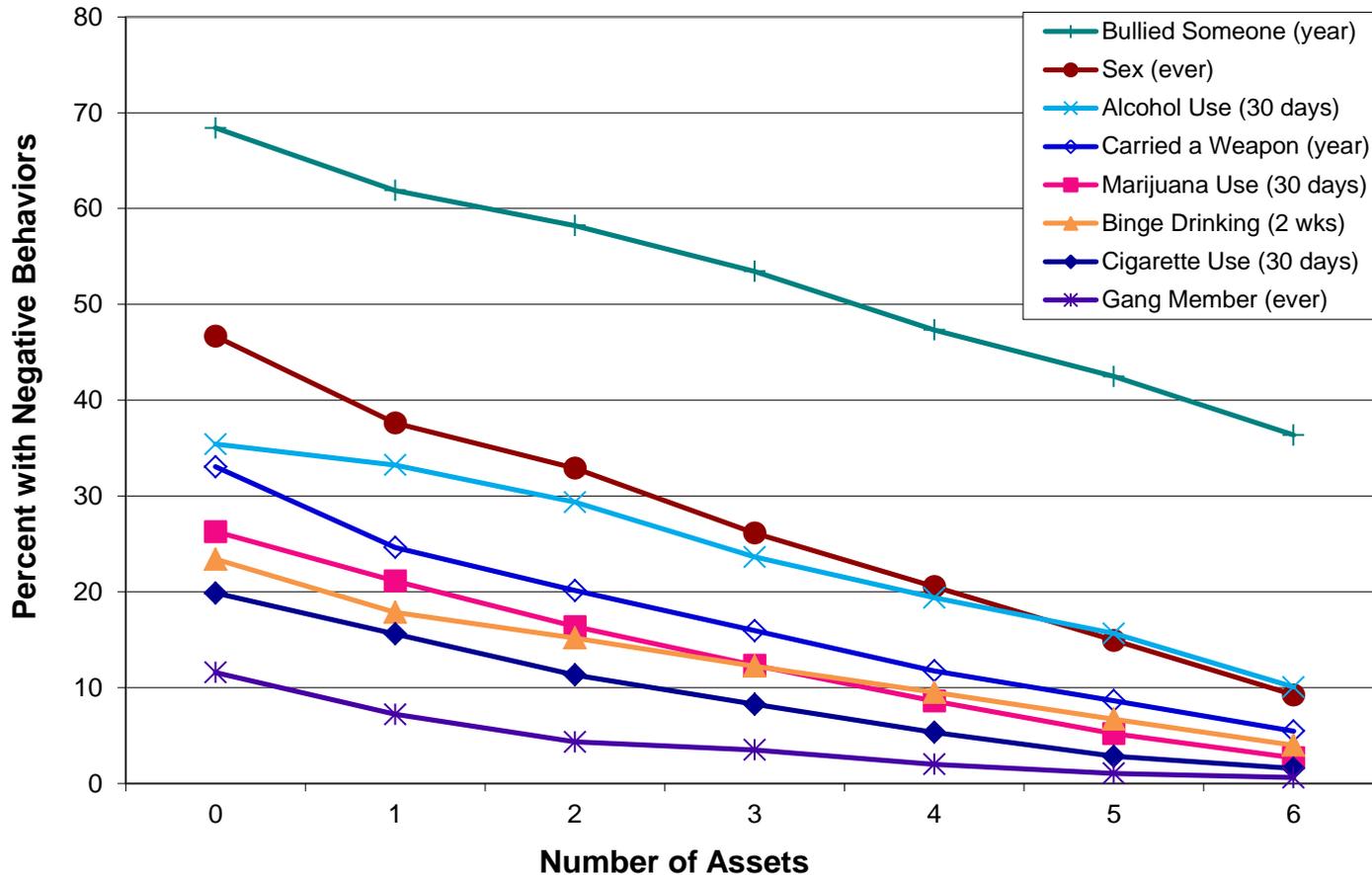
Correlation Data

- **Cross-tabulations** are when we look at the way students responded to multiple questions, for example when we look at results by demographics such as symptoms of depression by gender or the cross of two experiences such as symptoms of depression by substance use.
- **Cross-tabulations of data do not imply cause and effect.**
- The results do not imply that being a certain gender or using substances causes depression. The data indicate there is a **correlation** of the female gender reporting higher prevalence of reported depressive symptoms.
- Similarly, youth who use substances are more likely to report symptoms of depression, but the results cannot say whether the substance use causes depression or whether depression leads to substance use.





Asset Graph for Fairfax County (Grades 8, 10, 12)



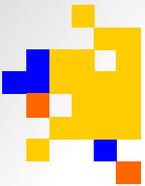
High Personal Integrity
 Perform Community Service
 Teachers Recognize Good Work

Have Community Adults to Talk to
 Participate in Extracurricular Activities
 Parents are Available for Help

