Fairfax-Falls Church Community Services (CSB)

The CSB provides and coordinates a system of community-based supports for individuals and families of Fairfax County and the cities of Fairfax and Falls Church who have developmental disabilities, serious emotional disturbance (youth), mental illness and/or substance use disorders.

Our vision: Everyone in our community has the support needed to live a healthy, fulfilling life.

🔹 We all do better when we all do better
🔹 There is no health without mental health

CSB Trending Priorities & Challenges: rank ordered for greatest community impact

- **Diversion First**: It is imperative that we decriminalize mental illness. No new money in FY 18 will stretch partner agencies to meet demand, and prevent full implementation across 5 intercepts (see annual report)
- **Opioid Epidemic**: prevention, intervention, treatment, diversion: a legislative priority and funding emergency – with evidence-based solutions like MAT that are grossly underfunded even with the new ARTs benefit for Medicaid insured – wait lists will grow – people will overdose. A number of funding requests by the governor; we’ll see.
- **Housing, housing, housing**: new PSH units through grants meet only a tiny amount of the demand
- **People with serious mental illness are dying prematurely** absent integrated care for co-occurring complex preventable conditions – we need nurses, and staff trained in integrated model. We can only afford 1-2 days of access to primary care; wait can be weeks
- **Increasing need for publicly-funded youth services**: the private sector does not meet the need for affordable outpatient treatment; we are nearing capacity in the CSB
- **Implementation of DD waiver redesign**: Federal/state mandates for “a life like yours” for people with ID and DD – pending policy decisions, potential for wait lists for service for some, especially those without a waiver (see pptx)

Accomplishments (see annual report)

1. Diversion First
2. Same-day walk-in access at Merrifield, children and adults
3. Saving lives: BeWell and overdose prevention efforts
FY2018 Advertised CSB Reductions: Total $833,303

(1) Eliminate the Youth Day Treatment Program $460,000
This reduction eliminates the Youth Day Treatment Program and 4/4.0 FTE positions, including one Mental Health Manager, one Behavioral Health Supervisor, one Mental Health Therapist, and one CSB Aide/Driver providing therapeutic day treatment to youth ages 13 to 18 with medium to high acuity serious emotional disturbance or co-occurring substance use disorders. In FY 2016, the Youth Day Treatment program served 82 youth, providing significant supportive and intensive services including individual, group, and family therapy, case coordination, medication management, and an onsite alternative school program operated by Fairfax County Public Schools. As a result of this reduction, resources will be redeployed to continue serving this population through outpatient services such as individual, group and family therapy and case coordination. Outpatient services will be supplemented by in-home and intensive in-home services provided by contracted providers with dedicated funding streams, such as Mental Health Initiative state and local funds as well as Children’s Services Act (CSA) funds, to maintain stability by utilizing natural community supports. In the event these outpatient services are insufficient for youth to maintain stability in the community, there are alternatives including community-based partial hospitalization for youth with private insurance, therapeutic day treatment programs operated in partnership with FCPS for youth with Medicaid, residential diversion programs, or CSA services.

(2) Eliminate the Community Readiness and Support Program $373,303
This reduction eliminates the Community Readiness and Support Program (CRSP), a directly-operated psychosocial rehabilitation program for adults with serious mental illness, substance use and/or co-occurring disorders who are transitioning to employment. Closure of this program involves eliminating 4/4.0 FTE positions, including one Behavioral Health Supervisor, one Behavioral Health Nurse Clinician/Case Manager, and two Mental Health Therapist positions. In FY 2016, CRSP provided highly-intensive clinical support, including ongoing mental and physical health assessments, nursing services, medication supports, and linkage to community services, benefits, housing and employment to 42 individuals. While this reduction would eliminate capacity in CSB directly-operated programs, existing contract providers in the Northern Virginia region have sufficient capacity to absorb CRSP clients. With a carefully implemented transition plan created in partnership with all stakeholders, CSB anticipates no waitlists due to this reduction.

- The greatest threat to CSB meeting its mission for all mandated populations in the future is if all available money and positions are forced to be used to meet unlimited expanded demand for a non-mandated service: DD Employment & Day – our largest LOB by budget, serving the smallest number of people (~1,300).