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HEALTH CARE ADVISORY BOARD

Meeting Summary
June 13, 2011

MEMBERS PRESENT
Marlene Blum, Chairman
Rose Chu, Vice Chairman
Francine Jupiter
Tim Yarboro
Rosanne Rodilosso
Ann Zuvekas
Ellyn Crawford
Marty Lebowitz
Dave West

STAFF
Sherryn Craig

GUESTS
Jennifer Siciliano, Inova Health System
Pat Walters, Inova Health System
Tim Sampson, Walsh, Colucci, Emrich, Lubeley &Walsh, P.C.
Rosalyn Foroobar, Health Department
Chris Stevens, Health Department

Call to Order

The meeting was called to order by Marlene Blum at approximately 7:35 p.m.

May 9, 2011 Meeting Summary

The minutes from the May 9, 2011 meeting were accepted as presented.

50th Anniversary of Inova Fairfax Hospital

HCAB members were invited to the 50th Anniversary Celebration of Inova Fairfax Hospital on Wednesday, May 11. The event was well organized and attended.

Molina Honors

HCAB members were invited to the 1st Annual Molina Healthcare Community Champions event. Created in 2006, the Community Champions honors individuals and support agencies that inspire others through selflessness and contributions that positively affect the health and well-being of others. Members had an opportunity to meet some of the physicians who care for CHCN clients.

Dedication of the JoAnne M. Jorgenson Laboratory

HCAB members attended the dedication of the JoAnne Jorgenson Laboratory at the Belle Willard. The facility is impressive, and Ms. Jorgenson would have been proud.

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Public Hearing on Special Exception Amendment (SEA) Application SEA 84-C-076-09 to Expand Inova Fair Oaks Hospital (IFOH)

Pat Walters, Executive Vice President of Strategic Planning and System Development, briefed the HCAB on Inova's Special Exception Amendment (SEA) Application. Inova is seeking approval of a master facility plan for the phased construction of an additional 375,000 square feet of new hospital facilities and medical offices at the Inova Fair Oaks Hospital Campus.

The main components of IFOH's SEA Master Plan include:

- Medical Office Building (MOB) IV (90,000 square feet)
- Hospital Expansion (98,375 square feet)
- Operating Room Expansion (28,000 square feet)
- Surface and structured parking
- Vehicular access to IFOH Campus via Rugby Road

Opened in 1987, IFOH serves approximately 94,500 households in Western Fairfax County. The health care needs of the IFOH community are expected to grow over the next 10 years. Inova cited data from the Metropolitan Washington Council of Governments (MWCOG): Between 2010 and 2020, IFOH's service area will increase 8.7 percent from 1,088,000 to 1,224,000 people; the area's 65+ age cohort will increase even more rapidly at 62 percent.

The proposal to expand the IFOH campus began in February 2010 when it won approval of a Comprehensive Plan Amendment. IFOH has a Floor Area Ratio (FAR) of 0.35, resulting in a gross floor area (GFA) of 706,592 square feet for the existing hospital campus and another 182,000 square feet for future hospital expansion. Currently, development of the Medical Office Building IV (MOB IV) is limited to 370,000 square feet. Building heights are restricted to 100 feet for the core hospital and 60 feet for additional structures. The Comprehensive Plan Amendment also requires Inova to build a significant buffer with trees along Rugby Road and reorient the hospital's entrance to prevent traffic back-ups from the Fairfax County Parkway.

Inova has worked with the Fair Oaks community to organize and develop the project. In addition to the HCAB, Inova has convened community meetings and met with the Sully District Council and the Western Fairfax County Citizens Association.

The Virginia Department of Transportation accepted Inova's Traffic Impact Study (TIS) in May, and Inova is scheduled to appear before the Planning Commission on June 23 and the Board of Supervisors (BOS) on July 26.

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Construction for the IFOH expansion will occur in phases.