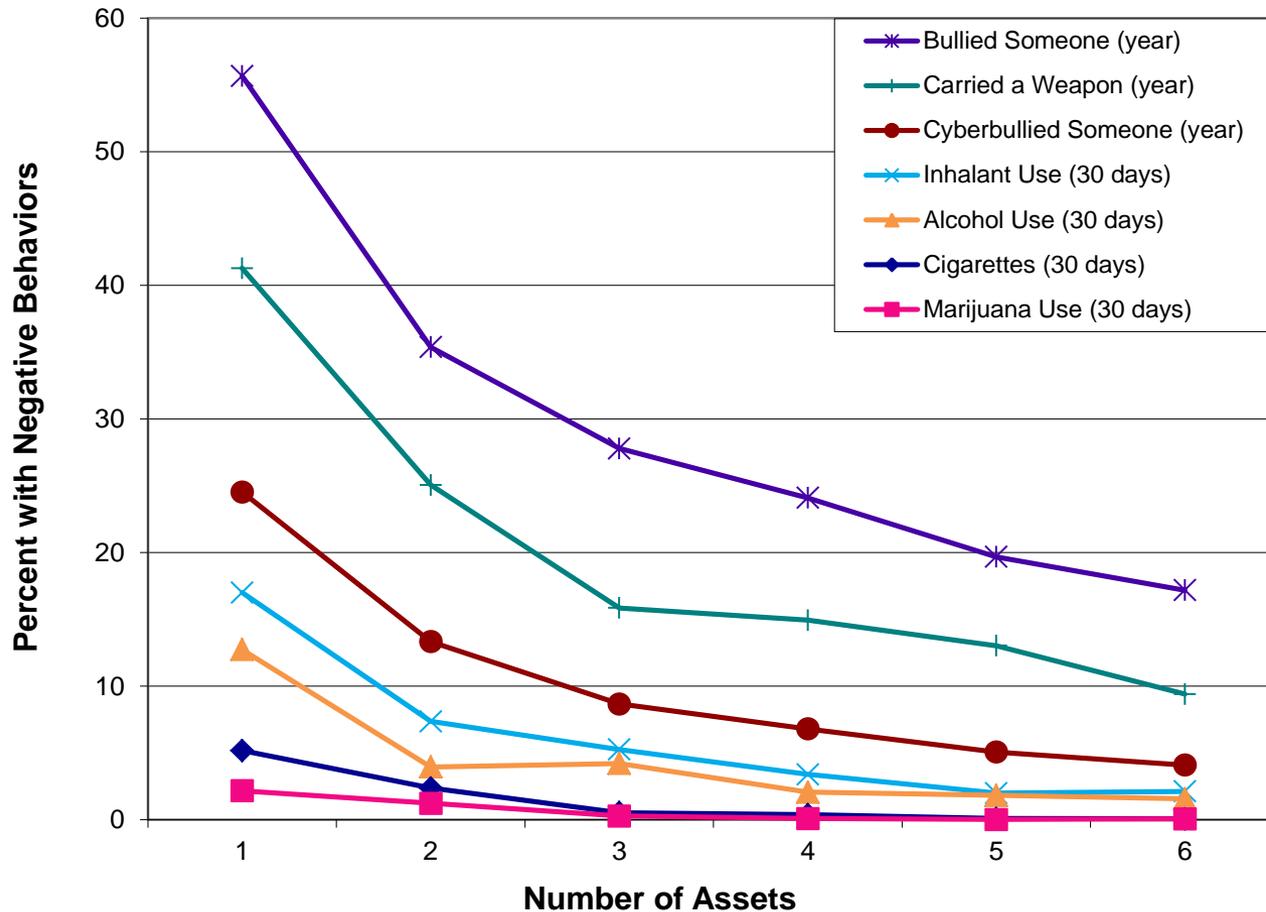


Fairfax County Youth Survey





Asset Graph for Fairfax County (Grade 6)

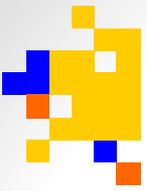


High Personal Integrity
 Perform Community Service
 Feel Safe at School

Have Community Adults to Talk to
 Participate in Extracurricular Activities
 Parents are Available for Help

Fairfax County Youth Survey





Violence and Aggression

Correlation to Chronic Bullying



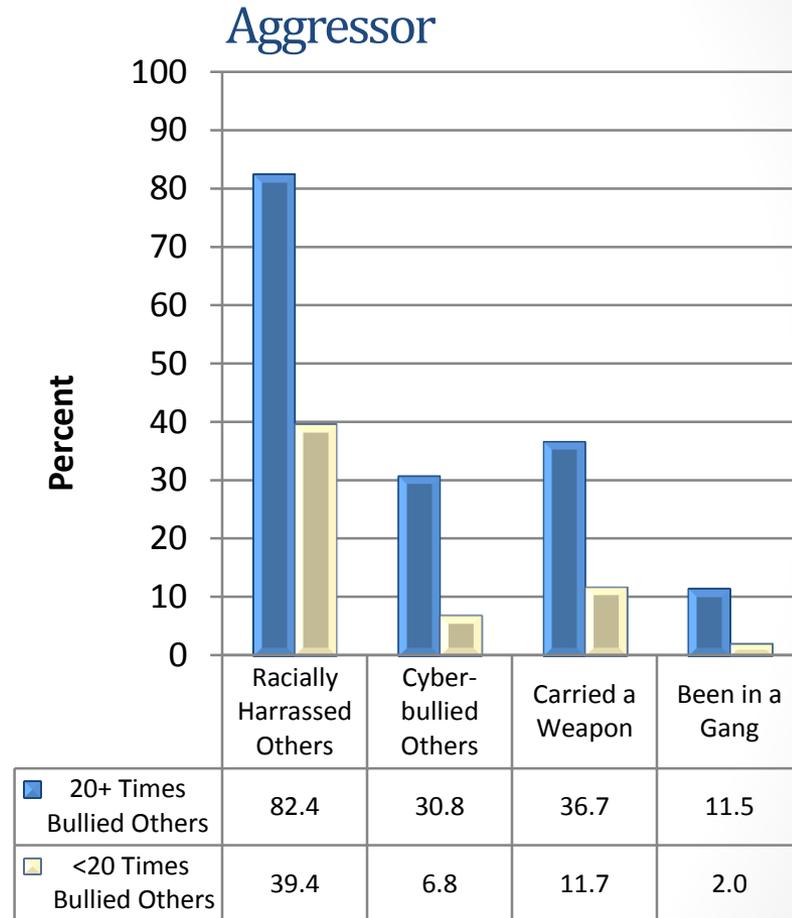
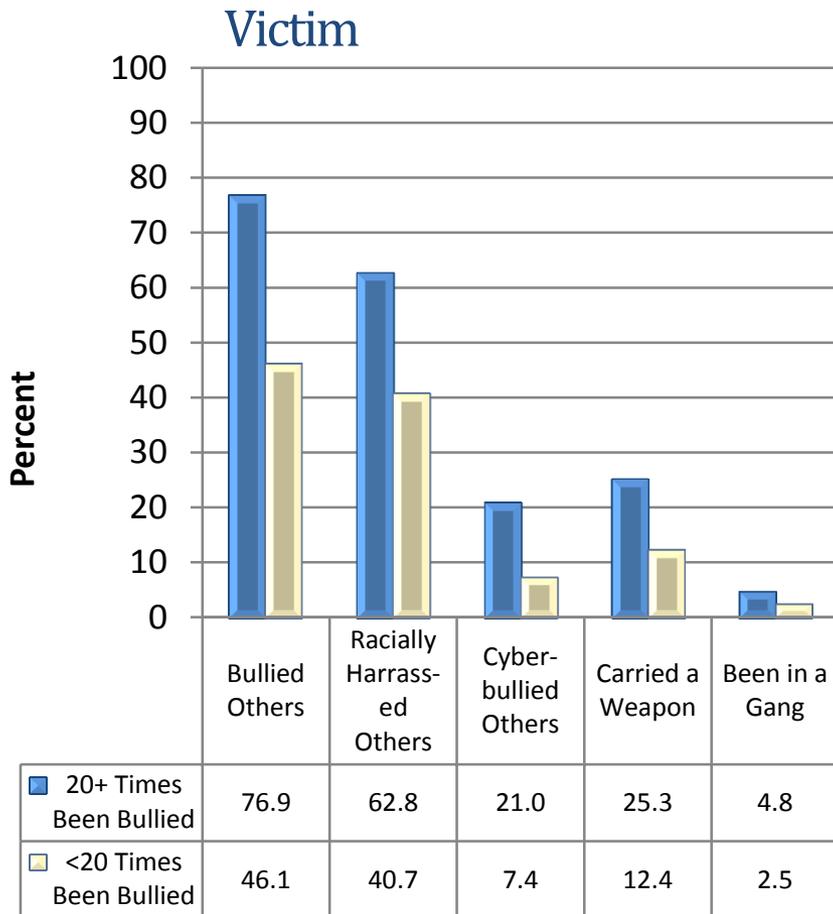
Fairfax County Youth Survey

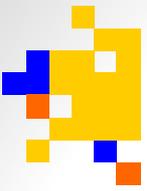




Chronic Bullying (Grades 8, 10, 12)

Violence and Aggression Related Factors





Substance Use

Correlation to Chronic Bullying



Fairfax County Youth Survey

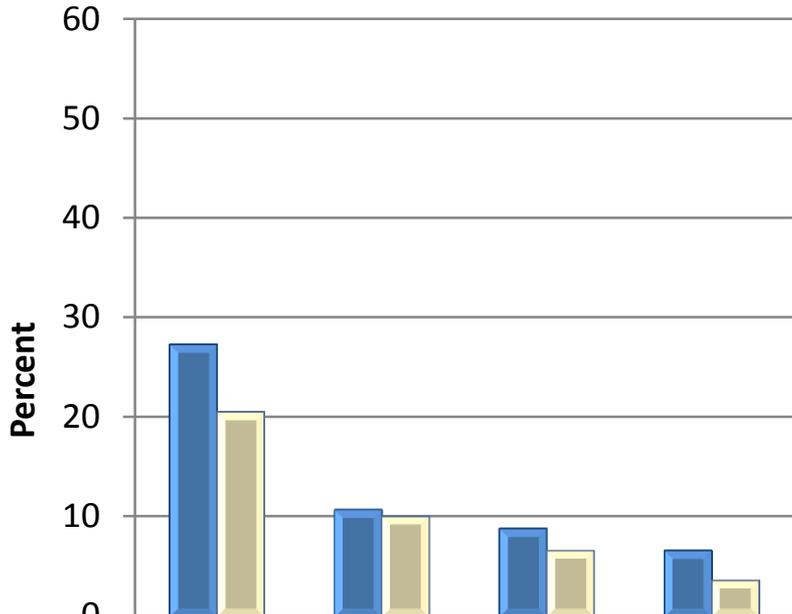




Chronic Bullying (Grades 8, 10, 12)

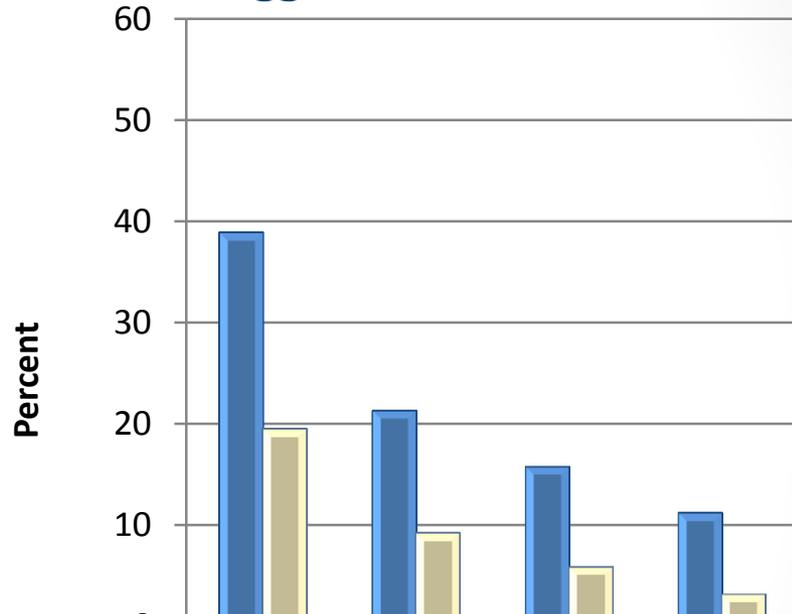
Substance Use Related Factors

Victim



■ 20+ Times Bullied	27.2	10.7	8.8	6.6
■ <20 Times Bullied	20.4	10.0	6.6	3.6

Aggressor



■ 20+ Times Bullied Others	38.9	21.4	15.9	11.3
■ <20 Times Bullied Others	19.5	9.3	6.0	3.3