Phase One

The first phase of the project, for which a Certificate of Public Need (COPN) has been granted, includes the MOB IV. Its completion is scheduled for 2013. The MOB IV will house a new oncology center to provide radiation therapy services. These services are currently provided at Inova Fairfax Hospital. Due to the growing local and regional population, Inova is seeking to relocate these services to the IFOH campus. Inova proposes to replace one of the linear accelerators now at Inova Fairfax Hospital with a new system at Inova Fair Oaks Hospital. The project would not entail a net increase in authorized radiation therapy capacity. The outdated linear accelerator at Inova Fairfax Hospital to be replaced would be taken out of service.

Radiation therapy services are currently the only component of a comprehensive cancer care center absent from the IFOH campus. Between 2006 and 2009, IFOH has seen 2,597 newly diagnosed cancer patients, for an average of 649 annual cases. Newly diagnosed cases continue to increase at IFOH, and given the aging of the population, cancer incidence is expected to grow as well.

The majority of IFOH cancer patients go to Inova Fairfax Hospital or Inova Alexandria Hospital for their radiation therapy. However, Radiation Oncology requires patients to have numerous visits for treatments (over 20 per patient) and due to increasing travel times and treatment wait times, cancer patients are excessively inconvenienced in order to receive radiation therapy treatments. The planned Radiation Oncology center at IFOH would decant volumes from Inova Fairfax Hospital. Patients currently using IFOH cancer services would have access to comprehensive cancer care and enhanced accessibility to radiation therapy services on site at IFOH.

In addition to radiation therapy services, the MOB IV will include space for physician offices, many of which will be cancer-related, and a conference center dedicated to Inova's Life with Cancer Program.

The total project costs for the MOB IV are estimated at $45.4 million, which is inclusive of the base building, fitting out the Radiation Oncology with equipment, and campus infrastructure improvements to accommodate the new building.

<u>Subsequent Phases</u>

The timing and cost of subsequent hospital expansions has not yet been determined. However, development conditions currently associated with IFOH's master plan would require Inova to secure a COPN before a county building permit is granted. As development for the Bed Tower and Operating Room Expansions progresses, Inova agreed to return to the HCAB with additional detail, including proposed utilization and bed/service configurations.

Bed Tower Expansion
Inova is currently approved to develop a 160,000 square foot hospital bed tower to the north of the existing hospital. The SEA would allow Inova to enlarge the footprint of the approved bed tower and increase its GFA by 39,175 square feet, for a total of 199,175 feet. The expansion of the bed tower would be used to convert existing semi-private rooms to private rooms. Shelled space for future service expansion could accommodate 90 additional beds beyond Inova's currently licensed capacity of 182 beds.

Operating Room Expansion
Another 28,000 square feet is being requested to develop larger surgical suites and additional storage space. According to Mr. Walters, IFOH's existing surgical suites cannot accommodate the size of new and larger surgical equipment (e.g. DaVinci machine), and space is lacking to store this technology when it is not in use.

Rose Chu inquired about the status of a court case referenced in a footnote of the September 7, 2010 Health Systems Agency of Northern Virginia (HSANV) recommendation. Mr. Walters did not know if the case had been resolved, but he stated that Inova has not been enjoined from building and there are no restrictions on IFOH's development.

Lyn Crawford asked if there were any plans to make CyberKnife – a specific kind of radiation therapy equipment for certain disease sites – available to IFOH patients. Mr. Walters stated that Inova is actively looking at plans to have CyberKnife, but acknowledged that there are some advantages and disadvantages to replacing the Triology Linear Accelerator with this technology. Triology allows clinicians to modulate and focus the radiation beam, and CyberKnife is Medicare approved for only certain diseases.

Marty Lebowitz moved that the HCAB recommend approval of the IFOH SEA Application to the BOS. Ann Zuvekas seconded the motion.

Francine Jupiter offered an amendment that the HCAB support the SEA application for IFOH with the additional wording that should there be an expansion of surgical suites or a request for additional beds, Inova would return to the HCAB. Ms. Zuvekas seconded the motion.

The amendment passed 8-1.
The motion carried unanimously.

Progress Report on Inova Charity Care Policy

Jennifer Siciliano briefed the HCAB on Inova's process for reviewing its charity care policies and ensuring its compliance with state and federal laws. According to Ms. Siciliano, an internal group was convened with representatives from patient financial services, legal, and community health. Inova's process will include a review of how the charity care policies were implemented and how people are being made aware of them. Ms. Siciliano or John Gall will return to the HCAB in October to update members on its findings and next steps. In addition, Inova representatives will be meeting with Peyton Whiteley to address individual concerns raised at the May HCAB meeting. In the meantime, Inova is looking to formalize a dialogue with County agencies and community partners. With respect to Inova's website, Ms. Siciliano stated that no changes would be made until Inova has completed its review process. Ms. Siciliano invited HCAB members and Health Department staff to submit any questions they would like Inova to address.

Inova/CVS Minute Clinic

An article from the *Washington Business Journal* was provided as information to HCAB members. In response to whether Inova's charity care policy applies to this partnership, Mr. Walters stated that Inova has been contracted to provide medical back-up (i.e. advising nurse practitioners on how to evaluate patients and when to make referrals) to CVS's operations. Inova is not economically part of the pharmacy chain's transactions.

Commonwealth Care of Roanoke

An article from the *Washington Business Journal* was provided as information to HCAB members. As required by Inova's contract with Commonwealth Care of Roanoke (CCR), Inc., the nursing home currently known as Inova Commonwealth Care (ICC) and located in the City of Fairfax will be replaced by a new nursing home located at the Oakton Health and Rehab Center site. The HSANV has received and approved CCR's COPN. CCR will be required to secure a Special Exception. Pre-application meetings have been ongoing with the Department of Planning and Zoning (DPZ).

The HCAB has not reviewed a nursing home SE since the 1980s, and therefore, will need to review the proposal carefully.

It is not clear how Inova will use the Commonwealth Care building once the nursing home is relocated. The Emergency Room (ER) will remain. There has been some discussion regarding a partnership between Inova and the Community Services Board of Fairfax-Falls Church (CSB) to provide mental health services. However, these discussions are preliminary.

Reston Hospital Charity Care Policy

Reston Hospital, as part of the County's development conditions, will brief the HCAB in September on any planned capital improvements. Representatives have also agreed to discuss the hospital's charity care and indigent care policies. HCAB members who have

specific questions that they would like Reston Hospital's representatives to address should forward them to Sherryn Craig. Ms. Craig will e-mail the policies to HCAB members with a reminder to submit questions.

Current questions for Reston Hospital include:

1) What is the amount of Reston Hospital's uninsured discount?
2) Aren't property taxes collected locally? Why are they reported under "State Taxes Incurred?"
3) What percentage of Reston Hospital's patients arrives at the emergency room without insurance?
4) What is the profile of an uninsured patient at Reston Hospital?
5) What is the profile of a patient who meets Reston Hospital's definition of charity care?

Other Business

Community Health Care Network's (CHCN) Community Advisory Committee (CAC)

Rose Chu provided an update on the CHCN CAC. The CHCN implemented a wait list in March – something that has not been done for five years. Between FY 2009 and FY 2010, there has been a 30 percent increase in CHCN enrollment. Ms. Chu reported that there are currently 441 patients on the wait list: 229 for Bailey's, 75 for North County, and 107 for South County. The recession has contributed to the increased demand for CHCN services.

Patients who make it off the wait list are given a two week timeframe to come into the CHCN for an enrollment appointment. Only half of these patients show up for the appointment. One reason for the high no-show rate may be that a patient's need for health care has become less immediate. Furthermore, the service population is highly mobile and may no longer be living at the address they provided to CHCN.

There are two ways to get off the waiting list: (1) capacity opens up or (2) a patient is from a "high immediate need" population (e.g. homeless, CSB clients).

Ms. Chu also reported that the North County Clinic will be partnering with the Susan G. Komen Foundation to provide a breast cancer screening program.

Housekeeping

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HCAB members who have not responded regarding their availability for the HCAB-Inova Mid-Year Budget Review should do so as soon as possible. Ms. Blum asked members if they were interested in having an informal planning meeting this summer, rather than in October, to prepare for the remainder of the year and brainstorm topics for 2012. Ms. Siciliano offered the HCAB meeting space at the conclusion of its budget meeting in August. Members agreed to meet directly after the budget meeting.

There being no further business, the meeting adjourned at 8:47 pm.