Health and Well-Being

Correlation to Chronic Bullying



Fairfax County Youth Survey

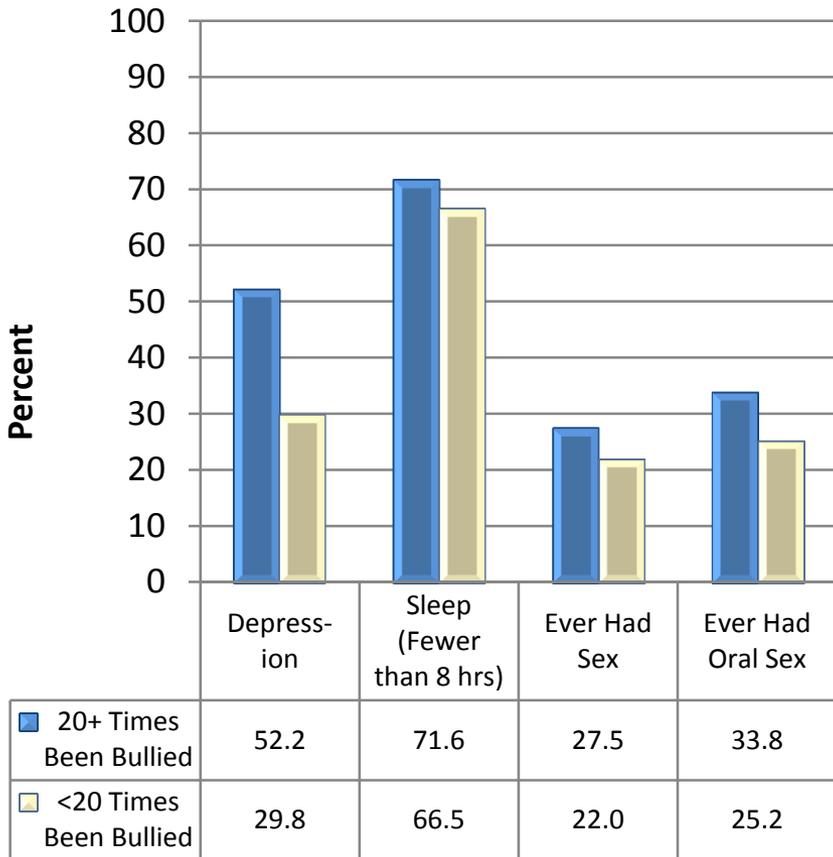




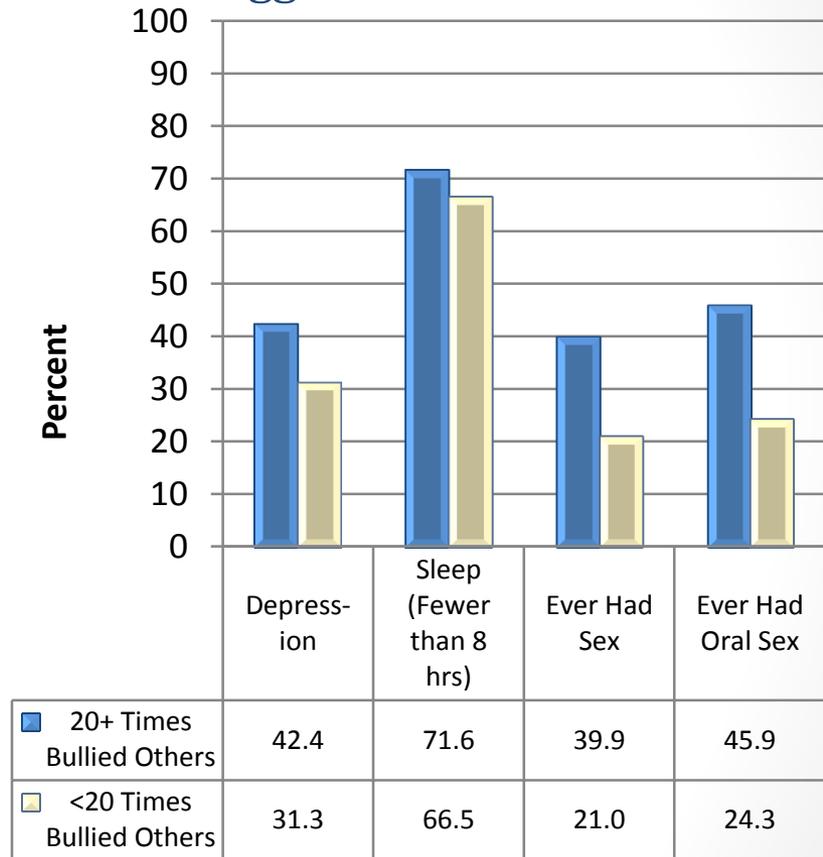
Chronic Bullying (Grades 8, 10, 12)

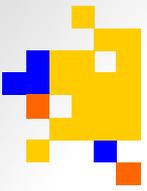
Health and Well-Being Related Factors

Victim



Aggressor





School Performance

Correlation to Chronic Bullying



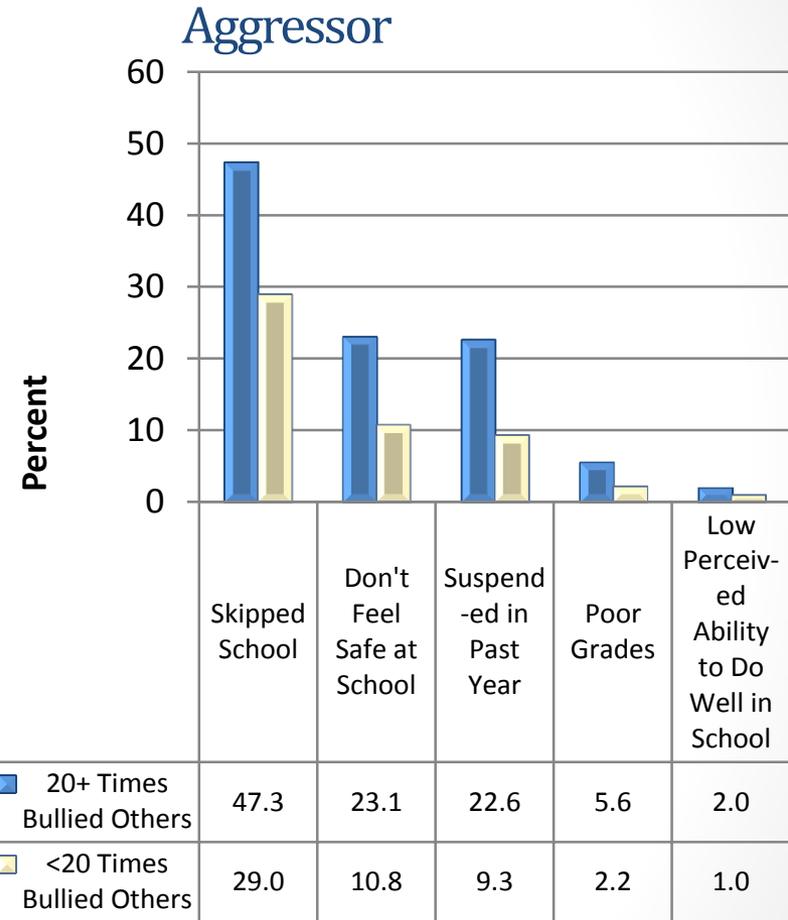
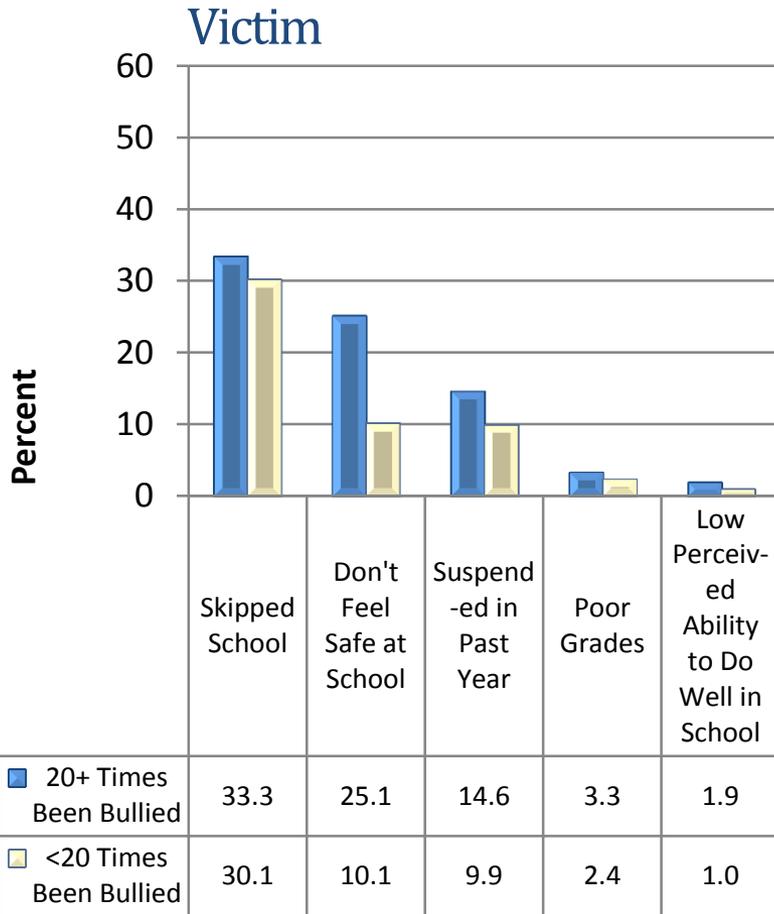
Fairfax County Youth Survey

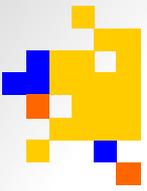




Chronic Bullying (Grades 8, 10, 12)

School Performance Related Factors





Risk and Protective Factors



Fairfax County Youth Survey





Risk and Protective Factors

Risk Factors help us explain circumstances that may increase the likelihood of problem behaviors

*Youth who exhibit increased amounts of a risk factor are considered to be at “**high risk**” in that category*

Protective Factors can help increase resiliency to substance use and problem behaviors, buffering youth from risk

*Youth who exhibit increased amounts of a protective factor are considered to have “**high protection**” in that category*

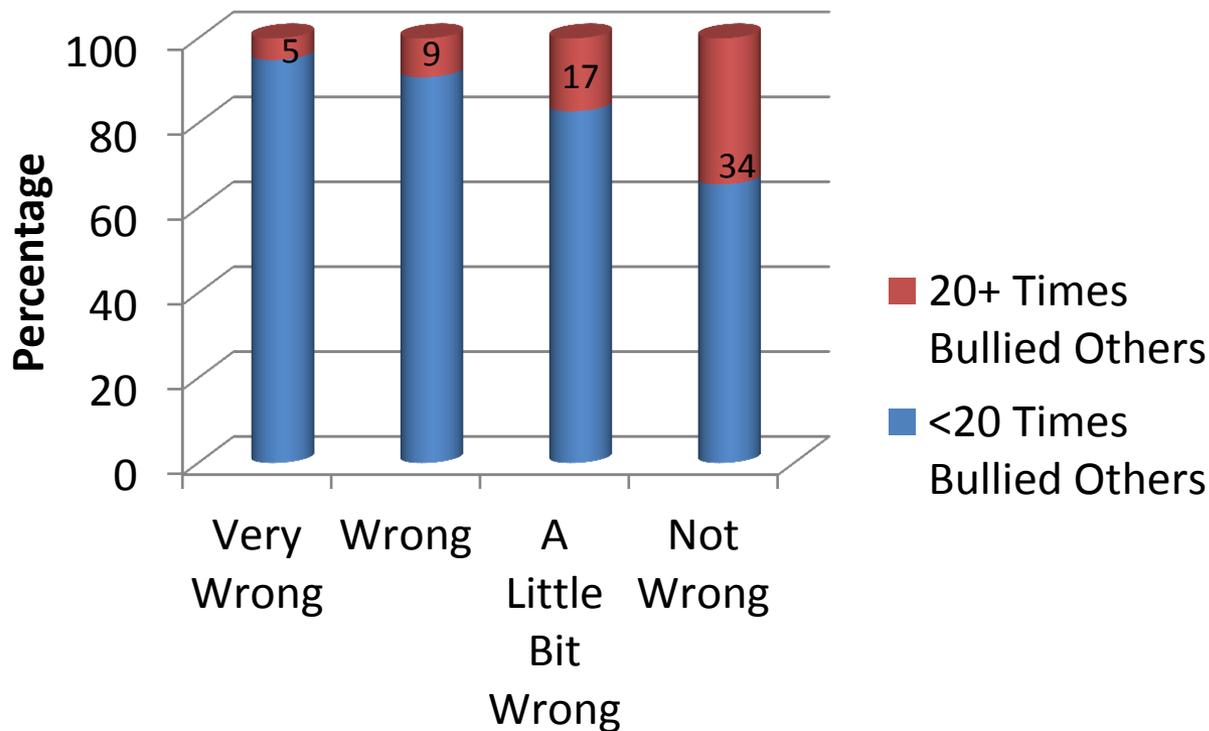
Full Glossary of R&P questions can be found in the full 2010 Fairfax County Youth Survey Report.





Perceived Parental Acceptance of Fighting and Self-Reported Past Year Chronic Bullying

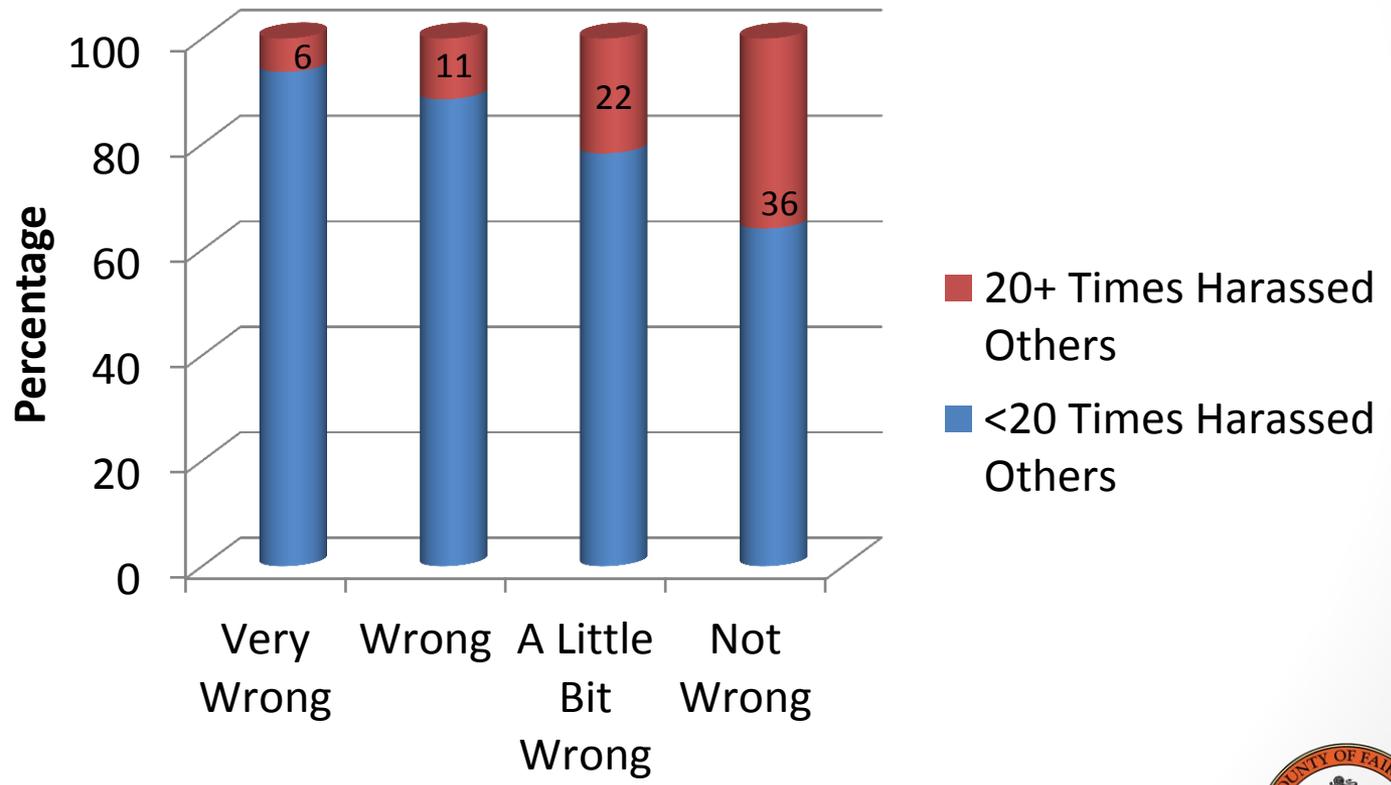
How wrong do your parents feel it would be for you to pick a fight with someone?





Perceived Parental Acceptance of Fighting and Self-Reported Past Year Chronic Racial Harassment

How wrong do your parents feel it would be for you to pick a fight with someone?



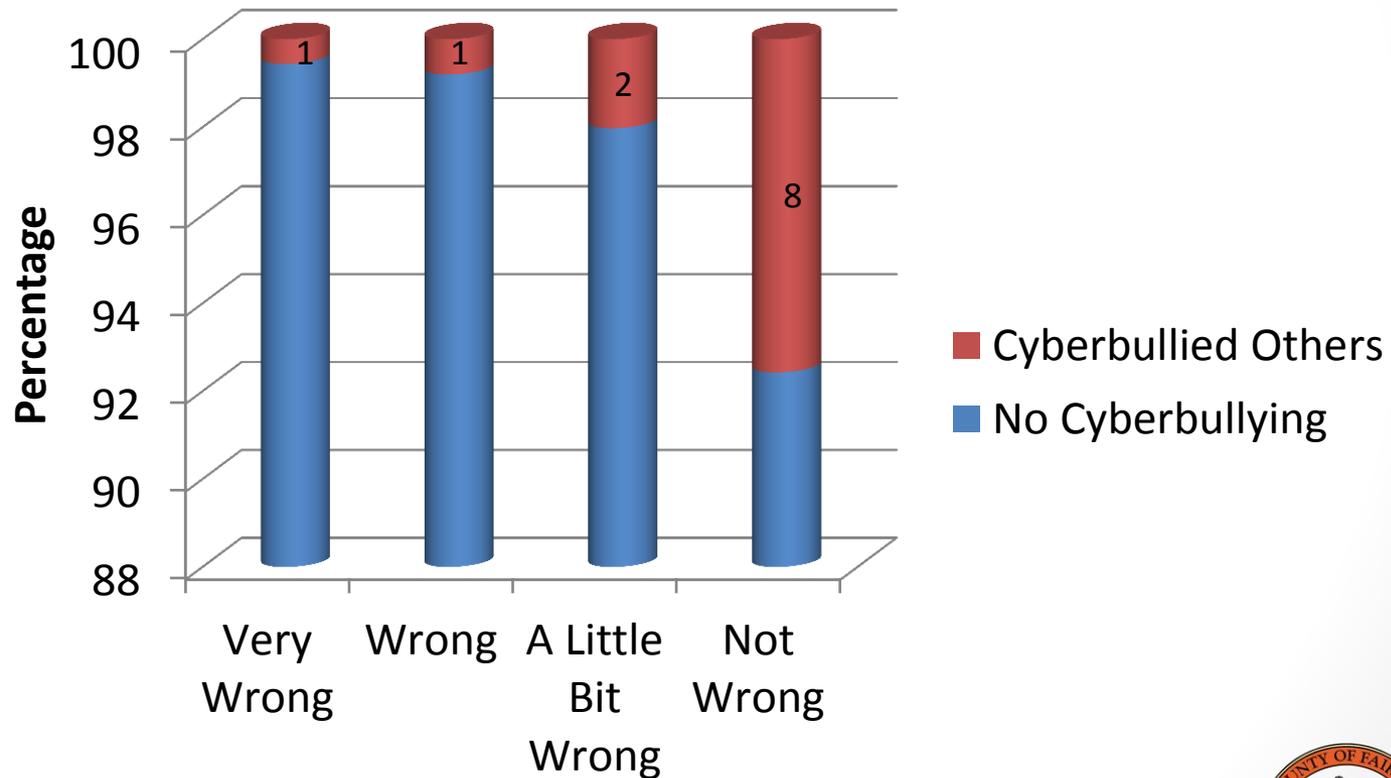
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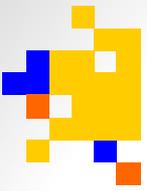
Perceived Parental Acceptance of Fighting and Self-Reported Past Year Cyberbullying

How wrong do your parents feel it would be for you to pick a fight with someone?



Fairfax County Youth Survey





Protective Factors

Correlation to Chronic Bullying



Fairfax County Youth Survey

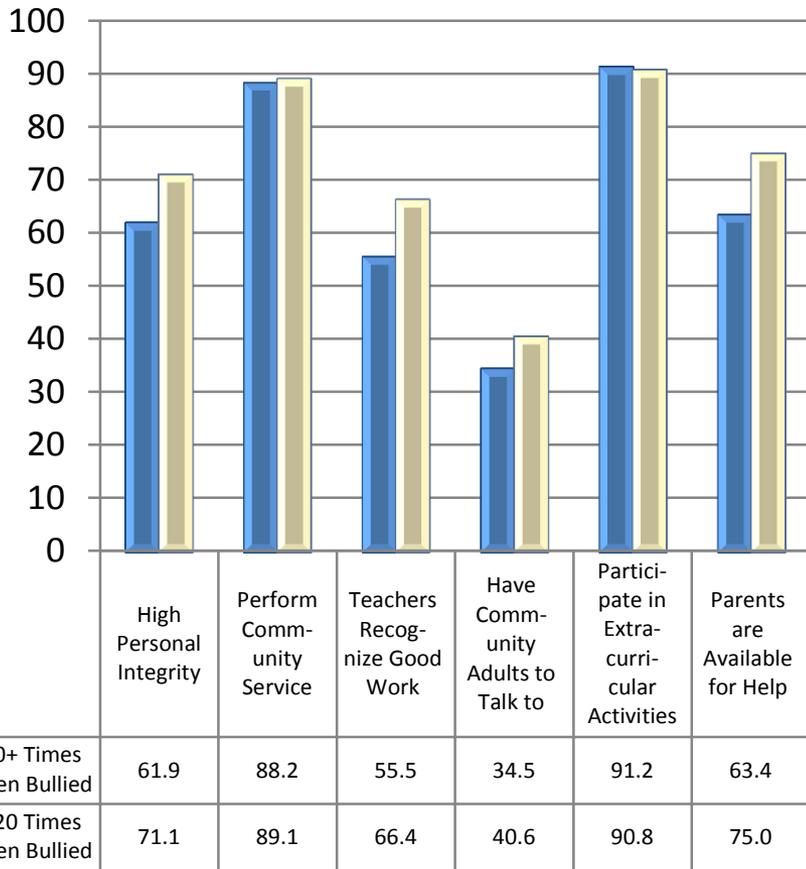




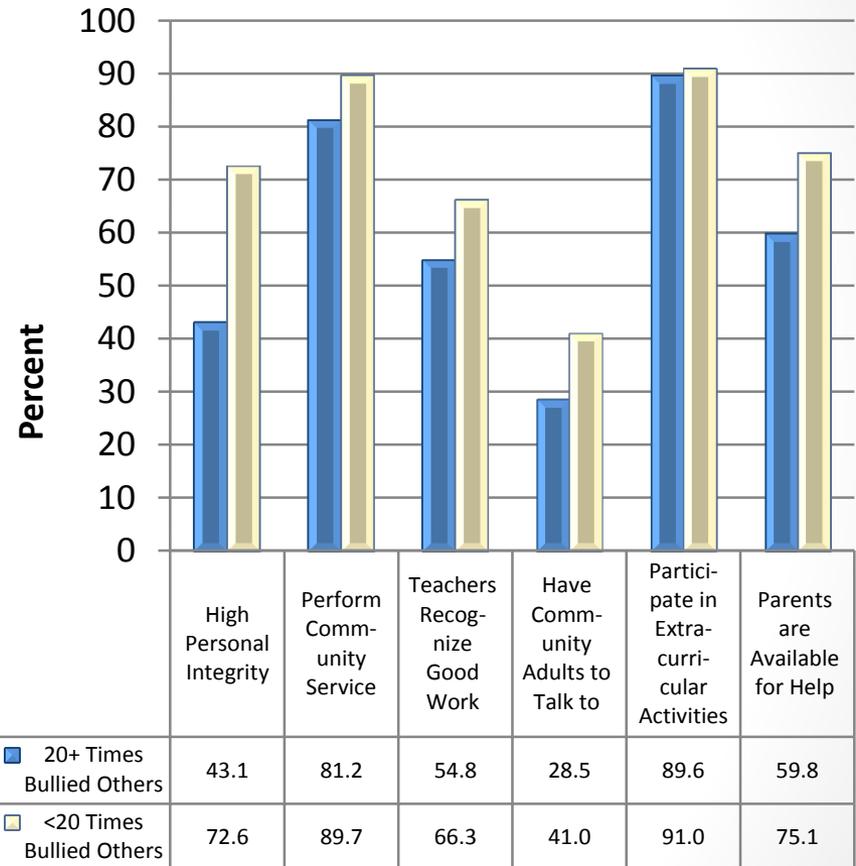
Chronic Bullying (Grades 8, 10, 12)

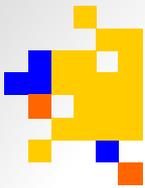
Protective Factors

Victim

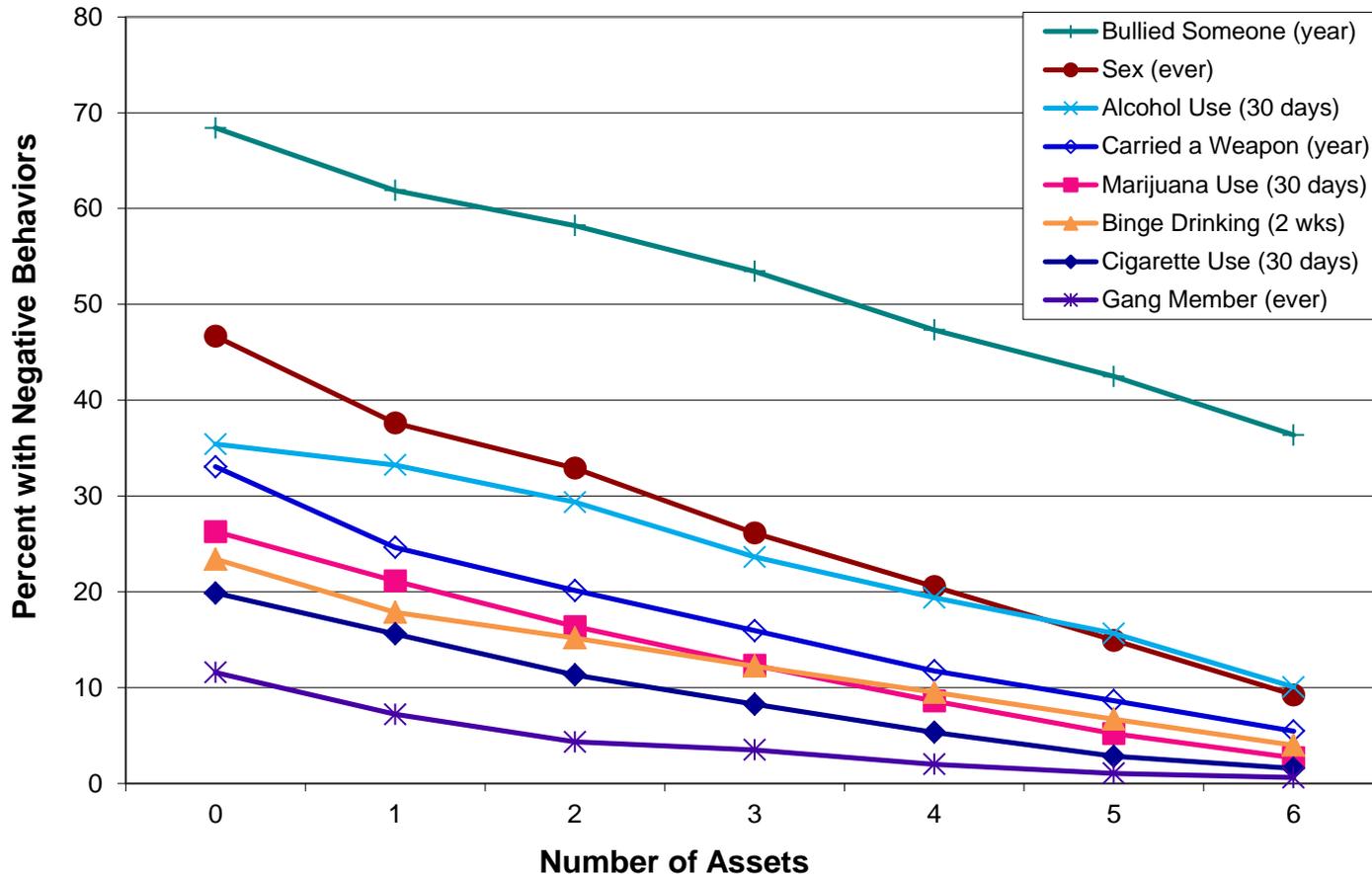


Aggressor





Asset Graph for Fairfax County (Grades 8, 10, 12)



High Personal Integrity
 Perform Community Service
 Teachers Recognize Good Work

Have Community Adults to Talk to
 Participate in Extracurricular Activities
 Parents are Available for Help

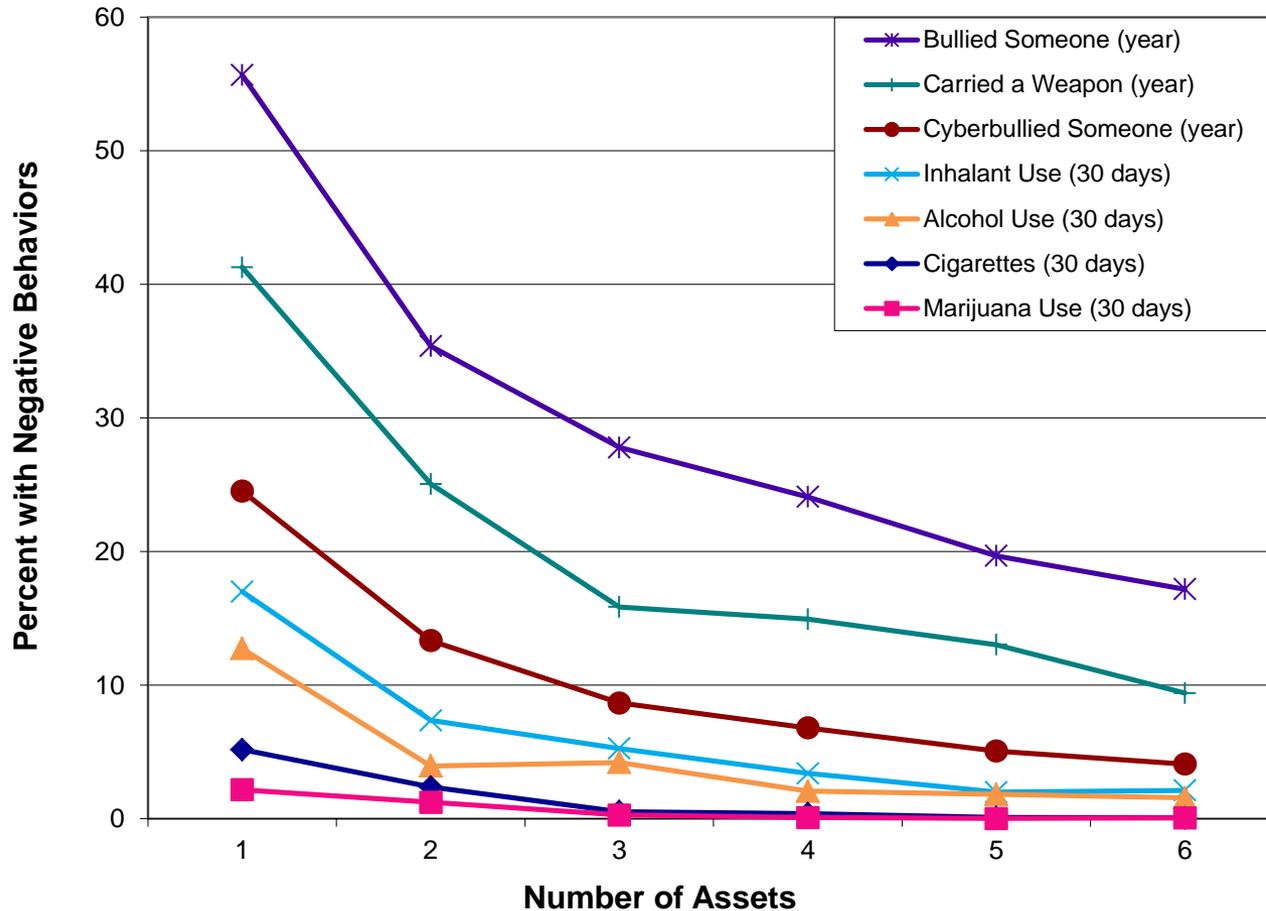


Fairfax County Youth Survey





Asset Graph for Fairfax County (Grade 6)



High Personal Integrity
 Perform Community Service
 Feel Safe at School

Have Community Adults to Talk to
 Participate in Extracurricular Activities
 Parents are Available for Help

Fairfax County Youth Survey





The Prevention Toolkit

The Prevention Toolkit provides access to presentations, videos, fact sheets, links to helpful organizations and resources, and ideas for taking action in your family and community to address Youth Survey related topics:

- Alcohol, Tobacco and Other Drugs
- Bullying and Cyberbullying
- Mental Health: Depression & Suicide
- Nutrition and Physical Activity
- Teen Dating Abuse

Visit:

www.fairfaxcounty.gov/ncs/prevention/toolkit.htm

Questions may be emailed to:

NCSPrevention@fairfaxcounty.gov



Fairfax County Youth Survey





Help and More Information

Find these and other organizations in the Prevention Toolkit as resources for help and more information.

- [Crisislink Suicide Prevention Hotline: \(703\) 527-4077](tel:(703)527-4077)
- [National Suicide Prevention Lifeline: \(800\) 273-TALK \(8255\)](tel:(800)273-TALK(8255))
- [Fairfax County Public Schools Office of Intervention and Prevention](#)
 - [School Psychology Services](#)
 - [School Social Work Services](#)
 - [Student Safety and Wellness](#)
 - [School Counseling Services](#)

Visit

www.fairfaxcounty.gov/ncs/prevention/toolkit_agencies_orgs.htm#mentalhealth





Contact Us

For additional information and resources regarding the Fairfax County Youth Survey, contact:

Sophia.Dutton@fairfaxcounty.gov

Fairfax County Youth Survey Project Manager

Department of Neighborhood and Community Services

Countywide Service Integration and Planning Management

or visit

www.fairfaxcounty.gov/youthsurvey



Fairfax County Youth Survey

